Assisted Living Newsletter

VOLMUE 14
ISSUE 9

SEPTEMBER 2026

Eben Ezer

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CEO Report—SEPTEMBER 2026

"The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance." ~ 2 Peter 3:9

REIMAGINING DAILY LIFE

Many nursing homes rely on traditional activity calendars and large-group programming that sometimes misses the mark on true engagement and meaning for residents. Team members are sometimes overburdened, creativity is stifled, and life enrichment is often siloed to a single activities department.

Eben Ezer has partnered with The Eden Alternative in a new three-year grant to address a critical possible gap: the need to redefine and redesign life enrichment in a way that activates every staff member, values resident preferences, and integrates spontaneity, relationships, and purpose into daily life.

By embedding coaching, practical tools, and team-driven innovation, this grant project helps nursing home teams adopt a shared model of scheduled activities and every day enrichment full of meaningful connection, autonomy, and joy.

At Eben Ezer we have always believed in the benefits provided by a rich activity driven way of life. The Life Enrichment team (formerly Activities team) is fully staffed and dedicated to drawing on the intentional support the grant with The Eden Alternative will provide. The team is new, but fully committed to build confidence and a strong working relationship among themselves and the greater Eben Ezer team.

The first step of the grant is focused on listening to the voice of the neighbors to gather information that can be used directly in planning, while also giving the team practice facilitating resident conversations in a way that goes beyond asking which scheduled activities people want.

(continued on next page)

Be sure to find Eben Ezer on Facebook!
www.facebook.com/Eben-Ezer-Lutheran-Care-Center

The Life Enrichment team will refine the practice of taking the input and knowledge of the people living on each neighborhood to create neighborhood-specific calendars and community-wide calendars that includes a balance of small group activities, one-to-one experiences and more independent larger group social program offerings.

The Life Enrichment team will be receiving additional and on-going training specifically on engaging neighbors living with dementia. This is an important area for continued coaching, particularly because engagement may need to look very different depending on a resident's cognitive, communication, sensory, and physical abilities.

The grant focuses mainly on the skilled nursing area of Eben Ezer, but the implementation of best practices and learned skills is applicable to all communities within the Eben Ezer umbrella. At Eben Ezer we value our ongoing relationship with The Eden Alternative and we are excited about the outcomes from this grant opportunity.

~Shelly



Life Enrichment Extensions, Brush Campus

Kendra Carlson, Regional AL Director ext. 9905

Carrie Webb, Pines AL Administrator ext. 9260

Vanessa Pursley, Case Manager & Activities ext. 9241

Gina Rocha, Case Manager ext. 9808

We care for your loved one, let us care for you too!

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Alzheimer's Support Group

TUESDAY, September 8, 2026; Noon—1:00 pm — Dahms-Talton Legacy Living

1620 Riverview Ave, Ft. Morgan

Kindly RSVP at (970) 842-2861 x 9246 or text 970-370-0856

- **Would you like to gain a better understanding of Alzheimer's Disease and dementia?**
- **Be around those who understand your struggles or who have similar experiences.**
- **Learn more about caregiving resources and options available.**
- **Ask questions about specific caregiving struggles.**
- **Take this opportunity to be a part of a supportive community weather you wish to share your experiences or simply listen.**

This support group can provide emotional support for individuals with a loved one that lives in a nursing home, at your home, or for those who provide care from a distance.

The Eden Alternative Domains of Well-Being

Well –being is a human right.

IDENTITY - being well-known, having personhood, individuality, having a history

GROWTH – development, enrichment, expanding, evolving

AUTONOMY – liberty, self-determination, choice, freedom

SECURITY – freedom from doubt, anxiety, or fear, safety, privacy, dignity, respect

CONNECTEDNESS – belonging, engaged, involved, connected to time, place, and nature

MEANING – significance, heart, hope, value, purpose, sacredness

JOY – happiness, pleasure, delight, contentment, enjoyment

TO FIND OUT MORE VISIT—WWW.EDENALTERNATIVE.ORG

JOY

belonging, engaged, involved, connected to time, place, and nature



September 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9:00-Beet Street Cafe 9:30-Walking Club 2:20– LP Resident Council 3:00-UP Resident Council	2 9:30-Walking Club 1:00-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR	3 Happy Birthday Janet M! 1:00– Make German Chocolate Cake UP 7:00– UP Movie & Pop-corn	4 9:00-Walmart 9:00– Morning Stretches 1:00-Bible Study LP	5 3:00-LP Coffee & Treats
6 9:30-Worship	7 Labor Day! 8:30-Chair Exercises 3:00– UP Bingo	8 Happy Birthday Leroy! 9:00-Dollar General 9:30-Walking Club 1:00-Make a Cake LP	9 9:30-Walking Club 1:00-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR	10 7:00– UP Movie & Pop-corn	11 Happy Birthday Heidi! 9:00– Morning Stretches 11:00-Brush Emporium 1:00-Bible Study LP 1:00-Make a cake UP	12 2 Keyboard Music by Jimmy SR 3:00-UP Coffee & Treats
13 AL WEEK 9:30-Worship 2:00-Banana Split Bar	14 AL WEEK 8:30-Chair Exercises 2:00– Tea Party LP 3:00– UP Bingo	15 AL WEEK 9:30-Walking Club 10:00-Dining Meeting UP 2:00– Food Tasting LP	16 AL WEEK 9:30-Walking Club 1:00-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR 6:00-Karaoke in the Lobby	17 AL WEEK 2:00-Carnival & Face Painting LP courtyard 7:00– UP Movie & Pop-corn	18 AL WEEK 9:00– Morning Stretches 1:00-Bible Study LP 2:00-Chocolate Fountain/wine tasting in the lobby	19 AL WEEK Happy Birthday Nicki! 11:30-Family BBQ w/ Old's Cool Karaoke 3:00-LP Coffee & Treats
20 Happy Birthday Sally! 9:30-Worship 1:00-Bake a cake UP	21 8:30-Chair Exercises 3:00– UP Bingo	22 Happy Birthday Anita! 10:00-Walmart 9:30-Walking Club 1:00-Bake a cake LP	23 9:30-Walking Club 1:00-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR	24 7:00– UP Movie & Pop-corn	25 10:00-Steiner Sils 9:00– Morning Stretches 1:00-Bible Study LP 2:30 Sing a-long with Cathy MPR	26 3:00-UP Coffee & Treats
27 9:30-Worship	28 8:30-Chair Exercises 3:00– UP Bingo	29 9:00-Dollar Tree 9:30-Walking Club	30 9:30-Walking Club 1:00-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR			

September 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Outings & Campus Wide Activities Are Included on this Calendar		1 9:00am Beet Street Coffee 1:45pm Resident Council	2	3 9:00am Chair Exercise 2:00pm Coffee Club	4 9:00am Walmart 10:00am Bible Study 2:30pm BINGO	5 3:00pm Snickerdoodle Wacky Cake
6 9:15am Worship	7 Labor Day 2:30pm BINGO & Cheese & Crackers	8 9:00am Dollar General 1:00pm Pizza	9 10:00am Manicures	10 2:00pm Coffee Club	11 10:00am Bible Study 11:00am Brush Emporium 1:00pm Lemonade 2:30pm BINGO	12 3:00pm Cranberry Pie
13 AL WEEK 9:15am Worship 2:00pm Banana Split Bar	14 AL WEEK 2:00pm Tea Party 2:30pm BINGO	15 AL WEEK 2:00pm Food Tasting	16 AL WEEK 1:00pm Pizza 6:00pm Karaoke Lower Pines Lobby	17 AL WEEK 2:00pm Carnival & Face Painting Lower Pines Courtyard 2:00pm Coffee Club	18 AL WEEK 10:00am Bible Study 2:00pm Chocolate Fountain/ Winetasting LP Lobby 3:00pm Guess Who	19 AL WEEK 11:30am Family BBQ w/Old School Karaoke
20 9:15am Worship	21 9:00am Pancake Breakfast BINGO 2:30pm	22 First Day of Fall 10:00am Walmart 	23 9:30am Muffins & Coffee	24 2:00pm Coffee Club	25 10:00am Steiner Sils 10:00am Bible Study BINGO 2:30pm	26 3:00pm Pumpkin Bars
27 9:15am Worship	28 BINGO 2:30pm	29 9:00am Dollar Tree	30			


EBEN EZER
GIFT SHOP
OPEN
WEDNESDAY'S
10:00 AM - NOON
Made with PosterMyWall.com

EBEN EZER

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CALLING ALL COMMUNITY GROUPS, CLUBS, YOUTH GROUPS OR FAMILIES LOOKING FOR A COMMUNITY IMPROVEMENT PROJECT

HORTICULTURE OPPORTUNITY

COMMUNITY INVOLVEMENT OPPORTUNITY

THE EBEN EZER NEIGHBORS INVITE YOU TO THEIR CAMPUS TO BE PART OF ADDING BEAUTY TO THE PLACE CALLED HOME

You could be part of -

Serving others

Connecting with Older Adults

Intergenerational engagement

Bringing JOY to neighbors on the campus

ADOPT AN EBEN EZER FLOWER BED

FOR MORE INFORMATION CONTACT: SHAIRE CHAVEZ

970-842-2861 X9246

www.ebenezer.org

BHS PEP RALLY



Come cheer on the athletes
October 1, 2026
11am
Front Area near the water fountain

WEAR YOUR FAVORITE TEAM COLORS



Eben Ezer Thanksiving Dinner



Eben Ezer

Thursday, November 26, 2026 11:30am
Adult $12 | Children under 12 $8
RSVP no later than November 9th
to Teresa: 970-842-2861 or
teresa.corrigan@ebenezer.org
Please stop in and pay before the day of
or send payment to:
Eben Ezer, 122 Hospital Rd, Brush CO 80723





If you are leaving a message, state your name & who you will be dining with


Come and enjoy
guitar
and
singing
with
Carl
LIVE
MUSIC
GOOD
PEOPLE
GREAT
TIMES
September
7th and 16th,
10am
Sommerlyst
Great music. Good company. Everyone welcome!

OCT
2nd
5PM



JOIN EBEN EZER

FOOTBALL FANS

WE WILL PROVIDE HOT DOGS AND DRINK
BRING A SIDE TO SHARE!

BEET DIGGER STADIUM

1600 MILL STREET, BRUSH CO.



Eben Ezer

FRIDAY, DECEMBER 11, 2026

SAVE THE Date

DAHMS TALTON ASSISTED LIVING

A PLACE CALLED HOME
CHRISTMAS DINNER

INVITATION COMING SOON





Dirty Sodas and Snacks



