Assisted Living Newsletter

VOLMUE 14
ISSUE 10

OCTOBER 2026

Eben Ezer

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CEO Report—OCTOBER 2026

"The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance." ~ 2 Peter 3:9

OCTOBER CEO

We want to make you aware of significant changes occurring in the Medicare Advantage landscape that may affect you or your loved one's health care coverage. The enrollment period will run October 15th through December 7th. One significant change involves UnitedHealthcare transitioning to Humana for PERA retirees enrolled in PERACare. For non-PERA retirees, UnitedHealthcare plans may also transition to new products. Depending on your individual plan, these changes could affect your providers, network, benefits, premiums, prescription coverage, and out-of-pocket costs.

As of the date of this letter, Eben Ezer is not in-network with Humana. We are actively seeking a contract with Humana but have not yet been successful. This is particularly important for anyone considering a Humana plan for 2027, as it could affect access to therapy services or skilled nursing/rehabilitation services at Eben Ezer.

We understand that navigating Medicare and Medicare Advantage plans can be overwhelming. Eben Ezer is committed to helping connect you with trusted resources; however, we do not recommend or select insurance plans for our neighbors. To assist you, we have compiled a trusted list of local Medicare advisors who are familiar with the plans available in our communities. These advisors can help you review your current coverage, understand your options, and determine whether a different plan may better meet your individual needs.

- Sharon Kaufman, Insurance Connection – 970-867-4822
- Jan Pflager, Taylor Insurance Agency – 970-867-5833
- Kim Zwetzig, Zwetzig Insurance – 970-768-0307

(continued on next page)

Be sure to find Eben Ezer on Facebook!
www.facebook.com/Eben-Ezer-Lutheran-Care-Center

We encourage you to begin reviewing your coverage early and consult with a qualified Medicare advisor before making any changes. When evaluating your options, you may want to consider:

- Whether your physicians, hospitals, rehabilitation, and skilled nursing benefits are in-network
- Whether your preferred pharmacy is included in the plan's network or coverage for prescriptions
- Premiums, deductibles, copayments, and other out-of-pocket expenses
- Whether your current or anticipated care needs are covered
- Any changes to your plan that will take effect in the upcoming plan year

Please remember that Medicare Advantage plans are individual insurance products, the right choice depends on each person's circumstances and anticipated health care needs. If you or your loved one requires ongoing long- term care, carefully consider how a plan may affect access to the services you need. Our goal is to help ensure you have access to the information and resources you need to make informed decisions about your health care coverage.

~Shelly







Eben Ezer Thanksiving Dinner

Eben Ezer

Thursday, November 26, 2026 11:30am
Adult $12 | Children under 12 $8
RSVP no later than November 9th
to Teresa: 970-842-2861 or
teresa.corrigan@ebenezer.org
Please stop in and pay before the day of
or send payment to:
Eben Ezer, 122 Hospital Rd, Brush CO 80723

If you are leaving a message, state your name & who you will be dining with







Join the FUN!!

Chair Yoga Classes

4th MONDAY of Each Month

Sun Room

2:45 pm

Life Enrichment Extensions, Brush Campus

Kendra Carlson, Regional AL Director ext. 9905

Carrie Webb, Pines AL Administrator ext. 9260

Vanessa Pursley, Case Manager & Activities ext. 9241

Gina Rocha, Case Manager ext. 9808

We care for your loved one, let us care for you too!

Alzheimer's Support Group

TUESDAY, OCTOBER 13, 2026; Noon—1:00 pm — Eben Ezer

122 Hospital Road, Brush

Kindly RSVP at (970) 842-2861 x 9246 or text 970-370-0856

- **Would you like to gain a better understanding of Alzheimer's Disease and dementia?**
- **Be around those who understand your struggles or who have similar experiences.**
- **Learn more about caregiving resources and options available.**
- **Ask questions about specific caregiving struggles.**
- **Take this opportunity to be a part of a supportive community weather you wish to share your experiences or simply listen.**

This support group can provide emotional support for individuals with a loved one that lives in a nursing home, at your home, or for those who provide care from a distance.

The Eden Alternative Domains of Well-Being

Well –being is a human right.

IDENTITY - being well-known, having personhood, individuality, having a history

GROWTH – development, enrichment, expanding, evolving

AUTONOMY – liberty, self-determination, choice, freedom

SECURITY – freedom from doubt, anxiety, or fear, safety, privacy, dignity, respect

CONNECTEDNESS – belonging, engaged, involved, connected to time, place, and nature

MEANING – significance, heart, hope, value, purpose, sacredness

JOY – happiness, pleasure, delight, contentment, enjoyment

TO FIND OUT MORE VISIT—WWW.EDENALTERNATIVE.ORG

JOY

belonging, engaged, involved, connected to time, place, and nature





OCTOBER 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 11 Pep Rally MPR 7:00– UP Movie & Popcorn	2 Happy Birthday Teresa! 9:00– Morning Stretches 1:00-Bible Study LP 2:00-No bake SF Strawberry Cheesecake LP 5 Tail Gate BHS and football game!	3 7:30 Walk to end Alzheimer's Fort Morgan 3:00-LP Coffee & Treats
4 9:30-Worship	5 8:00-Sewing Club MPR 8:30-Chair Exercises 10 Guitar music by Carl on Sommerlyst 3:00– UP Bingo	6 9:00-Walmart 2:20– LP Resident Council 3:00-UP Resident Council	7 9:30-Walking Club 1:00-UP Manicures 2:30-LP BINGO	8 9:00-Maple Spice Latte LP 7:00– UP Movie & Popcorn	9 9:00– Morning Stretches 11:00-El Valle Restaurant 1:00-Bible Study LP	10 3:00-UP Coffee & Treats
11 9:30-Worship	12 8:30-Chair Exercises 3:00– UP Bingo	13 9:00-Beet Street Coffee 2:00-Pumpkin Bars	14 9:30-Walking Club 10 Guitar music by Carl on Sommerlyst 1:00-UP Manicures 2:30-LP BINGO	15 7:00– UP Movie & Popcorn	16 9:00– Morning Stretches 9:00-Dollar General 1:00-Bible Study LP 6 Harvest Festival AR	17 3:00-LP Coffee & Treats
18 9:30-Worship	19 Happy Birthday Arlene! 8:30-Chair Exercises 10 Pope Farm Outing 2:00-TBD Dessert UP 3:00– UP Bingo	20 2:00 Pumpkin Painting	21 9:30-Walking Club 10 Pope Farm Outing 1:00-UP Manicures 2 Pumpkin Carving with students AR 2:30-LP BINGO	22 2:00-Pomegranate Cider Punch LP 7:00– UP Movie & Popcorn	23 9:00– Morning Stretches 1:00-Bible Study LP	24 3:00-UP Coffee & Treats
25 9:30-Worship	26 8:30-Chair Exercises 2:15-Yoga w/Megan LP 3:00– UP Bingo	27 11:00-Brush Emporium	28 9:30-Walking Club 1:00-UP Manicures 2:30-LP BINGO	29 7:00– UP Movie & Popcorn	30 9:00– Morning Stretches 9:00-Walmart 10 Halloween Celebration AR 3 Trick or Treat Trail MPR 1:00-Bible Study LP	31 Happy Halloween! 3:00-LP Coffee & Treats 



ARBOR
OCTOBER 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Outings & Campus Wide Activities Are Included on this Calendar				1 8:00am (MPR) Quilting Club 2:00pm Coffee Club	2 10:00am Bible Study 2:30pm BINGO 5:00pm BHS Tailgate Party	3 7:30am Walk to end Alzheimer's 3:00pm German Chocolate Fudge
4 9:15am Worship	5 9:00am Chair Exercises 2:3Opm Right Left Center	6 9:00am Walmart **1:45pm Resident Council**	7 10:00am Manicures	8 2:00pm Coffee Club	9 10:00am Bible Study 11:00am El Valle Restaurant 2:30pm BINGO	10 3:00pm Cinnamon Coffee Cake
11 9:15am Worship	12 **Columbus Day** 2:30pm Bingo	13 9:00am Beet St Coffee Shop	14 6:30pm Movie & Popcorn	15 2:00pm Coffee Club	16 9:00am Dollar General 10:00am Bible Study 2:30pm BINGO	17 3:00pm Mocha Wacky Cake
18 9:15am Worship	19 10:00am Pope Farm Pumpkin Patch 2:30pm Left Right Center	20 1:30pm Dominoes	21 10:00am Manicures 10:00am Pope Farm Pumpkin Patch	22 2:00pm Coffee Club	23 10:00am Bible Study 2:30pm BINGO	24 3:00pm Butterscotch Oatmeal Bars
25 9:15am Worship	26 9:00am Chair Exercises 2:30pm Bingo	27 11:00am Brush Emporium	28 6:30pm Movie & Popcorn	29 2:00pm Coffee Club	30 9:00am Walmart 10:00am Bible Study 3:00pm Trick or Treat Trail	31 **Halloween** 3:00pm Apple Pie Fluff



Eben Ezer

FRIDAY, DECEMBER 11, 2026

SAVE THE Date

DAHMS TALTON ASSISTED LIVING

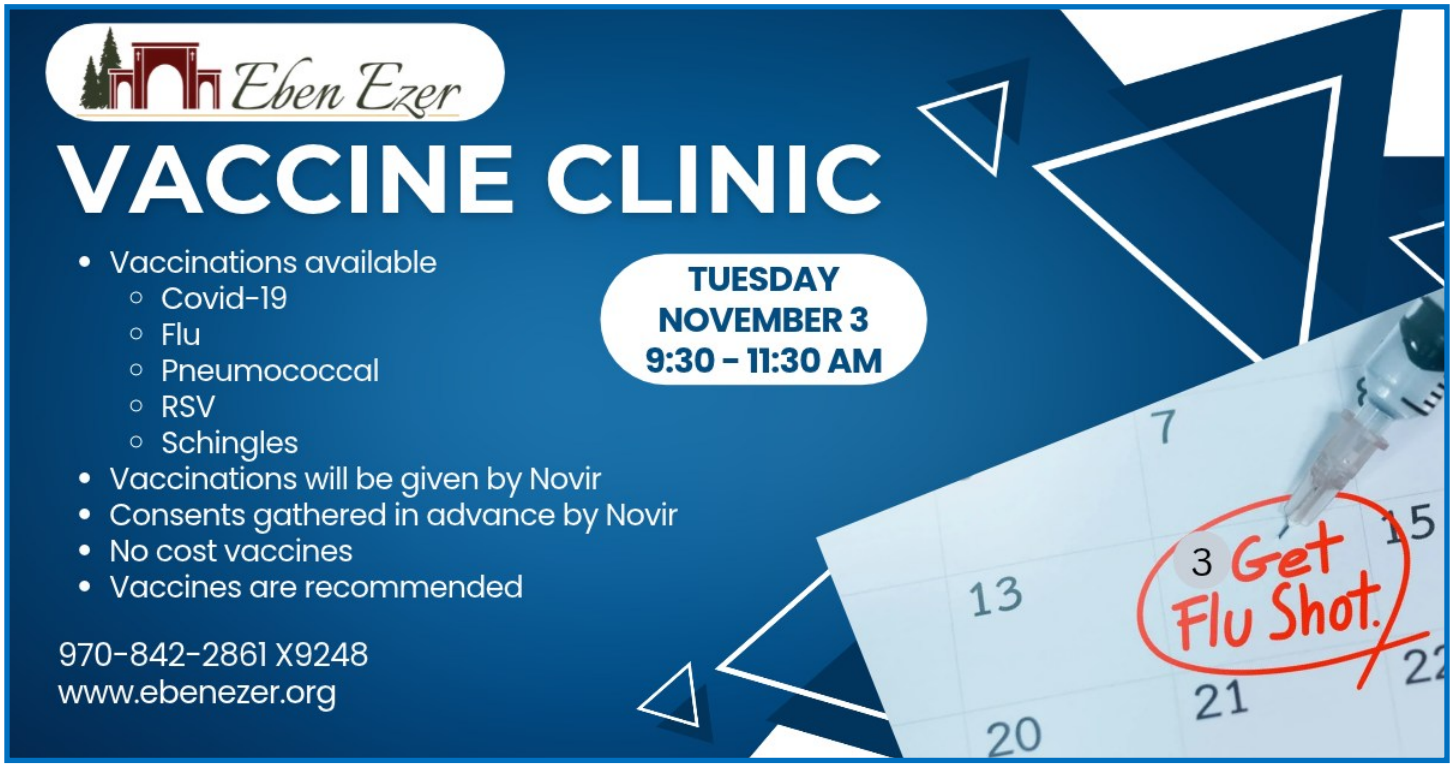
A PLACE CALLED HOME
CHRISTMAS DINNER

INVITATION COMING SOON



Be sure to find Eben Ezer on Facebook!

www.facebook.com/Eben-Ezer-Lutheran-Care-Center





Come listen and sing along

10:00am Monthly on the first Monday

10:00am Monthly on the second Wednesday



Harvest Festival

October 16, 6pm, Activity Room

122 Hospital Road

Games, Dancing, and Food

Music by Kari Lambert

Come in your favorite Fall attire!!

Call 970-842-2861 with questions



PUMPKIN CARVING CONTEST

Hosted by Eben Ezer

October 21

2 PM

Activity Room
122 Hospital RD

Bring your talent and creativity

Winner will be announced on October 30th during the Halloween party!!

Announcing

ALL PRIVATE ROOMS

ADMISSIONS@ebenezer.org

Recent care center renovations were completed, allowing PRIVATE ROOMS for all residents in our nursing home!!



Now offering on the Brush campus:

- ALL PRIVATE ROOMS
- Skilled nursing and secure memory care
- Physical, speech, occupational therapy available
- Compassionate caring professionals
- Life with meaning & purpose

Eben Ezer

CONTACT US

Phone Number:
970-842-2861

Website:
www.ebenezer.org





























BHS PEP RALLY


WALK TO END ALZHEIMER'S
ALZHEIMER'S ASSOCIATION
START
REDUCED SPEED AHEAD





