

Assisted Living Newsletter

VOLUME 14
ISSUE 7

JULY 2026



Eben Ezer

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CEO Report—JULY 2026

"The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance." ~ 2 Peter 3:9

Celebrating Independence at Every Age

Each July, we gather with family and friends to celebrate Independence Day, a time to reflect on the freedoms we cherish. At Eben Ezer, this season also reminds us that independence is something worth celebrating at every stage of life.

As we age, our definition of independence often changes. It may no longer mean doing everything on our own. Instead, it becomes the freedom to make our own choices, maintain meaningful relationships, and continue living with dignity and purpose. Every day, our team strives to honor the individuality of each resident by respecting their preferences, encouraging their interests, and supporting the choices that make life meaningful.

One of the greatest privileges we have is getting to know the remarkable stories of those who call Eben Ezer home. Our residents have served their country, raised families, built careers, strengthened communities, and lived lives of faith and resilience. Those experiences continue to shape who they are today, and we believe they deserve to be honored every day.

Our goal is never to take over someone's life—it is to walk alongside them, providing the support that allows them to remain as independent as possible. This reflects our mission: *Founded in faith, our mission is to empower our team and those we serve to grow together as a community that celebrates aging.* It also reflects one of our core values, ensure choice, recognizing that every individual deserves a voice in how they live and receive care.

As we celebrate Independence Day this month, I encourage all of us to recognize the independence found in everyday moments—a resident choosing how to spend the day, enjoying time with family, participating in a favorite activity, or simply sharing laughter with friends. These moments remind us that purpose, dignity, and independence continue throughout every season of life.

Thank you for the trust you place in Eben Ezer. It is an honor to serve your loved ones and to partner with your family in creating a community where every individual is valued, every choice is respected, and every day is an opportunity to celebrate aging with meaning and purpose.

Wishing you and your family a safe and joyful Fourth of July.

~ Shelly



Be sure to find Eben Ezer on Facebook!
www.facebook.com/Eben-Ezer-Lutheran-Care-Center



Join the FUN!!

Chair
Yoga *Classes*

4th MONDAY of Each Month

Sun Room

2:45 pm

Life Enrichment Extensions, Brush Campus
Kendra Carlson, Regional AL Director ext. 9905

Carrie Webb, Pines AL Administrator ext. 9260

Vanessa Pursley, Case Manager & Activities ext. 9241

Gina Rocha, Case Manager ext. 9808

We care for your loved one, let us care for you too!



Be sure to find Eben Ezer on Facebook!

www.facebook.com/Eben-Ezer-Lutheran-Care-Center

Alzheimer's Support Group

TUESDAY, JULY 14, 2026; Noon—1:00 pm — Dahms-Talton Legacy Living

1620 Riverview Ave, Ft. Morgan

Kindly RSVP at (970) 842-2861 x 9246 or text 970-370-0856

- **Would you like to gain a better understanding of Alzheimer's Disease and dementia?**
- ♦ **Be around those who understand your struggles or who have similar experiences.**
- ♦ **Learn more about caregiving resources and options available.**
- ♦ **Ask questions about specific caregiving struggles.**
- ♦ **Take this opportunity to be a part of a supportive community weather you wish to share your experiences or simply listen.**

This support group can provide emotional support for individuals with a loved one that lives in a nursing home, at your home, or for those who provide care from a distance.

The Eden Alternative Domains of Well-Being

Well –being is a human right.

IDENTITY - being well-known, having personhood, individuality, having a history

GROWTH – development, enrichment, expanding, evolving

AUTONOMY – liberty, self-determination, choice, freedom

SECURITY – freedom from doubt, anxiety, or fear, safety, privacy, dignity, respect

CONNECTEDNESS – belonging, engaged, involved, connected to time, place, and nature

MEANING – significance, heart, hope, value, purpose, sacredness

JOY – happiness, pleasure, delight, contentment, enjoyment

TO FIND OUT MORE VISIT—WWW.EDENALTERNATIVE.ORG

IDENTITY

being well-known, having personhood, individuality, having a history



**EBEN EZER
GIFT SHOP**

OPEN

WEDNESDAY'S

10:00 AM - NOON

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EBEN EZER

CALLING ALL COMMUNITY
GROUPS, CLUBS, YOUTH
GROUPS OR FAMILIES
LOOKING FOR A COMMUNITY
IMPROVEMENT PROJECT

**THE EBEN EZER NEIGHBORS
INVITE YOU TO THEIR CAMPUS
TO BE PART OF ADDING BEAUTY
TO THE PLACE CALLED HOME**

You could be part of -

Serving others

Connecting with Older Adults

Intergenerational engagement

Bringing JOY to neighbors on the campus



**HORTICULTURE
OPPORTUNITY**

**COMMUNITY INVOLVEMENT
OPPORTUNITY**

**ADOPT AN
EBEN EZER
FLOWER BED**

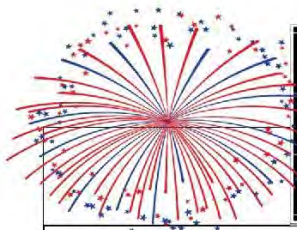
FOR MORE INFORMATION
CONTACT: SHAIRE CHAVEZ

970-842-2861 X9246

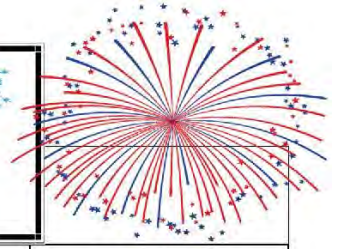
www.ebenezer.org

July 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Community Outings</i> <i>AL Outings</i> <i>Campus Activities</i>	SR-Sunroom UP-Upper Pines LP-Lower Pines BDR-Bethany Dining Room AR-Activity Room MPR-Multipurpose Room		1 <i>Happy Birthday Barb F!</i> 8:30-UP Manicures 1:00-Banana Splits LP 2:30-LP BINGO 2:30-Mens Group BDR	2 9:00- LP Manicures 5:30- <i>Rodeo Outing Brush Fairgrounds</i> 6:00- UP Movie & Popcorn	3 10:00- <i>Steiner Sils</i> 1:00-Bible Study LP	4 <i>Happy 4th of July!</i> 3:00-UP Coffee & Treats
5 9:30-Worship 1:30-Rootbeer Floats	6 9:00-Chair Exercises 3:00- UP Bingo	7 9:00- <i>Homeplate</i> 2:20- LP Resident Council 3:00-UP Resident Council	8 <i>Parks & Rec Week</i> 7:30-Pancake Breakfast @ <i>Jaycee Building</i> 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR	9 9:00- LP Manicures 10:00- <i>Pianist Cathy Bosley AR</i> 6:00- UP Movie & Popcorn	10 1:00-Bible Study LP 2:30-Popsicles on the patio	11 3:00-LP Coffee & Treats
12 9:30-Worship 2:30-Sundaes	13 9:00-Chair Exercises 3:00- UP Bingo	14 9:00- <i>Dollar Tree</i> 2:30-Dirty Sodas	15 8:30-UP Manicures 10 <i>Water Day West Grass Area</i> 2:30-LP BINGO 2:30-Mens Group BDR	16 9:00- LP Manicures 6:00- UP Movie & Popcorn	17 9:00- <i>Beet Street Coffee Shop</i> 1:00-Bible Study LP 6 <i>Family Movie Night AR</i>	18 3:00-UP Coffee & Treats
19 9:30-Worship 2:30-Make Cookies	20 9:00-Chair Exercises 3:00- UP Bingo	21 9:00- <i>Walmart</i> 10:00- Dining meeting UP	22 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR	23 9:00- LP Manicures 6:00- UP Movie & Popcorn	24 <i>National Tequila Day!</i> 9:00- <i>Drovers</i> 1:00-Bible Study LP 3:00-Happy Hour in the Lobby	25 3:00-LP Coffee & Treats
26 9:30-Worship	27 10:00 Sewing Club MPR 9:00-Chair Exercises 2:45 <i>Yoga with Megan SR</i> 3:00- UP Bingo	28 9:00-Make Muffins	29 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR 2:30 <i>Jr. Volunteer Talent Show</i>	30 9:00- LP Manicures 5:00-Concert in the <i>Park-Mini Kiss</i> 6:00- UP Movie & Popcorn	31 <i>Happy Birthday Lydia!</i> 11:00- <i>Brush Emporium</i> 1:00-Bible Study LP 2:30-Make a Cake LP	



ARBOR JULY 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Outings & campus wide activities are included on this calendar.	Every Monday: Channel 39.1 Bible Study at 9:30am		1	2 2:00pm Coffee Club 5:30pm Brush Rodeo 6:30pm Movie & Popcorn	3 10:00am Steiner Sils 6:30pm BINGO	4 Independence Day  3:00pm Cheese Cake
5 9:15am Worship	6 6:30pm BINGO	7 9:00am Homeplate 1:45pm Resident Council	8 7:30am Pancake Breakfast at the Jaycee building 3:00pm Popsicles on the patio	9 10:00am (CC) Music w/Cathy Bosley 2:00pm Coffee Club	10 10:00am Bible Study 6:30pm BINGO	11 3:00pm Pineapple Pudding
12 9:15am Worship	13 6:30pm BINGO	14 9:00am Dollar Tree 1:00pm Sit on the patio	15 9:30am Manicures 	16 6:30pm Movie & Popcorn	17 9:00am Beet St Coffee shop 10:00am Bible Study 6:30pm BINGO	18 3:00pm Orange Creamsicle Salad
19 9:15am Worship	20 Happy Birthday Mishy!  6:30pm BINGO	21 9:00am Walmart 1:00pm Dominoes	22 9:00am Coffee & Muffins 	23 2:00pm Coffee Club	24 9:00am Drovers 10:00am Bible Study 6:30pm BINGO	25 3:00pm Chocolate Wacky Cake
26 9:15am Worship	27 2:45pm (SR) Yoga with Megan 6:30pm BINGO	28 1:00pm Sit on the patio	29 2:30pm (CC) Jr Volunteer Talent Show	30 2:00pm Coffee Club 5:00pm Concert in the park 6:30pm Movie & Popcorn	31 10:00am Bible Study 11:00am Brush Pizza Emporium 6:30pm BINGO	



SPLISH SPLASH LET'S HAVE A BLAST!!

**WEDNESDAY
JULY 15
2026
10AM**

WEST GRASS AREA

**COME COOL OFF WITH US
ENJOY WATERMELON AND COLD DRINKS!**



Eben Ezer Family Family Movie Night

Friday July 17, 2026
6pm Activity Room



Come and enjoy a movie and
popcorn with your loved one!
Bring your favorite movie snack!!

Please call 970-842-2861 with questions

★
Popcorn and drinks will be provided



Junior Volunteer and Neighbor Talent Show

July 29, 2026

2:30pm

Activity Room

**Enjoy an afternoon of
connection, meaning, and joy!!**

**If you have a talent,
please share it!!**

Call 970-842-2861 with questions



**ANNUAL
LUAU!!**



**MORE
LUAU
FUN!!**





**THE
PETTING
ZOO
A
FAVORITE
FOR
EVERYONE!!**

