



# Assisted Living Newsletter

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DECEMBER 2025

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## CEO Report—JANUARY 2026

*"The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance." ~ 2 Peter 3:9*

It's hard to believe 2025 has come to an end and we have moved into 2026! It's been a little over 1 year now since Eben Ezer took a giant step beyond our original campus, and branched out into other towns, by acquiring 4 other assisted living communities!

It's been a good, extremely busy, year adding the additional team members, training and bringing the new AL communities into the systems that were already established at Eben Ezer. We have all been learning how to work together in new ways. All of the AL communities received some updates to their physical spaces throughout the year as well.

We have turned the corner and we are now ready to embrace the next phases of our expanded growth! I am so grateful for the hard work and dedication of our team as we navigated through this past year! The Board and Administration recently did some work on the organizations core values, mission statement, and purpose, looking at the organization from a wider perspective. We will be rolling out the small changes soon as we start planning for improved reliability, financial stability and successful growth in census.

2026 is going to be an awesome year and I can't wait to watch how Eben Ezer grows.

*~ Shelly*



Be sure to find Eben Ezer on Facebook!  
[www.facebook.com/Eben-Ezer-Lutheran-Care-Center](https://www.facebook.com/Eben-Ezer-Lutheran-Care-Center)

### *Life Enrichment Extensions*

*Kendra Carlson, Regional AL Director ext. 9905*

*Carrie Webb, Pines AL Administrator ext. 9260*

*Vanessa Pursley, Case Manager & Activities ext. 9241*

*Gina Rocha, Case Manager ext. 9808*

**We care for your loved one, let us care for you too!**



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### **Alzheimer's Support Group**

**TUESDAY, JANUARY 13TH, 2026 Noon—1:00 pm — Dahms-Talton Legacy Living**

**1620 Riverview Ave, Ft. Morgan, Colorado**

**Kindly RSVP at (970) 842-2861 x 9246 or text 970-370-0856**

- **Would you like to gain a better understanding of Alzheimer's Disease and dementia?**
- ♦ **Be around those who understand your struggles or who have similar experiences.**
- ♦ **Learn more about caregiving resources and options available.**
- ♦ **Ask questions about specific caregiving struggles.**
- ♦ **Take this opportunity to be a part of a supportive community weather you wish to share your experiences or simply listen.**

**This support group can provide emotional support for individuals with a loved one that lives in a nursing home, at your home, or for those who provide care from a distance.**

## The Eden Alternative Domains of Well-Being

Well –being is a human right.

**IDENTITY** - being well-known, having personhood, individuality, having a history

**GROWTH** – development, enrichment, expanding, evolving

**AUTONOMY** – liberty, self-determination, choice, freedom

**SECURITY** – freedom from doubt, anxiety, or fear, safety, privacy, dignity, respect

**CONNECTEDNESS** – belonging, engaged, involved, connected to time, place, and nature

**MEANING** – significance, heart, hope, value, purpose, sacredness

**JOY** – happiness, pleasure, delight, contentment, enjoyment

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**TO FIND OUT MORE VISIT—[WWW.EDENALTERNATIVE.ORG](http://WWW.EDENALTERNATIVE.ORG)**

### IDENTITY








FAMILY  
CHRISTMAS  
DINNER



## Christmas Activities



# January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Outings</i>			<i>New Years Eve!</i> 7:00- Sparkling Ci- der and Snacks	<i>1 New Years Day!</i> 9:00- LP Manicures 6:00- UP Movie & Popcorn	<i>2</i> <i>10:00-Stetner Sils</i> 2:00-Memory Lane Party LP	<i>3</i> 3:00-UP Coffee & Treats
<i>4 National Trivia Day!</i> 9:30-Worship 2:30-Play Trivia on the IN2L	<i>5</i> 9:00-Chair Exercises 3:00- UP Bingo	<i>6</i> 2:20- LP Resident Council 3:00-UP Resident Council	<i>7</i> 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR	<i>8</i> 9:00- LP Manicures 6:00- UP Movie & Popcorn	<i>9</i> <i>9:00-Dollar Tree</i> 1:00-Bible Study LP	<i>10</i> 3:00-LP Coffee & Treats
<i>11</i> 9:30-Worship	<i>12</i> 9:00-Chair Exercises 3:00- UP Bingo	<i>13</i> <i>11:00-Brush Pizza Emporium</i> 2:30-Make Snowflake Suncatcher	<i>14</i> 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR	<i>15</i> 9:00- LP Manicures 6:00- UP Movie & Popcorn	<i>16</i> 1:00-Bible Study LP	<i>17</i> 3:00-UP Coffee & Treats
<i>18</i> 9:30-Worship	<i>19</i> 9:00-Chair Exercises 3:00- UP Bingo	<i>20</i> <i>9:00 Walmart</i>	<i>21 Happy Birthday Charlotte!</i> 8:30-UP Manicures 9:00-LP Bake a cake 2:30-LP BINGO 2:30-Mens Group BDR	<i>22</i> 9:00- LP Manicures 6:00- UP Movie & Popcorn	<i>23 National Pie Day!</i> 1:00-Bible Study LP 2:30-Make Chocolate Pie	<i>24</i> 3:00-LP Coffee & Treats
<i>25</i> 9:30-Worship	<i>26</i> 9:00-Chair Exercises 3:00- UP Bingo	<i>27 National Chocolate Cake Day!</i> <i>9:00 Dollar General</i>	<i>28 Happy Birthday Steve!</i> 8:30-UP Manicures 9:00-UP Bake a cake 2:30-LP BINGO 2:30-Mens Group BDR	<i>29</i> 9:00- LP Manicures 6:00- UP Movie & Popcorn	<i>30</i> 1:00-Bible Study LP	<i>31 National Hot Chocolate Day!</i> 3:00-UP Hot Chocolate & Treats