



EBEN EZER
Lutheran Care Center

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Assisted Living Newsletter

CEO Report—JANUARY 2026

"The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance." ~ 2 Peter 3:9

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It's hard to believe 2025 has come to an end and we have moved into 2026! It's been a little over 1 year now since Eben Ezer took a giant step beyond our original campus, and branched out into other towns, by acquiring 4 other assisted living communities!

It's been a good, extremely busy, year adding the additional team members, training and bringing the new AL communities into the systems that were already established at Eben Ezer. We have all been learning how to work together in new ways. All of the AL communities received some updates to their physical spaces throughout the year as well.

We have turned the corner and we are now ready to embrace the next phases of our expanded growth! I am so grateful for the hard work and dedication of our team as we navigated through this past year! The Board and Administration recently did some work on the organizations core values, mission statement, and purpose, looking at the organization from a wider perspective. We will be rolling out the small changes soon as we start planning for improved reliability, financial stability and successful growth in census.

2026 is going to be an awesome year and I can't wait to watch how Eben Ezer grows.

~Shelly



Be sure to find Eben Ezer on Facebook!
www.facebook.com/Eben-Ezer-Lutheran-Care-Center

Life Enrichment Extensions

Kendra Carlson, Regional AL Director ext. 9905

Carrie Webb, Pines AL Administrator ext. 9260

Vanessa Pursley, Case Manager & Activities ext. 9241

Gina Rocha, Case Manager ext. 9808

We care for your loved one, let us care for you too!



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Alzheimer's Support Group

TUESDAY, JANUARY 13TH, 2026 Noon—1:00 pm — Dahms-Talton Legacy Living

1620 Riverview Ave, Ft. Morgan, Colorado

Kindly RSVP at (970) 842-2861 x 9246 or text 970-370-0856

- **Would you like to gain a better understanding of Alzheimer's Disease and dementia?**
- **Be around those who understand your struggles or who have similar experiences.**
- **Learn more about caregiving resources and options available.**
- **Ask questions about specific caregiving struggles.**
- **Take this opportunity to be a part of a supportive community whether you wish to share your experiences or simply listen.**

This support group can provide emotional support for individuals with a loved one that lives in a nursing home, at your home, or for those who provide care from a distance.

The Eden Alternative Domains of Well-Being

Well-being is a human right.

IDENTITY - being well-known, having personhood, individuality, having a history

GROWTH – development, enrichment, expanding, evolving

AUTONOMY – liberty, self-determination, choice, freedom

SECURITY – freedom from doubt, anxiety, or fear, safety, privacy, dignity, respect

CONNECTEDNESS – belonging, engaged, involved, connected to time, place, and nature

MEANING – significance, heart, hope, value, purpose, sacredness

JOY – happiness, pleasure, delight, contentment, enjoyment

TO FIND OUT MORE VISIT—WWW.EDENALTERNATIVE.ORG

IDENTITY







FAMILY
CHRISTMAS
DINNER



Christmas Activities



January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Outings			New Years Eve! 7:00- Sparkling Ci- der and Snacks	1 New Years Day! 9:00- LP Manicures 6:00- UP Movie & Popcorn	2 10:00-Steiner Sils 2:00-Memory Lane Party LP	3 3:00-UP Coffee & Treats
4 <i>National Trivia Day!</i> 9:30- <i>Worship</i> 2:30- <i>Play Trivia on the IN2L</i>	5 9:00- <i>Chair Exercises</i> 3:00- <i>UP Bingo</i>	6 2:20- LP Resident Council 3:00-UP Resident Council	7 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR	8 9:00- LP Manicures 6:00- UP Movie & Popcorn	9 9:00- <i>Dollar Tree</i> 1:00-Bible Study LP	10 3:00- <i>UP Coffee & Treats</i>
11 9:30- <i>Worship</i> 3:00- <i>UP Bingo</i>	12 9:00- <i>Chair Exercises</i> 3:00- <i>UP Bingo</i>	13 11:00- <i>Brush Pizza Emporium</i> 2:30- <i>Make Snowflake Suncatcher</i>	14 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR	15 9:00- LP Manicures 6:00- UP Movie & Popcorn	16 1:00-Bible Study LP	17 3:00- <i>UP Coffee & Treats</i>
18 9:30- <i>Worship</i> 3:00- <i>UP Bingo</i>	19 9:00- <i>Chair Exercises</i> 3:00- <i>UP Bingo</i>	20 9:00 <i>Walmart</i>	21 Happy Birthday <i>Charlotte!</i> 8:30-UP Manicures 9:00-LP Bake a cake 2:30-LP BINGO 2:30-Mens Group BDR	22 9:00- LP Manicures 6:00- UP Movie & Popcorn	23 1:00-Bible Study LP 2:30-Make Chocolate Pie	24 3:00- <i>UP Coffee & Treats</i>
25 9:30- <i>Worship</i> 3:00- <i>UP Bingo</i>	26 9:00- <i>Chair Exercises</i> 3:00- <i>UP Bingo</i>	27 National Choco- late Cake Day! 9:00 <i>Dollar General</i>	28 Happy Birthday <i>Steve!</i> 8:30-UP Manicures 9:00-UP Bake a cake 2:30-LP BINGO 2:30-Mens Group BDR	29 9:00- LP Manicures 6:00- UP Movie & Popcorn	30 1:00-Bible Study LP	31 <i>National Hot Chocolate Day!</i> 3:00- <i>UP Hot Choco- late & Treats</i>