



Assisted Living Newsletter

VOLUME 14
ISSUE 4

APRIL 2026

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CEO Report—APRIL 2026

"The Lord is not slow to fulfill his promise as some count slowness, but is patient toward you, not wishing that any should perish, but that all should reach repentance." ~ 2 Peter 3:9

Early on the first day of the week, while it was still dark, Mary Magdalene came to the tomb and saw that the stone had been removed from the tomb. So she ran and went to Simon Peter and the other disciple, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid him." Then Peter and the other disciple set out and went to the tomb. The two were running together, but the other disciple outran Peter and reached the tomb first. He bent down to look in and saw the linen wrappings lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb. He saw the linen wrappings lying there, and the cloth that had been on Jesus' head, not lying with the linen wrappings but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed, for as yet they did not understand the scripture that he must rise from the dead. John 20:1-9

The Easter Mystery...

Sometimes we have a very hard time believing something when we don't understand how it works, see it or touch it for ourselves, or tell the story ourselves. On that first Easter morning, the apostles and holy women were blown away that Jesus' body was gone. In this part of God's story, we touch on the mystery of a body, not just Jesus' body, but our own; a body which will express us at our best, will not dull our spirit with weariness and rebellion, but will express it with ease and joy. This is a mystery beyond our imagination, but it is the center of our faith. When we greet people, "Christ is risen, Christ is risen indeed", we need to take deep joy in the knowledge that the best part of us will cheat the grave someday. Our lives sometimes disguise that joy as weary bones, heavy flesh, and added brains to distract us. But our bodies already hold the seeds of resurrection.

The mystery of Easter reminds us, God was present, already waiting for the disciples and the holy women to arrive; just as he waits for us to arrive, to connect with us, to love us fully and completely. The mystery of Easter brings us the hope, the peace, that amazing love pouring into us that the truth and light of Jesus Christ our Lord and Savior are real. And in that, we can live in faith, believing in the Son of God, given for our sake that we too, may have everlasting life.

Christ is risen, Christ is risen, indeed! Alleluia

Chaplain Ro





Family members—

Earlier this week, we learned that Colorado's Joint Budget Committee voted to move forward with a 2% cut to *Medicaid* provider rates in the 2026-27 budget. This is difficult and disheartening news — especially as those in the long-term care sector intensify the work to care for Colorado's fast-growing senior population with varying levels of needs.

There is still time to make your voice heard before the budget numbers are confirmed. Click below to ask your elected officials to remove the 2% cut from the 2026-27 budget.

<https://www.votervoice.net/LEADINGAGECO/Campaigns/136099/Respond>

Thank you for supporting the critically important work caring for Colorado seniors and your attention to advocacy during this difficult time.

With gratitude,

Shelly

IMPORTANT



Life Enrichment Extensions

Kendra Carlson, Regional AL Director ext. 9905

Carrie Webb, Pines AL Administrator ext. 9260

Vanessa Pursley, Case Manager & Activities ext. 9241

Gina Rocha, Case Manager ext. 9808

We care for your loved one, let us care for you too!



Be sure to find Eben Ezer on Facebook!

www.facebook.com/Eben-Ezer-Lutheran-Care-Center

Alzheimer's Support Group

TUESDAY, APRIL 14TH, 2026 Noon—1:00 pm — Eben Ezer

122 Hospital Rd, Brush

Kindly RSVP at (970) 842-2861 x 9246 or text 970-370-0856

- **Would you like to gain a better understanding of Alzheimer's Disease and dementia?**
- ♦ **Be around those who understand your struggles or who have similar experiences.**
- ♦ **Learn more about caregiving resources and options available.**
- ♦ **Ask questions about specific caregiving struggles.**
- ♦ **Take this opportunity to be a part of a supportive community weather you wish to share your experiences or simply listen.**

This support group can provide emotional support for individuals with a loved one that lives in a nursing home, at your home, or for those who provide care from a distance.

The Eden Alternative Domains of Well-Being

Well –being is a human right.

IDENTITY - being well-known, having personhood, individuality, having a history

GROWTH – development, enrichment, expanding, evolving

AUTONOMY – liberty, self-determination, choice, freedom

SECURITY – freedom from doubt, anxiety, or fear, safety, privacy, dignity, respect

CONNECTEDNESS – belonging, engaged, involved, connected to time, place, and nature

MEANING – significance, heart, hope, value, purpose, sacredness

JOY – happiness, pleasure, delight, contentment, enjoyment

TO FIND OUT MORE VISIT—WWW.EDENALTERNATIVE.ORG



IDENTITY

Well-being is the path to a life worth living. It is the ultimate outcome of a human life.

Well-being, as a frame of reference, requires us to focus on the strengths, possibilities, dreams, and goals of each individual. Doing so, we define quality of life in terms of what each individual *can do* and what they have to *offer* their communities.

**EBEN EZER
GIFT SHOP**

OPEN

WEDNESDAY'S

10:00 AM - NOON

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EBEN EZER



CALLING ALL COMMUNITY GROUPS, CLUBS, YOUTH GROUPS OR FAMILIES LOOKING FOR A COMMUNITY IMPROVEMENT PROJECT

HORTICULTURE OPPORTUNITY

COMMUNITY INVOLVEMENT OPPORTUNITY

THE EBEN EZER NEIGHBORS INVITE YOU TO THEIR CAMPUS TO BE PART OF ADDING BEAUTY TO THE PLACE CALLED HOME

You could be part of -

Serving others

Connecting with Older Adults

Intergenerational engagement

Bringing JOY to neighbors on the campus

ADOPT AN EBEN EZER FLOWER BED

FOR MORE INFORMATION CONTACT: SHAIRE CHAVEZ

970-842-2861 X9246

www.ebenezer.org

Hop on over for Eben Ezer's Annual

EASTER

Egg hunt

Join us on

April 3 at 2pm

for some egg-citing fun!

122 Hospital Rd.

Meet under the arch when you arrive

Don't forget your Easet basket!

Inclement weather will not stop the bunny!! We will meet in the activity room to have the hunt inside

Questions? Call 970-842-2861

The background features a variety of colorful Easter eggs in shades of green, blue, orange, and pink. Some eggs are decorated with patterns like white dots, zig-zags, and floral motifs. Interspersed among the eggs are several flowers, including pink peonies, purple crocuses, and blue and pink lilies, with green leaves and stems. The overall theme is festive and spring-like.

FUN

CREATE

Join us for

**SUGAR COOKIE
DECORATING
AND EGG DYING**

4/2/26, 2pm
Activity room

IMAGINE

TASTE

YOU ARE INVITED TO A
**Volunteer
Appreciation**
COFFEE AND PASTRIES

**FRIDAY 24 APRIL
9:30 - NOON**

**EBEN EZER
122 HOSPITAL RD.
MULTI-PURPOSE ROOM**

**KINDLY RSVP 970-842-2861-EXT 9246
BY APRIL 10, 2026**



**AUXILARY
BURRITO
MAKING
FUNDRAISER**

April 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<p>1 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR</p>	<p>2 9:00- LP Manicures 2 Cookie decorating and Egg dyeing AR 6:00- UP Movie & Popcorn</p>	<p>3 10:00-Steiner Sits 1:00-Bible Study LP 2 Annual Easter Hunt All Campus</p>	<p>4 3:00-LP Coffee & Treats</p>
<p>5 Easter Sunday Happy Birth day Betty! 9:00-Bake a cake UP 9:30-Worship</p>	<p>6 9:00-Chair Exercises 2:45 Yoga with Megan SR 3:00- UP Bingo</p>	<p>7 2:20- LP Resident Council 3:00-UP Resident Council</p>	<p>8 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR</p>	<p>9 9:00- LP Manicures 6:00- UP Movie & Popcorn</p>	<p>10 9:00-Beet Street Coffee 1:00-Bible Study LP 2 Happy Hour and Piano by Cathy AR</p>	<p>11 9:00-Paint flower pots 3:00-UP Coffee & Treats</p>
<p>12 Happy Birthday Dianna! 9:00-Bake a cake LP 9:30-Worship 2 Guitarist and singer Dave Henderson AR</p>	<p>13 9:00-Chair Exercises 1:30-Make flower pressed bookmarks 3:00- UP Bingo</p>	<p>14 9:00 Quilt Shop in Holyoke and Lunch 10:00- Dining meeting LP</p>	<p>15 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR</p>	<p>16 9:00- LP Manicures 6:00- UP Movie & Popcorn</p>	<p>17 1:00-Bible Study LP 2 Arbor Day Planting in honor of Physical Therapist in our community! Cookies and punch to follow in MPR</p>	<p>18 3:00-LP Coffee & Treats</p>
<p>19 Happy Birthday David! 9:00-Bake a cake LP 9:30-Worship 2 Guitarist Rebecca AR</p>	<p>20 9:00-Chair Exercises 1:30-Plant seeds in flower pots 3:00- UP Bingo</p>	<p>21 10:00- Dining meeting UP 1:30-Paint Bird Houses</p>	<p>22 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR</p>	<p>23 9:00- LP Manicures 6:00- UP Movie & Popcorn</p>	<p>24 9:00 Goodwill 1:00-Bible Study LP</p>	<p>25 3:00-UP Coffee & Treats</p>
<p>26 9:30-Worship</p>	<p>27 9:00-Chair Exercises 3:00- UP Bingo</p>	<p>28 9:00-Walmart 10:00- Dining meeting LP</p>	<p>29 8:30-UP Manicures 2:30-LP BINGO 2:30-Mens Group BDR</p>	<p>30 9:00- LP Manicures 2:30 May Day Baskets 6:00- UP Movie & Popcorn</p>		



APRIL 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Outings & campus wide activities are included on this calendar.</p>			<p>1 10:00am Easter Craft</p>	<p>2 9:15am Maundy Church Service</p> <p>2:00pm (CC) Egg & Cookie Decorate</p>	<p>3 Good Friday 9:30am Worship 10:00am Bible Study 10:00am Steiner Sils</p> <p>6:30pm BINGO</p>	<p>4 3:00pm Banana Pudding</p>
<p>5 Easter 9:15am Worship</p> <p>2:00pm (CC) Easter Movie</p>	<p>6 2:45pm (CC) Yoga w/Megan</p> <p>6:30pm BINGO</p>	<p>7 11:00am Go For A Walk</p> <p>1:45pm Resident Council</p>	<p>8 9:30am Monkey Bread & Coffee</p>	<p>9 6:30pm Movie & Popcorn</p>	<p>10 10:00am Bible Study 9:00am Beet St. Coffee 2:00pm (CC) Piano by Cathy</p> <p>6:30pm BINGO</p>	<p>11 3:00pm Cheese & Crackers</p>
<p>12 9:15am Worship</p> <p>2:00pm (CC) Guitarist & Singer Dave Henderson</p>	<p>13 6:30pm BINGO</p>	<p>14 9:00am Quilt Shop & Lunch in Holyoke</p> <p>1:00pm Dominoes</p>	<p>15 10:00am Manicures</p>	<p>16 1:00pm Sit On The Patio</p>	<p>17 10:00am Bible Study 1:00pm Sundaes 2:00pm (CC) Arbor Day Planting</p> <p>6:30pm BINGO</p>	<p>18 3:00pm Pizza</p>
<p>19 9:15am Worship</p> <p>2:00pm (CC) Guitarist Rebecca</p>	<p>20 6:30pm BINGO</p>	<p>21 11:00am Go For A Walk</p>	<p>22 Earth Day 9:00am Muffins & Coffee</p>	<p>23 6:30pm Movie & Popcorn</p>	<p>24 10:00am Bible Study 9:00am Goodwill</p> <p>6:30pm BINGO</p>	<p>25 3:00pm Cake & Ice Cream</p>
<p>26 9:15am Worship</p>	<p>27 6:30pm BINGO</p>	<p>28 9:00am Walmart</p> <p>1:00pm Dominoes</p>	<p>29</p>	<p>30 1:00pm Sit On The Patio</p> <p>2:30pm (CC) May Day Baskets</p>		