

Pohaku Athletes Guide to College Recruiting

This is an athlete-driven process with the focus on building a relationship with college coaches and their program!

Communication is the key to success!

Academic Fit + Athletic Fit + Geographic Fit - Dream School

1. Recruiting Profile: (electronic resource or pdf)

- Complete all volleyball/academic info/contact info
- Upload profile pic (head shot that makes you easily identifiable to coaches)
- Add tournament schedule (high school or club)
- VIDEO - key component & mandatory - include links
- Complete FREE UA (University Athlete) Profile(note: college programs subscribe - do not click on anything that requires you to pay or asks if you are interested in finding out more about recruiting)

2. Determining the level you can play at in college

- Be honest with yourself - set realistic athletic goals
- Talk to your coaches - ask them where they see you playing
- Seek an independent evaluation if needed
- Focus on opportunities where you fit athletically - do your research
- Look at the rosters of your target schools - are you similar athletically?
- Watch match film or attend live to give you an accurate evaluation of how they recruit athletically

3. Communications: Sending introductory emails

- Set up an email account exclusively for recruiting correspondence. example: tui.atagi1995@gmail.com.
- Do your research on the coaching staff prior to sending your first email
- Send to Recruiting Coordinator and copy Head Coach
- Introduce yourself (keep it brief: 1-2 paragraphs)
- Include your interest in finding out their needs
- Include info about what you are currently doing both academically and on your current club team/training/high school team
- Attach your PROFILE and MUST include a video link - DO NOT SEND EMAILS without a video link attached!
- ALWAYS 'copy your Recruiting Coordinator or Designated Club Staff (based upon division you are targeting, they may not be able to respond to you)

4. DO the Research!

- Research the undergraduate programs - academics drive the search
- Research the coaches bios, understand who they are and experience level
- Check out the current roster; how many in your position, where do they recruit, etc.
- Research student life on campus, is it in line with your expectations
- Is geographic location conducive to your family life

