

# RESULTS

— FITNESS —

## Summer Athlete Camp

Improve your athlete's speed, strength and performance!

Together we can build a stronger, faster and safer athlete!

Join the Results Fitness Summer Athlete Camp—where performance meets fun!

- The expert trainers at Results Fitness are here to help your athlete thrive
- Learn proper movement, posture, footwork, and form
- Build strength, speed, flexibility, and confidence
- Train with coaches who've worked with NIKE, Gatorade, and Purdue
- Reduce injuries and play longer
- Stand out on the field—and in tryouts
- High-energy workouts plus team challenges = serious fun

Spots are limited—sign up now!

Summer athlete camp at one of the top ten gyms in the USA!

AGES PRICE DATES

June 15 - July 24  
Monday, Wednesday & Friday  
1:30pm - 2:45pm

Only \$397  
for 6 weeks  
3-days a week

Kids 12 - 21 All Levels are welcome to join in!

661.799.7900 | [results-fitness.com](http://results-fitness.com)