

Confirmation Information Packet



"Be sealed with the gift of the Holy Spirit"



St. Paul Catholic Church

10000 DAVID MOORE DRIVE
AUSTIN, TEXAS 78748

Rev. Johnson Nellissery, I.S.P.

Phone: (512)420-4070

Hello Families,

I am delighted to welcome you to St. Paul Religious Education Confirmation! My name is JJ Flores, and I serve as the Director of Religious Education. Whether this is your first year with us or your tenth, I'm thrilled to have you here!

Goals for Our Students

- My primary goal is to ensure that every youth leaves each week with new insights to help guide them on their faith journey.
- Secondly, I want your child to look forward to coming back! This is a very important time in their faith formation, and it's the beginning of their Catholic faith journey entering adulthood and should be taken seriously.
- Lastly, and perhaps most importantly, I want you, your child, and your family to feel that you have a home and family here at St. Paul. Please remember that I am always here for any questions or just to chat!

I wish you all a wonderful Religious Education year! My contact information is included on the top of this page. 😊

Sincerely,

Mrs. JJ Flores, DRE

religious.education@saintpaulaustin.org



Iglesia Católica de San Pablo

10000 DAVID MOORE DRIVE,
AUSTIN, TEXAS 78748

Reverendo Johnson Nellissery, I.S.P.

Teléfono: (512)420-4070

Hola familias,

Me complace darles la bienvenida a la Confirmación de Educación Religiosa de San Pablo. Me llamo JJ Flores y soy la Directora de Educación Religiosa. Ya sea que este sea su primer año con nosotros o el décimo, ¡me llena de alegría tenerlos aquí!

Metas para nuestros estudiantes

- Mi objetivo principal es asegurar que cada joven salga cada semana con nuevos conocimientos que los guíen en su camino de fe.
- En segundo lugar, ¡quiero que su hijo/a tenga ganas de volver! Este es un momento muy importante en su formación en la fe, y es el comienzo de su camino hacia la fe católica al entrar en la edad adulta, y debe tomarse en serio.
- Por último, y quizás lo más importante, quiero que usted, su hijo/a y su familia sientan que tienen un hogar y una familia aquí en San Pablo. Recuerden que siempre estoy disponible para cualquier pregunta o simplemente para charlar.

¡Les deseo a todos un maravilloso año de Educación Religiosa! Mi información de contacto está en la parte superior de esta página. 😊

Atentamente,
Sra. JJ Flores, DRE
religious.education@saintpaulaustin.org

CONFIRMATION REQUIREMENTS

- Regular participation in Sunday Mass & Holy Days of Obligation
- **Students with less than 90% attendance will be asked to retake the class**
- Participation in 2 retreats in the 2 year process.(DCYC can count as 1)
(One must be the Confirmation Retreat during your year 2 Confirmation year).
- Participation in the Sacrament of Reconciliation
- MUST attend Sponsor & Candidate day retreat the month before Confirmation.
This is NOT considered 1 of the 2 of the retreats stated above. Done in Year 2 ONLY
- MUST attend Reconciliation retreat with parents.
This is NOT considered 1 of the 2 of the retreats stated above.
- Complete and log 40 hours of Community Service hours, **MUST** be done at the St. Paul's. (It is the candidate's responsibility to keep track of their form.)
- Read, understand and follow the "Confirmation Liturgy Dress Guidelines for Candidates and Sponsors"
- Candidates **MUST *participate*** in the 5pm youth mass a minimum of 2 times per month.
- Know and Understand the attached "**Study Guide for Confirmation.**"
The Bishop WILL ask you questions about them.

These requirements along with this packet will be available online at saintpaulaustin.org

Failure to met ANY of the requirements will result in needing to take the class over.

Our goal is for every student to receive their Confirmation, but we want to ensure they leave with a deeper understanding of their faith.

REQUISITOS DE CONFIRMACIÓN

- Participación regular en la misa dominical y días de precepto
- **A los estudiantes con menos del 90% de asistencia se les pedirá que vuelvan a tomar la clase.**
- Participación en 2 retiros en el proceso de 2 años. **(DCYC es una)**

(Uno debe ser el Retiro de Confirmación durante el año 2 de Confirmación).

- Participación en el Sacramento de la Reconciliación
- Es imprescindible asistir al retiro de un día para padrinos y candidatos el mes anterior a la confirmación. Este no se considera uno de los dos retiros mencionados anteriormente. **(SOLO para el segundo año.)**
- DEBE asistir al retiro de Reconciliación con sus padres.
- Éste NO se considera 1 de los 2 retiros mencionados anteriormente.
- Completar y registrar 40 horas de Servicio Comunitario, las cuales DEBEN realizarse en San Pablo. (Es responsabilidad del candidato mantener un registro de su formulario).
- Lea, comprenda y siga las “Pautas de vestimenta para la liturgia de confirmación para candidatos y padrinos”
- Los candidatos DEBEN participar en la misa de jóvenes de las 5:00 p. m. al menos 2 veces por mes.
- Conozca y comprenda la “Guía de estudio para la Confirmación” adjunta.
- El Obispo le hará preguntas sobre ellos.

Estos requisitos junto con este paquete estarán disponibles en línea en saintpaulaustin.org

El no cumplir con CUALQUIERA de los requisitos resultará en la necesidad de tomar la clase nuevamente.

REQUIRED PAPERWORK FOR CANDIDATE

- A COPY (not original) of the Baptism and First Communion Certificates
- Complete the section titled: “Confirmation Sponsor Information”
- Fill out the “Confirmation Sponsor Covenant” form
- Service Hours log: The completed hours sheet is included in this packet
- Saint report: Due in November 2026 for both Year 1 and Year 2
- Saint Name

These items MUST be submitted by March 31, 2027, for Year 2 candidates. We will NOT accept late documents—NO EXCEPTIONS. Failure to turn in any documents will result in needing to wait until next year to be confirmed.

Please keep in mind that we provide two years to complete all required items.

You need a total of 40 service hours in total, not 40 each year.

Saint reports are necessary for both years, but in Year 2, this report should focus on your Confirmation Saint.

If you were baptized or received First Holy Communion at another church, please contact the church of baptism for an annotated baptismal certificate.

All forms needed are in this packet!

For any questions, feel free to email us at religious.education@saintpaulaustin.org.

Lastly, this packet is available online! Visit saintpaulaustin.org under the Religious Education tab.

DOCUMENTACIÓN REQUERIDA PARA EL CANDIDATO

- Una COPIA (no original) de los Certificados de Bautismo y Primera Comunión
- Complete la sección titulada: “Información del patrocinador de confirmación”
- Complete el formulario “Pacto de Confirmación del Patrocinador”
- Registro de horas de servicio: La hoja de horas completa se incluye en este paquete.
- Informe de santos: Debe presentarse en noviembre de 2026, tanto para el primer como para el segundo año.
- Santo Nombre

Estos elementos DEBEN enviarse antes del 31 de marzo de 2027 para los candidatos del segundo año. NO se aceptarán documentos entregados fuera de plazo, SIN EXCEPCIONES. Si no se entrega algún documento, se deberá esperar hasta el próximo año para la confirmación.

Tenga en cuenta que disponemos de dos años para completar todos los elementos requeridos.

Necesitas un total de 40 horas de servicio en total, no 40 cada año.

Los informes de los santos son necesarios para ambos años, pero en el año 2, este informe debe centrarse en el santo de su confirmación.

Si fue bautizado o recibió la Primera Comunión en otra iglesia, comuníquese con la iglesia de bautismo para obtener un certificado bautismal anotado.

¡Todos los formularios necesarios están en este paquete!

Si tiene alguna pregunta, no dude en enviarnos un correo electrónico a religious.education@saintpaulaustin.org.

¡Por último, este paquete está disponible en línea! Visite saintpaulaustin.org, en la sección de Educación Religiosa.

Role of a Sponsor & Requirements

To qualify for the role of a sponsor, an individual must meet the following criteria:

- **A role model:** Someone who wholeheartedly embraces and lives out their faith.
- **A mentor:** An individual who offers guidance and encouragement, walking alongside the Candidate as they respond to God's call.
- **A trusted companion:** A person who is committed to supporting the Candidate, not just during the ceremony, but throughout life's journey.
- **Regular mass attendee:** The sponsor must participate in mass regularly, actively practice their faith, and maintain good standing with the church.
- **Sacramental requirements:** The sponsor must have received all three sacraments: Baptism, First Holy Communion, and Confirmation.
- **Marital status:** If the sponsor is married, their marriage must be recognized by the Catholic Church.

REQUIRED PAPERWORK FOR SPONSOR

- COPY (**Not original**) of Baptism & Confirmation Certificates
- Copy of Church Marriage certificate if Sponsor is married. (They **MUST** be married through the Catholic Church.)
- Complete "Confirmation Sponsor Covenant" form (English or Spanish)

All documents are due by March 31, 2027

We will NOT accept late documents, NO EXCEPTIONS.

**All documents and certificates can be submitted early by both Year 1 and Year 2 candidates.
The earlier, the better!**

Once you have chosen your Sponsor, kindly have them complete the "Confirmation Sponsor Covenant Form." Please remember to submit all supporting documents at that time as well.

Rol del patrocinador y requisitos

Para calificar para el rol de patrocinador, una persona debe cumplir con los siguientes criterios:

Un modelo a seguir: alguien que abraza y vive su fe con todo el corazón.

- **Un mentor:** una persona que ofrece orientación y aliento, caminando junto al candidato mientras responde al llamado de Dios.
- **Un compañero de confianza:** Una persona que se compromete a apoyar al Candidato, no sólo durante la ceremonia, sino a lo largo de todo el recorrido de la vida.
- **Asistente regular a misa:** El patrocinador debe participar en la misa regularmente, practicar activamente su fe y mantener una buena reputación con la iglesia.
- **Requisitos sacramentales:** El padrino debe haber recibido los tres sacramentos: Bautismo, Primera Comunión y Confirmación.
- **Estado civil:** Si el patrocinador está casado, su matrimonio debe ser reconocido por la Iglesia Católica.

DOCUMENTACIÓN REQUERIDA PARA EL PATROCINADOR

- COPIA (No original) de los Certificados de Bautismo y Confirmación
- Copia del certificado de matrimonio eclesiástico si el patrocinador está casado. (Deben estar casados por la Iglesia Católica).
- Formulario completo de "Pacto de Confirmación del Patrocinador" (inglés o español)

Todos los documentos deben entregarse antes del 31 de marzo de 2027. NO aceptaremos documentos tardíos, SIN EXCEPCIONES.

Todos los documentos y certificados pueden ser entregados con anticipación tanto por los candidatos de Año 1 como de Año 2. ¡Cuanto antes, mejor!

Una vez que haya elegido a su patrocinador, pídale que complete el "Formulario de Confirmación del Pacto de Patrocinio". Recuerde también presentar todos los documentos de respaldo en ese momento.

CHOOSING A CONFIRMATION NAME

Understanding the Tradition of Choosing a “Confirmation Saint Name”

The practice of selecting a “Confirmation Name” is not officially part of the Rite of Confirmation; rather, it has its origins in the Rite of Baptism. According to the Rite of Christian Initiation, a Christian name can be chosen during Baptism or upon entering the Catechumenate. This naming practice serves as a reminder of the connection between Confirmation and Baptism. Retaining one’s Baptismal name, as long as it is not “contrary to Christian sentiment,” emphasizes that Baptism calls us by name to follow Christ.

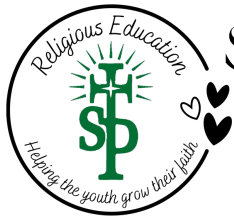
While selecting the name of a patron saint is a commendable practice, it is not mandatory for the Rite of Confirmation. The laws surrounding Confirmation are largely intended to reflect those of Baptism. Thus, the only Confirmation name that would be deemed inappropriate is one that contradicts Christian values. Unlike Baptismal names, the purpose of choosing a Confirmation name is to honor a saint whom one aspires to emulate in life. Furthermore, this name is not a legal name but rather a name chosen in reverence for the saint represented.

Student’s Name: _____

Saint Name: _____

Please submit a one-page, typed report, double-spaced, about the saint you have chosen for your Confirmation name. You are encouraged to select a patron saint based on the inspiring Christian life they led, rather than just the appeal of their name.

Reflect on what aspects of their life drew you to their story. Consider elements such as the saint's family background, occupation, life and death, and the virtues they practiced. How can this saint serve as a model for living a Christian life? Be sure to write the report in your own words and avoid the temptation to copy and paste from online sources!



ST. PAUL RELIGIOUS EDUCATION

VOLUNTEER SERVICE HOURS TRACKER

Students Name:

Student Signature: _____ **Parent Signature:** _____

PARTICIPANT RECORD LOG

DATE	EVENT	SUPERVISOR PHONE OR EMAIL	SUPERVISOR SIGNATURE	HOURS

Tracker to be signed by student and a parent or guardian upon completion

Each student is responsible for their hours sheet

All hours MUST be completed at St. Paul Catholic Church



Confirmation Service

Project Reflection

Select any service project from the 40 hours required for your confirmation over the past two years during your preparation. Use this experience to complete the form.

Important Submission Guidelines

- Ensure that the form is fully completed and legible.
- Year 2 students **must** submit this form along with any additional requirements by **March 31, 2027**.

No exceptions will be made!

Please type or print legibly.

Student Name: _____

Service

Project: _____

Date of Project: _____ Time Started: _____ Time Ended: _____

Verified by (an adult working with the project)

Name: _____ Phone: _____

Email: _____

Describe what you did:

What was the highlight of your time working on the project:

How did the project connect to the Gospel, the life of the church, loving and/or helping others:

STUDY GUIDE FOR CONFIRMATION
THE SEVEN GIFTS OF THE HOLY SPIRIT

*****KEEP THESE PAGES*****

Wisdom: We see God at work in our lives and in the world. For the wise, the wonders of nature, historical events, and the ups and downs of life take a deeper meaning. We see God as our Father, appreciate the dignity of others, and find God in all things

Understanding: In understanding we comprehend how we need to live as followers of Christ. A person with understanding is not confused by conflicting messages in our culture about the right way to live. The gift of understanding perfects a person's speculative reason in the apprehension of truth. It is the gift whereby self-evident principles are known.

Counsel (Right Judgement): With the gift of counsel/right judgement, we know the difference between right and wrong and choose to do what is right. A person with right judgement avoids sin and lives out values taught by Jesus.

Fortitude (Courage): With the gift of fortitude/courage, we overcome our fear and are willing to take risks as followers of Jesus Christ. A person with courage is willing to stand up for what is right in the sight of God. The gift of courage allows people the firmness of mind that is required both in doing good and in enduring evil.

Knowledge: With the gift of knowledge, we understand the meaning of God. The gift of knowledge is more than an accumulation of facts.

Piety (Reverence): With the gift of piety/reverence, we have a deep sense of respect for God and the Church. A person with reverence recognizes our total reliance on God and comes before with humility, trust, and love. Piety is the gift whereby, at the Holy Spirit's instigation, we pay worship and duty to God as our Father.

Fear of the Lord (Wonder and Awe): With the gift of Fear of the Lord, we are aware of the glory and majesty of God. We know that God is the perfection of all we desire; perfect knowledge, perfect goodness, perfect power, and perfect love. Aquinas describes it as a fear of separating oneself from God, as a "filial fear," like a child's fear of offending his father, rather than a "servile fear," that is, a fear of punishment. Fear of the Lord is the beginning of wisdom (prov 1:7) because it puts our mindset in correct location with respect to God: we are the finite, dependent creature, and He is the infinite, all-powerful Creator.

The Twelve Fruits of the Holy Spirit

1	Charity	7	Faithfulness
2	Joy	8	Generosity
3	Peace	9	Modesty
4	Patience	10	Chastity
5	Kindness	11	Gentleness
6	Goodness	12	Self-Control

The Seven Sacraments

Sacraments of Initiation: Baptism, Eucharist, and Confirmation

Sacraments of Healing: Reconciliation and Anointing of the Sick

Sacraments of Service: Matrimony and Holy Orders

The Theological Virtues

Faith is the theological virtue by which we believe in God and believe all that he has said and revealed to us, and that the Holy Church proposes for our belief, because he is truth itself. By faith “man freely commits his entire self to God.”

Hope is the theological virtue by which we desire the kingdom of heaven and eternal life as our happiness, placing our trust in Christ’s promises and relying not on our own strength, but on the help of the grace of the Holy Spirit. “Let us hold fast the confession of our hope without wavering, for he who promised is faithful.

Charity is the theological virtue by which we love God above all things for his own sake, and our neighbor as ourselves for the love of God.

The Seven Capital Sins

1	Pride	5	Lust
2	Greed	6	Gluttony
3	Envy	7	Sloth
4	Wrath		

The Cardinal Virtues

Prudence is the virtue that disposes practical reason to discern our true good in every circumstance and to choose the right means of achieving it; "the prudent man looks where he is going."

Justice is the moral virtue that consists in the constant and firm will to give their due to God and neighbor. Justice toward God is called the "virtue of religion." Justice toward men disposes one to respect the rights of each and to establish human relationships the harmony that promotes equity with regard to persons and to the common good. The just man often mentioned in the Sacred Scriptures, is distinguished by habitual right thinking and the uprightness of his conduct toward his neighbor. "You shall not be partial to the poor or defer to the great, but in righteousness shall you judge your neighbor."

Fortitude is the moral virtue that ensures firmness in difficulties and constancy in the pursuit of the good. It strengthens the resolve to resist temptations and to overcome obstacles in the moral life. The virtue of fortitude enables one to conquer fear, even fear of death, and to face trials and persecutions. It disposes one even to renounce and sacrifice his/ her life in defense of a just cause.

Temperance is the moral virtue that moderates the attraction of pleasures and provides balance in the use of created goods. It ensures the will's mastery over instincts and keeps desires within limits of what is honorable. The temperate person directs the sensitive tastes toward what is good and maintains a healthy discretion: "Do not follow your inclination and strength, walking according to the desire of your heart."

Confirmation Liturgy Dress Guidelines for Candidates and Sponsors

This occasion is a significant moment in your life or your child's life. Each year, we receive numerous inquiries regarding what is considered appropriate attire for Confirmation. To assist you in preparing for this important event, we have compiled the following dress guidelines. We kindly ask that you show the necessary respect for the sacrament and yourselves when selecting your outfit.

Dress Code for Women:

- "Sunday" dress or a skirt paired with a top
- Dress shoes
- Skirt or dress should be modest in length (ideally no shorter than three inches above the knee; please use good taste, modesty, and common sense as your guide) (Remember that wearing heels may cause your dress to rise higher in the back, so be mindful of this when choosing your length.)
- Top should not be overly revealing (no spaghetti straps or lingerie-style tops; undergarments must not be visible.)
- If your dress has spaghetti straps, lacks straps, or you think your undergarments might be visible, please wear a cardigan or sweater for coverage. A cardigan or sweater is required over bare tops, thin straps, or to conceal visible undergarments.
- The entire outfit should not be overly clingy or revealing. Remember: good taste, modesty, and common sense are essential.

Dress Code for Men:

- Dress shirt (no pullovers or polos)
- Tie
- Dress slacks (no jeans)
- Dress shoes with socks
- Jackets are optional but welcomed.

If you need assistance with your attire, your catechist and Mrs. JJ are happy to help!