

Coverage	Contact	Group #	Phone	Website	Email
Benefits Portal / App				<a href="http://ourbenefitsinfo.com">ourbenefitsinfo.com</a>	
Benefit Assistance / Helpline	Health Advocate		877-619-3435	<a href="http://Healthadvocate.com/members">Healthadvocate.com/members</a>	<a href="mailto:answers@healthadvocate.com">answers@healthadvocate.com</a>
Medical 07-01-2025	Blue Shield	W3000986	866-346-7198	<a href="http://blueshieldca.com">blueshieldca.com</a>	
Family Building	Maven			<a href="http://mavenclinic.com">mavenclinic.com</a>	
NurseHelp 24/7	Blue Shield of CA		877-304-0504		
Dental	Delta Dental	DPPO: 00511	800-765-6003	<a href="http://deltadentalins.com">deltadentalins.com</a>	
	Delta Dental	HMO: 70602	800-422-4234	<a href="http://deltadentalins.com">deltadentalins.com</a>	
Vision	VSP	30058404	800-877-7195	<a href="http://vsp.com">vsp.com</a>	
Pharmacy Retail Rx	Navitus	HMC	844-268-9789	<a href="http://Navitus.com">Navitus.com</a>	
Pharmacy Mail Order	Birdi		888-240-2211	<a href="http://Birdirx.com">Birdirx.com</a>	
Pharmacy Specialty Rx	Lumicera		888-240-2211	<a href="http://Lumicera.com">Lumicera.com</a>	
Health Savings Account (HSA)	Health Equity		866-346-5800	<a href="http://Healthequity.com">Healthequity.com</a>	<a href="mailto:memberservices@healthequity.com">memberservices@healthequity.com</a>
Wellness Program	HealthCheck 360		866-511-0360 x5099	<a href="http://myHealthCheck360.com">myHealthCheck360.com</a>	<a href="mailto:support@healthcheck360.com">support@healthcheck360.com</a>
Employee Assistance Program	Health Advocate		866-799-2728	<a href="http://Healthadvocate.com/members">Healthadvocate.com/members</a>	<a href="mailto:answers@healthadvocate.com">answers@healthadvocate.com</a>
Wellness Program	HealthCheck 360		866-511-0360 x5099	<a href="http://myHealthCheck360.com">myHealthCheck360.com</a>	<a href="mailto:support@healthcheck360.com">support@healthcheck360.com</a>
Disability	Unum	142600	800-421-0344	<a href="http://unum.com">unum.com</a>	<a href="mailto:askunum@unum.com">askunum@unum.com</a>