

Annual Biometric Screenings

We are pleased to announce that our 2026 Onsite Biometric Screenings Registration window will open from **1/19/2026 to 2/6/2026**. If onsite screening is not available for you, **LabCorp screenings are available from 1/19/26 to 3/31/26**.

As part of the Lifestyle Rewards program, employees must earn a minimum of 200 points through our Wellness Program **to qualify for the Wellness Reward** for the benefit plan year starting July 1, 2026. The wellness reward **provides a discount in the medical premiums**. The voluntary biometric screening is available for all regular full-time and seasonal employees, enrollment in HMC's medical plan is not required. Spouses are eligible for the screening if enrolled in our medical plans.

Results from the biometric screening also awards points toward the required 200 points. Please see attached **Wellness Program Guide** for a complete listing of all activities available to earn wellness credits.

Participation in our overall Wellness Program is voluntary. Take part in the **biometric screening and health assessment survey to unlock the wellness rates for your medical coverage from July 2026 through June 2027**. Points for both activities account for 125 of the minimum 200 points. If the biometric screening cannot be completed due to medical reasons, please contact hr.ampa@hmclause.com, HealthCheck360+ at 1.866.511.0360 or support@healthcheck360.com to determine a **Reasonable Alternative Standard**.

To book your on-site or LabCorp screening, please visit HealthCheck360+ phone app or website. Link to Website: <https://my.hc360.app>

QR Code to Phone App



Company Code: HMCLS
Unique ID: Last 4 SSN

For more information, contact HealthCheck360 at 1.866.511.0360 or via email at support@healthcheck360.com

Biometric Screenings

Registration Information

The schedule for our 2026 onsite **biometric screenings**:

Location	Screening Date	Event Hours	Registration Period
Davis Cousteau	02/24/2026	7:00am to 12:40 pm	1/19/26 – 2/6/26
Davis East	02/24/2026	6:00am to 11:30 am	1/19/26 – 2/6/26
Immokalee	02/24/2026	7:30am to 11:30 am	1/19/26 – 2/6/26
Modesto	02/25/2026	6:00am to 11:30 am	1/19/26 – 2/6/26
Nampa	02/25/2026	7:30am to 12:00 pm	1/19/26 – 2/6/26
Gilroy	02/23/2026	7:00am to 11:15 am	1/19/26 – 2/6/26
All other sites (LabCorp)	1/19/26 through 3/31/2026	-	1/19/26 – 3/31/26

Who is eligible?

All regular full-time and seasonal employees. Spouses if enrolled in the HMC medical plan

What is the cost?

No cost to you or eligible spouse!

Why participate?

Obtain information on your health and take the necessary steps to access wellness rates

What is LabCorp?

LabCorp is a global healthcare company that provides testing services at a designated lab near you

Wellness Reward

Participation in our overall Wellness Program is voluntary. However, participation in the biometric screenings and survey is mandatory to qualify for the 2026-2027 benefit year **Wellness Reward**. The Wellness Reward will take the form of a reduced payroll deduction for your medical insurance premiums starting July 1, 2026!

For more information, contact HealthCheck360 at 1.866.511.0360 or via email at support@healthcheck360.com