

Sexual Abuse - Spot the Risk

RED FLAGS - What to look out for

Bruising, bleeding or discharge from genital or anal area

Pain or soreness from genital or anal area

Wetting or soiling unrelated to toilet training

Sexually transmitted infections or pregnancy

Changes in sleep such as difficulties sleeping or nightmares

Developing **eating problems**

Being unusually **withdrawn**

Alluding to “**secrets**”

Self-harming

Running away from home or care

Being **afraid of** or **avoiding** a particular person (including family or a friend)

Showing **sexualised behaviour** or **sexual knowledge** inappropriate or problematic for their stage of development



Your next steps:

- Notify the on-site manager or DSL immediately
- Complete a Cause for Concern form



Designated Safeguarding Lead
Lindsay 07476 156807