

Emotional Abuse - Spot the Risk

RED FLAGS - What to look out for



Lacks confidence and has low **self-esteem**



Displays behaviour perceived to be **aggressive** or **hostile**



Lacks social skills or has **few, if any, friends.**



Seems **isolated** from their parents, carers and peers



Struggles to **focus** and **concentrate** on tasks



Struggles to **make or maintain relationships**



Is **withdrawn** and **quiet**



Mental health issues



Language delay



*Be mindful of the fact that many of the signs of emotional abuse may mirror typical autistic traits.
Be cautious and avoid jumping to conclusions in either direction.*

Your next steps:

- Notify the on-site manager or DSL immediately
- Complete a Cause for Concern form



Designated Safeguarding Lead
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