

Domestic Abuse - Spot the Risk

RED FLAGS - What to look out for

Within the family home

- Attention seeking
- Aggression or bullying
- Bed-wetting, nightmares or insomnia
- Drug or alcohol use
- Eating disorders
- Problems in school or with learning
- Anti-social behaviour, like vandalism
- Anxiety, depression or suicidal thoughts
- Problems in school or with learning
- Constant or regular sickness, like colds, headaches and mouth ulcers
- Withdrawal
- Tantrums



Within intimate relationships

- Physical injuries.
- Clothing worn, or heavy make-up, to cover injuries, for example long sleeves or a scarf in hot weather, or sunglasses inside or when cloudy.
- Someone who is afraid or anxious to please their partner.
- Someone without access to their own money: for example, not being able to pay by card, or trying to use a card in their partner's name.
- Someone who is withdrawn and unwilling to engage in friendly conversation.
- Someone who is meek, fearful or extremely apologetic.