

The Hollev Institute



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Ascension
St. John Hospital



President's message



Dear Friends,

I want to share with you a new program that we will be initiating this August. It is titled Community Health Literacy for families with a deaf and hard of hearing child/children.

Please take a good look at Gloria, age 5 within my message here as I talk to you about this program. If Gloria's family did not provide for full access to language, then Gloria would continue to fit the stereotype that her literacy is limited to a third or fourth-grade level. Would that express success academically? Would that express success emotionally? And what about her interaction with the family. I hear continually from Deaf individuals how devastating holidays are for them. Everyone is laughing, talking, enjoying family and extended family and they are sitting in a corner in isolation. No one can or wants to take the time to communicate with them. And think about daily meal time, if the family has not learned who this little girl is as a deaf person and does not know her language, there is no interaction---none. And this happens a lot with the deaf. What about your family? If there is no conversation at meal time one concludes you have big problems, right? Language happens the moment a child is born, language deprivation occurs when the growing infant is identified with a hearing loss and lacks linguistic stimuli, even with assistive technology. This stimuli whether spoken or signed is crucial for communication, language cognition, and social-emotional development.

Gloria or any deaf child can learn two languages at the same time if given the opportunity. Research in the neuroscience field suggests that the brain can acquire both English and American Sign Language without inhibiting the development of either language. Almost all children in European countries learn at least two languages.

So what is this program The Holley Institute is initiating? Basically, it is to remedy the above situation. We want Gloria and all deaf children to have access to communication from the moment they are born. We want her family and friends to be able to communicate with her. We want her to understand her deaf culture and her family as well. We want her performing at grade level when she enters kindergarten. We want her prepared successfully to enter the workforce. We want her family healthy, and above all, we want her happy.

The previous paragraph is our program. Beginning in August, we will have selected 12 to 14 families to be educated in the life, culture, and language of their deaf child. This program has been piloted in a number of states with wonderful outcomes and successful assessments. We will hire a Director to oversee these programs and the 7 to 12 Deaf mentors that will work with each family in their home two hours a week for the full academic year. They will teach parents how to read to their deaf child. They will take them to deaf events to expose them to other families with deaf children. They will attend deaf events to introduce them and their families to the deaf community. If the mentors observe any physical or psychological problems within the family, they will refer them to our health professionals and do follow up.

At the end of the academic year, all the families will come to the Carls Family Village to share their successes with other families involved in the program.

This is a giant step for The Holley Institute as we enter our 26th year of programs. We need your support and hope you will look with interest and commitment to this Program.

Have a wonderful summer.
With warm regards to all,

A handwritten signature in black ink, appearing to read 'Ardis Gardella', written in a cursive style.

Ardis Gardella
President and Co-founder



Board Chair's message

Dear friends and colleagues,

It was nice to see one of our Alliance doctors, Dr. Seilesh Babu of Michigan Ear Institute in the media recently giving important information regarding the tumor found in Kelly Stafford's brain. His group are leaders in the field regarding the surgery she will have to have in the near future.

I want to emphasize how much we want to support the new programs introduced in this newsletter. It will have a significant impact on the families that our people work with and will be unique as all mentors will be Deaf. Could not be a better model for the family with a young Deaf child.

I want to congratulate Debbie Mitre-Smith for bringing this program to our attention and working so hard to see it is funded. Please support her in making this program a reality.

It was also so wonderful to see Tony Tersigni kick off this program with a \$25,000 gift in celebration of our 25th Anniversary. Our thanks to him and his family for making this happen.

We all hope you have a safe, healthy, and fun summer. Enjoy your families, spend time together as Branka and I have been doing with our new grandchild. It is a miracle to see these little ones take our family into the future.

Warm summer regards,



Dr Daniel Megler
President, Board of Directors



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St. Nicholas Christmas Dinner Party 2018





Meet Gloria Schindel



We are the Schindel family, and we were fortunate enough to have attended the summer program, “Family Week II” at the Carls Family Village last year. As I look back on the pictures of Family Week II, July 2018, I am flooded with memories of our time there, and two main themes come to mind.

The first one is friendship. Our children made friends with other villagers. It was beautiful to see the children, hearing, Deaf, and hard of hearing working together to communicate and become closer to one another. I, likewise, formed friendships with other parents as we learned together how to support our children and increase our sign language skills.

The second theme that I noticed is mentoring. Not only they were great language models, but the staff and counselors were incredible role models to the children and parents. They opened their hearts to us and shared their personal journeys, allowing us to learn from their life experiences.

Our family had been working hard to learn American Sign Language (ASL) since our daughter, Gloria, had been identified as hard of hearing and received hearing aids at one and a half years old. The week at the Carls Family Village greatly increased our ability to communicate in ASL, and by the end, we felt much more confident in our signing abilities. We left the Carls Family Village that Friday with a feeling of euphoria, confident that we were building the skills we needed to face an uncertain future. We did not realize then that those skills would be tested so soon. By Sunday of that week, Gloria had developed an ear infection that we would be unable to get under control for over a month despite an abundance of doctor appointments and multiple doses of antibiotics.

Due to the infection, her hearing aids had to be taken out two days after the summer program. We never dreamed that she would be unable to use them until November! Without her hearing aids, we were forced to rely primarily on our fledgling signing skills to communicate. We were able to face these challenges with much more confidence because of our experience at the Carls Family Village. The Holley Institute has continued to encourage and support us through emails and their community outreach program.

Once again Gloria is able to use her hearing aids in most situations. Though this experience we have resolidified our understanding that her hearing aids are wonderful tools that she can use to communicate with others, but at the same time we need to increase her fluency in ASL so that she is never without communication. We know that we have the Carls Family Institute as our Village and that makes all the difference.

Mumps and hearing loss

Contributed by Debbie Clason, staff writer, Healthy Hearing

A mumps infection only lasts for a couple of weeks, but the effects can be lifelong—especially for your hearing. The viral infection has been on the rise lately with the reported number of cases increasing from slightly more than 1,000 in 2015 to more than 6,000 in 2016 and 2017. A winter 2019 outbreak in the U.S. Northeast prompted public health officials to urge parents to vaccinate their children and themselves as they scrambled to contain the highly contagious viral illness.

What are mumps?

The MMR vaccine protects against measles, mumps and rubella. All three infections can cause hearing loss as a possible complication. Mumps, which got its name from an Old English word meaning “grimace,” belongs to the same family of viruses known to cause measles and several common respiratory infections.

It spreads easily from person to person through infected saliva, typically when a person coughs or sneezes. It generally takes about two weeks for a person to become sick after being exposed.

What are the symptoms of mumps?

Mumps is perhaps best known for causing painful swelling of the salivary glands on one or both sides of the face. Other symptoms include:

- Pain while chewing or swallowing
- Fever
- Headache
- Muscle aches
- Weakness and fatigue
- Loss of appetite
- There can also be no symptoms, yet still cause complications later on

Are there complications?

Yes. Besides hearing loss, mumps can cause inflammation and swelling in other parts of the body, including the testicles, pancreas, ovaries and breasts, brain (encephalitis), and membranes and fluid around the brain and spinal cord (meningitis). Fortunately, most of these complications are rare.

How does mumps cause hearing loss?

We still don't know exactly how mumps causes damage to hearing. Some experts think it may damage the cochlea, the snail-shaped structure in your ear that house stereocilia and the stria vascularis. Stereocilia, otherwise known as hair cells, translate sound vibrations into nerve impulses for the brain to interpret as sound. The stria vascularis supplies blood to the inner ear. Other potential sites of damage are the auditory nerve or brainstem regions.

Those who lose hearing as a result of mumps most likely have sensorineural hearing loss. The hearing loss is almost always in one ear—known as unilateral hearing loss or single-sided deafness. Typically the loss is reversible but it may be severe

and permanent, meaning a child loses most of their hearing in one ear.

Measles and rubella also can cause sensorineural hearing loss. Although normal hearing cannot be restored, there are several options that can improve hearing and communication:

- Hearing aids may be beneficial for those who suffer mild-to-moderate hearing loss. A hearing healthcare professional can help you decide which hearing aid manufacturer and model is best for your budget and your lifestyle.
- Bone-anchored hearing devices may be a good treatment option for those with single-sided deafness. This surgically implanted device translates sounds into vibrations of the skull, which are picked up by the normally hearing ear.
- Cochlear implants are an option for those with profound hearing loss. The device transmits sounds to a surgically implanted electrode array that bypasses the damaged cochlea and directly stimulates the auditory nerve.
- American Sign Language (ASL) is a rich, vibrant language with its own syntax and grammar which uses hand gestures, body language and facial expressions.
 - Cued speech is a type of sign language which uses hand movements combined with mouth shapes.

Fortunately, mumps-related hearing loss is uncommon. Research indicates that about 1-4% of people who get infected with mumps experience hearing loss, though the exact rate is unknown.

Can mumps be prevented?

Your best defense against the disease is immunization. Talk to your pediatrician about vaccination schedules for your children as well as adult members of your family who have not yet had the mumps and haven't been vaccinated—or need a booster shot.

The vaccine is generally given three times—right around a child's first birthday, again at kindergarten age, and finally in high school or college. That final booster is important: Evidence shows that people who have had two or fewer mumps vaccines are more at risk than those who have had all three.

The mumps vaccine is commonly administered together with measles and rubella and is known as the MMR vaccine, or MMRV if varicella (chicken pox) is included. Medical professionals believe this vaccine provides about 80 percent long-term immunity against the diseases, yet outbreaks still occur—mostly due to lack of vaccination.

Adults born before 1957 who haven't yet contracted mumps should consult their family doctor about receiving an immunization, especially if they work in a high-risk environment, such as a hospital or school, or near a current mumps outbreak.

Reprinted with permission from www.healthyhearing.com.

Mumps is known as a childhood disease, so parents are advised to immunize their children against the disease at 12-15 months, with a booster at 4-6 years of age, and another booster again in the teen years.

HEARING LOSS & TINNITUS STATISTICS



A PUBLIC HEALTH EPIDEMIC - THE STATISTICS SHOW A TROUBLING TREND

FROM 2000 TO 2015, THE NUMBER OF AMERICANS WITH HEARING LOSS HAS DOUBLED. GLOBALLY THE NUMBER IS UP BY 44%.

48 million people in America and ~360 million worldwide

- 1 in 5 teens / 1 in 5 adults
- 3 in 5 of returning military service members Hearing loss and tinnitus are the top two reported health concerns among service members both active and veterans.

Hearing loss is the 2nd most prevalent health issue globally

- The number of people with hearing loss is more than those living with Parkinson's, epilepsy, Alzheimer's, and diabetes combined.

Tinnitus (ringing/buzzing in ears) affects ~10% of Americans on a regular basis

- 25 million American adults report experiencing tinnitus for five or more continuous minutes in the past year
- 16 million people seek medical attention for tinnitus
- Roughly 90 percent of tinnitus cases occur with an underlying hearing loss

Causes of Hearing Loss and Tinnitus

- Genetic factors • Noise • Trauma
- Ototoxic medications (medicine-induced hearing loss)
- Viral or bacterial infections • Aging

Reprinted with permission from hearinghealthfoundation.org/hearing-loss-tinnitus-statistics

WHY IS THE NUMBER OF PEOPLE WITH HEARING LOSS INCREASING?

1. NOISE-INDUCED HEARING LOSS

People are exposed to dangerous noise levels at work or during leisure activities

- 26 million people in U.S. between ages 20-69 have hearing loss
- 20% of teens ages 12-19 have reported hearing loss due to loud noise
- 30 million U.S. workers are exposed to hazardous noise levels

2. AGE-RELATED HEARING LOSS

The population of people age 65+ is expanding... rapidly

- 33% of Americans between ages 65-74 and nearly 50% of those 75+ have hearing loss
- Hearing loss has been associated with cognitive decline, dementia, depression, hospitalization, and heart disease, among other diseases and conditions

3. ECONOMIC IMPACT ASSOCIATED WITH HEARING LOSS

- Lifetime costs of untreated profound hearing loss can be as much as \$1 million per person in the U.S.



Free hearing screening at the Senior Expo

On October 11, 2018, The Holley Institute Ascension St. John Hospital audiologists, B. Jill Courson, AuD and Glenn Clippard, MS provided free hearing screens at Assumption Cultural Center in Saint Clair Shores during the 25th annual Senior Expo. The event features community resources, information, products, services and health screens geared for older adults. Over 1500 seniors participate in this annual event each year.

What is listening fatigue?

Hearing loss leads to communication difficulties. To maintain optimal understanding, listeners with hearing loss must allocate more cognitive resources, or brain power, to listening than do listeners without hearing loss. This increase in cognitive resources required to listen to speech has been referred to as an increase in listening effort. Cognitive resources are not unlimited; using additional cognitive resources to listen leaves fewer resources available for other tasks. For example, to maintain optimal understanding in a challenging situation, persons with hearing loss may need to shift more resources from other ongoing cognitive tasks (e.g., visual processing or memory rehearsal) than individuals without hearing loss, potentially impacting ease of communication (Hornsby, 2013).

Why does fatigue occur?

A person with normal hearing does not usually experience this type of fatigue. The auditory system functions as it should and the brain processes the information easily. When hearing loss is present, the brain has to compensate for the loss and work harder than before to process the same information, causing stress on the brain and finally fatigue.

How to reduce listening fatigue?

- Have your hearing professionally evaluated, diagnosed, and managed by a licensed audiologist.

- The use of appropriate clinically fit hearing aids may reduce listening effort and susceptibility to mental fatigue
- Use your hearing aids or other hearing devices during all your waking hours
- Reduce the background noise in your environment or employ specific communication strategies to reduce the effects of background noise
- Have quiet time during the day. i.e. reading instead of watching TV

Role of audiologists

Audiologists identify, diagnose, and provide treatment options for patients with medication-related hearing loss and dizziness. They work closely with physicians and are an important part of the management team.

Do you think you or your child may have a hearing loss? Please call the Holley Institute Audiology Department for an appointment (313) 343-4436.

Reference

Hornsby, B. W. (2013). The effects of hearing aid use on listening effort and mental fatigue associated with sustained speech processing demands. *Ear and Hearing*, 34(5), 523-534.

May is Better Hearing Month

Free hearing screens available





Dr. Seilesh Babu

Alliance 3

Ascension Providence surgeon provides expertise on brain tumor of wife of Detroit Lions QB Kelly Stafford, the wife of Detroit Lions quarterback Matthew Stafford, revealed this week that she has a brain tumor.

WXYZ-TV in Detroit featured Dr. Seilesh Babu, Surgeon and Otolaryngologist, Ascension Providence Hospital and the Michigan Ear Institute, who says Kelly Stafford's prognosis is good, however hearing loss could be one long-term issue. Ascension Providence Hospital is a leader in treating Kelly's tumor, an acoustic neuroma vestibular schwannoma. The hospital has the largest training center in the country with about 150 surgeries performed each year.

Inaugural Deaf and Loud Symphonic Experience

The Deaf and Loud Symphonic Experience, a concert featuring the Detroit Symphony Orchestra and deaf artists Dame Evelyn Glennie, Mandy Harvey, and Sean Forbes, took place Sunday, Dec. 16 at Detroit's Orchestra Hall.

Proceeds benefited D-PAN, or the Deaf Professional Arts Network, a Detroit nonprofit that makes music and culture accessible to the deaf and hard-of-hearing community. The performance was given in American Sign Language and included video.

Photographs by Patrick Gloria

www.dbusiness.com/author/photographs-by-patrick-gloria/



National Philanthropy Day 2018

Recipients of the AFP distinguished Volunteers Awards



Roman Imielowski and Monica Imielowski



Julia Hoffmann



Our newest volunteer- Barbara Leising

The Holley Institute newborn hearing screening volunteers receive approximately 30 plus hours of hands on training. In addition to learning how to perform hearing screens they must also be competent in infection control, hospital policies, undergo a thorough background check, and receive annual TB and flu shots.

Please welcome our newest volunteer, Barbara Leising from Grosse Pointe Park, who started in March 2019. When I asked how she became interested in volunteering she replied, "After 37 years as an electrical engineer and leader at General Motors, I decided to retire. I was thinking about using some of my time to volunteer when I saw a Facebook post from the Holley Institute with adorable pictures of babies. I have always loved babies, so I was intrigued to know more. After I found out that there were also wires and a computer involved, I was in."

Development Officer's updates



Debbie Mitre-Smith

Newborn screening program

The Holley Institute would like to thank the Community Foundation for Southeast Michigan for a grant that allowed us to purchase a new Algo 5 Newborn Hearing Screener. One of The Holley Institute's programs is the Newborn Hearing Screening Program at Ascension St. John Hospital in Detroit. More than 76,000 newborns have been screened by highly trained The Holley Institute volunteers since 1993. Of those screened, 230 have been diagnosed with hearing loss or deafness.

If you are interested in volunteering for the Newborn Hearing Screening Program, please contact B. Jill Courson, Au.D. at 313-343-4436.



The Community Foundation for Southeast Michigan is a full-service philanthropic organization leading the way to positive change in our region. As a permanent community endowment built by gifts from thousands of individuals and organizations, the Foundation supports a wide variety of activities benefiting education, arts and culture, health, human services, community development, and civic affairs.

Since its inception, the Foundation has distributed more than \$1 billion through nearly 67,000 grants to nonprofit organizations throughout Wayne, Oakland, Macomb, Monroe, Washtenaw, St. Clair, and Livingston counties. For more information, please visit www.cfsem.org.

Community Health Literacy

The Holley Institute is now ready to expand by providing additional support to families. The Community Health Literacy is a home-based program that runs during the academic year, where trained mentors go to their assigned families' home once a week for two hours. The research-based and evidence-based curriculum will be used in this program.

This program provides educational access to:

- Reading and writing literacy
- Math literacy
- Language acquisition
- Incidental learning environments
- American Sign Language
- Deaf Culture
- Need-based resources
- Community events



For more information about the program, contact alexa.craig@ascension.org, 313.449.8158.

If you are interested in supporting this program, contact debbie.mitre-smith@ascension.org, 313.499.0631.

Bowling fundraising

The Michigan Industrial Shoe (MIS) purchased, not one but three lanes, to support The Holley Institute's bowling fundraising event on Saturday, November 3rd, 2018. MIS used this event as a team-building activity which Tom Ledger, MIS general manager, explained: "Many endorsed the premise that periodic non-work events strengthen our team."

MIS is looking forward to the upcoming bowling event later this year. Mr. Ledger highly recommends that other companies follow this model as he described The Holley Institute "a worthy non-profit organization helps a company with its' priorities" as well as had a wonderful time meeting other people at the event.

Mark your calendar! Saturday, September 14, 2019, 1:00-4:00pm. It will be held at Woodland Lanes in Livonia. Contact debbie.mitre-smith@ascension.org with interest or questions.

The Holley Institute would like to thank the bowling committee: Jennifer, Justin, and Tavia Hardesty, Maureen Bruns, and Karen Whalen.





IT TAKES A
Village
Fundraising Event

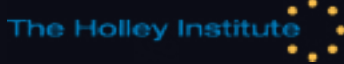


LET'S BOWL!

100% of your donation and sponsorship goes directly to the programs for Deaf, DeafBlind, and Hard of Hearing children and adults, along with their family members.

▷ Saturday September 14, 2019, 1pm-4pm ◁
▷ Woodland Lanes ◁
▷ 33775 Plymouth Road, Livonia, 48150 ◁
▷ www.woodlandlanes.com ◁

Purchase Tickets:
www.holleyfv.org/events



IT TAKES A
Village

Bowling Lane Sponsorship Opportunity

Advertise your business



100% of your donation and sponsorship goes directly to the programs for Deaf, DeafBlind, and Hard of Hearing children and adults, along with their family members.

\$200/lane

FOR ADVERTISEMENT ONLY. DEADLINE BY JULY 12.

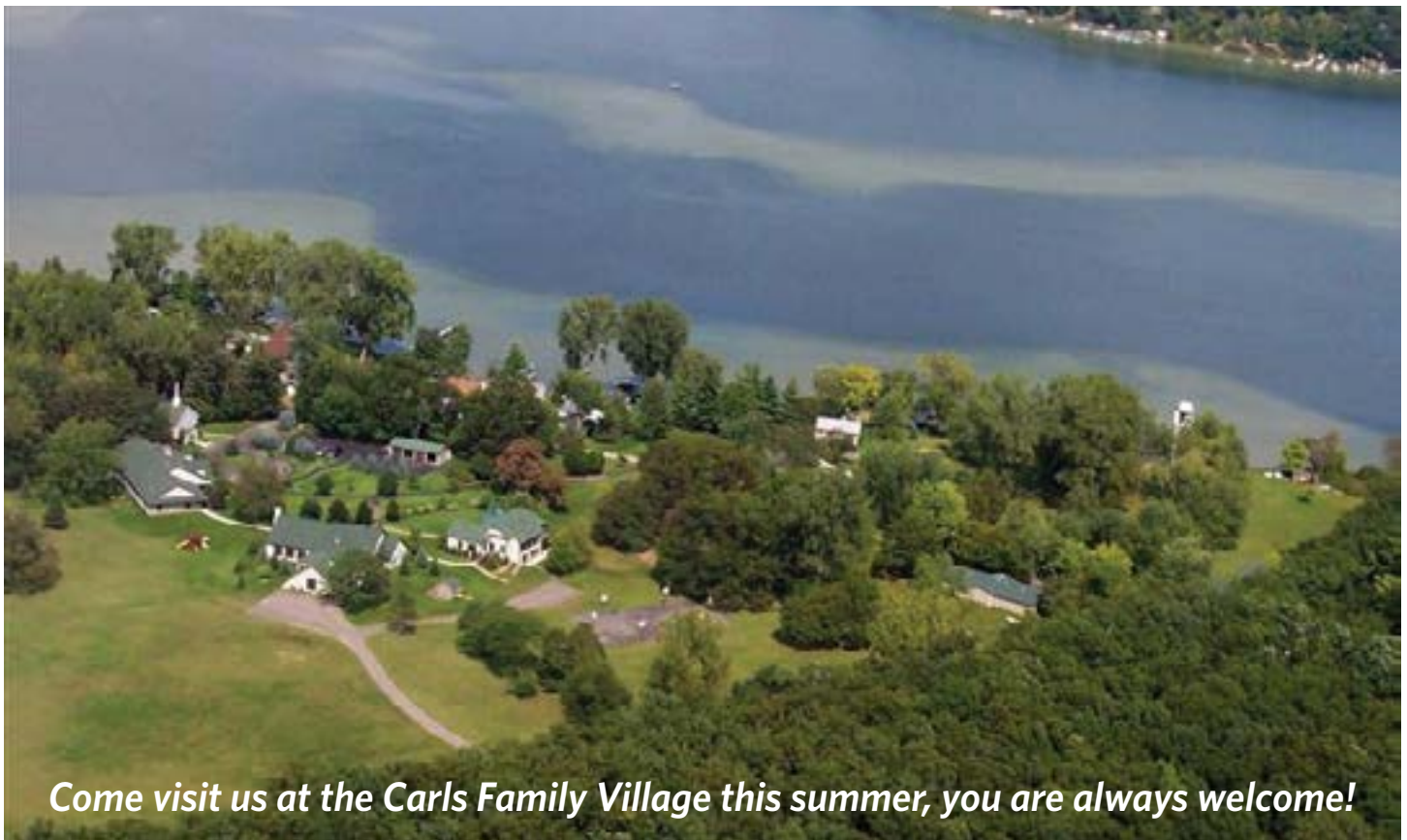
Additional Charge for players
Pre-Sale: \$20/person \$100/team of 5

The fundraising event will be held on
Saturday, September 14, 2019 at Woodland Lanes in Livonia



The Holley Institute

Event Qs: 313.499.0631 VP
debbie.mitre-smith@ascension.org
www.holleyfv.org/events



Come visit us at the Carls Family Village this summer, you are always welcome!

AMERICAN SIGN LANGUAGE 10-WEEK COURSE **FALL SESSION**

When: Every Wednesday
September 11, 2019 -
November 13, 2019

Where
Novi, Southfield, Detroit,
& Madison Heights.

\$75 per person

*Complimentary for
Ascension Associates

ONLINE REGISTRATION
RSVP by September 4, 2019
WWW.HOLLEYFV.ORG/ASL10



Qs: alexa.craig@ascension.org

COMMUNITY CONNECTION



Saturday August 17th, 2019

Rain ☁️ or Shine ☀️



Heritage Park 4:00 pm - 8:00 pm



Heritage Park 24915 Farmington Rd.
Farmington Hills, MI 48336

(Between 10 & 11 Mile Rd). No pets are allowed.

Don't forget the sun protection, sunscreen, hats, sunglasses, etc.

It is highly recommended to bring your own snack
and drinks before and after dinner.

Save the Date!

More information coming soon!

www.holleyfv.org/events

Event Qs: debbie.mitre-smitheascension.org

www.holleyfv.org



The Holley Institute



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The Holley Institute



The Holley Institute

Ardis J. Gardella, President

William J. Rice, MD, FACS, Vice President

Debbie Mitre-Smith, Development Officer

Lexy Craig, Senior Program Director

Audiology Department

B. Jill Courson, Au.D., CCC-A, Lead Audiologist

Glenn Clippard, MA, CCC-A, Audiologist

The Carls Family Village

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Family Weeks

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Brianna Keogh, Head Counselor

Founded in 1993, The Holley Institute is a nonprofit organization dedicated to:

- providing life-enhancing programs for the Deaf and those with hearing and vision loss
- providing programs for parents and others raising Deaf children
- screening all infants born at Ascension St. John Hospital for hearing loss, and
- providing community outreach programs and services related to hearing loss.

Please contact us for more information at:

The Holley Institute

Boll Prof. Building One, Ste. 223

22151 Moross Road • Detroit, MI 48236-2172

313-343-3165 (V) • 313-332-4953 (VP)

stjohnprovidence.org/holley

The Carls Family Village

1142 Ventura Drive • Brooklyn, MI 49230-9078

517-592-6283 (V) • 517-536-1518 (VP)

www.holleyfv.org



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PRE-SORTED
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2019 Calendar of Events

The Holley Institute

Date

June 5

July 5-7

July 7-12

July 14-19

July 21-26

July 28-August 2

August 7-11

August 11-16

August 17

September 14

October TBD

December 4

Activity

Field Day Trip

Staff Orientation

Family Week I

Family Week II

CODA/KODA Family Week

American Sign Language Week

Deaf/Blind Workshop

Volunteer Week

Community Connection

Bowling Fundraising Event

Board Meeting

St. Nicholas Christmas Dinner Party

Location

The Carls Family Village

The Carls Family Village

The Carls Family Village

The Carls Family Village

The Carls Family Village

The Carls Family Village

The Carls Family Village

The Carls Family Village

Heritage Park, Farmington Hills

Woodland Lanes, Livonia, MI

The Carls Family Village

Grosse Pointe Yacht Club

These dates are tentative and subject to change