

Snack Menu for May, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
				1 am: Scrambled Cheesy Eggs, Fruit pm: Matzo & Applesauce
4 am: Raisin Toast, Fruit pm: Rice Cakes w/ Apple Butter, Fruit	5 am: Cereal, Bananas pm: Cream Cheese & Jelly Pinwheels, Fruit	6 am: Matzo w/ Cream Cheese, Fruit pm: Veggies w/ Ranch Dressing, Whole Wheat Crackers	7 am: Cereal, Bananas pm: Strawberry Yogurt w/ Fruit Parfaits	8 am: Waffles, Fruit pm: Animal Crackers, Fruit
11 am: Toast w/ Butter, Fruit pm: Graham Crackers, Applesauce	12 am: Cereal, Bananas pm: Cheese Tea Sandwiches, Fruit	13 am: Strawberry Muffins, Fruit pm: Banana Bread w/ Fruit	14 am: Cereal, Bananas pm: Peach Yogurt w/ Fruit Parfaits	15 am: Blueberry Pancakes pm: Multigrain Crackers, Cheese Cubes, Fruit
18 am: Bagels, Fruit pm: Matzo & Applesauce	19 am: Cereal, Bananas pm: Vanilla Yogurt w/ Fruit Parfaits	20 am: Cinnamon Toast, Fruit pm: Rice Cakes w/ Apple Butter, Fruit	21 am: Cereal, Bananas pm: Costa Rican Batidos (smoothies), Graham Crackers	22 am: Scrambled Cheesy Eggs, Fruit pm: Pita Bread, Tzatziki, Cucumbers
25 CENTER CLOSED MEMORIAL DAY	26 am: Cereal, Bananas pm: Tea Sandwiches – Cream Cheese on Wheat, Cucumbers	27 am: Blueberry Muffins, Fruit pm: Graham Crackers, Applesauce	28 am: Cereal, Bananas pm: Saltine Crackers, Cheese Cubes, Fruit	29

MENU SUBJECT TO CHANGE ** WE SERVE MILK AND WATER WITH ALL SNACKS

****We will provide an alternate snack for those with allergies and/or food preferences.**

We serve fruit that is fresh, canned or frozen in natural juices and whole grain bread, cereal and crackers most frequently; 1% milk for children 2 years & older and whole milk to children 12-24 months old. We have indicated items with ethnic origin in bold print. Snacks may be switched from time to time due to items being out of stock in the stores or a surplus of items we have in the center. **We are a peanut free facility.**

****Foods not served to children under the age of 4 due to potential choking hazards:** Hot dogs - whole or rounds, Whole Grapes, Whole Cherry Tomatoes, Whole Raw Carrots, Hard Candy, Nuts & Seeds, Raw Peas, Hard Pretzels, Popcorn, Raisins, Marshmallows, Chunks of meat larger than ½ inch.