

Little Acorns Lunch Menu

October 2026



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Egg Noodles w/ Cottage Cheese, WW Bread w/ Butter Roasted Brussel Sprouts Fresh Fruit	Cheese Pizza Carrots & Cucumber Slices w/ Ranch Fresh Strawberries & Blueberries
5	6	7	8	9
Terriyaki Tofu Stir Fry w/ Vegetables and Rice Fresh Fruit	Cheese Ravioli w/ Tomato Sauce. WW Bread w/ Butter Green Beans Fresh Fruit	Hot Turkey & Cheese Sliders Roasted Asparagus Fresh Fruit	Butternut Squash Mac & Cheese Broccoli Fresh Fruit	Cheese Pizza Carrots & Cucumber Slices w/ Ranch Fresh Strawberries & Blueberries
12	13	14	15	16
Tuna Casserole w/ Whole Wheat Roll Roasted Cauliflower Fresh Fruit	Cheese Tortellini w/ Alfredo Sauce, Spinach & Tomatoes Garden Salad Fresh Fruit	Baked Chicken Nuggets w/ Tator Tots Carrots Fresh Fruit	Spaghetti w/ Whole Wheat Roll Corn Fresh Fruit	Cheese Pizza Carrots & Cucumber Slices w/ Ranch Fresh Strawberries & Blueberries
19	20	21	22	23
Turkey Tacos & Spanish Rice w/ Whole Wheat Tortilla Black Beans Fresh Fruit	Whole Grain Grilled Cheese w/ Tomato Alphabet Soup Broccoli Fresh Fruit	Mini Meatball Subs Cucumber and Tomato Slices Fresh Fruit	Cheese Quesadillas w/ Salsa Corn Fresh Fruit	Cheese Pizza Carrots & Cucumber Slices w/ Ranch Fresh Strawberries & Blueberries
26	27	28	29	30
Baked Fish Bites w/ Mac & Cheese Carrots Fresh Fruit	Cheese Ravioli with olive oil, basil and parmesan cheese. WW Bread w/ Butter Garden Salad Fresh Fruit	Chicken Patty Sandwiches w/ Baked Beans Corn on the Cob Fresh Fruit	Cheesy Pull-A-Part Bread w/ Marinara Sauce Garden Salad Fresh Fruit	Cheese Pizza Carrots & Cucumber Slices w/ Ranch Fresh Strawberries & Blueberries

**** WE SERVE MILK AND WATER WITH ALL MEALS**

Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, watermelons, strawberries, blueberries, peaches, honeydew and pineapple. Fruits will be served as it is in season and it becomes ripe. We serve whole grain (WG) breads, pasta & rice most frequently; 1% milk for children 2 years & older and whole milk to children 12-24 months old. **We are a peanut free facility.**