

Snack Menu for January, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			CENTER CLOSED NEW YEAR'S DAY OBSERVED	am: Waffles, Fruit pm: Animal Crackers, Fruit
am: Oatmeal w/ Blueberries pm: Vanilla Yogurt w/ Fruit Parfaits	am: Cereal, Bananas pm: Banana Bread, Applesauce	am: Raisin Toast, Fruit pm: Pita Bread, Tzatziki, Cucumbers	am: Cereal, Bananas pm: Rice Cakes w/ Apple Butter, Fruit	am: English Muffins w/ Butter, Fruit pm: Peach Yogurt w/ Fruit Parfaits
am: Strawberry Muffins, Fruit pm: Graham Crackers, Bananas	am: Cereal, Bananas pm: Matzo Ball Soup	am: French Toast Sticks, Fruit pm: Animal Crackers, Fruit	am: Cereal, Bananas pm: Veggies w/ Ranch Dressing, Wheat Thins	am: Blueberry Pancakes pm: Multigrain Crackers, Cheese Cubes, Fruit
CENTER CLOSED MLK DAY	am: Cereal, Bananas pm: Vanilla Yogurt w/ Fruit Parfaits	am: Cinnamon Toast, Fruit pm: Cream Cheese & Jelly Pinwheel Sandwiches, Fruit	am: Cereal, Bananas pm: Costa Rican Batidos (smoothies), Graham Crackers	am: Oatmeal w/ Blueberries pm: Matzo & Applesauce
am: Blueberry Muffins, Fruit pm: Veggies w/ Ranch Dressing	am: Cereal, Bananas pm: Strawberry Yogurt w/ Fruit Parfaits	am: Scrambled Cheesy Eggs, Fruit pm: Cornbread, Applesauce	am: Cereal, Bananas pm: Saltine Crackers, Cheese Cubes, Fruit	am: Cheese Toast, Fruit pm: Rice Cakes w/ Apple Butter, Fruit

MENU SUBJECT TO CHANGE ** WE SERVE MILK AND WATER WITH ALL SNACKS

****We will provide an alternate snack for those with allergies and/or food preferences.**

We serve fruit that is fresh, canned or frozen in natural juices and whole grain bread, cereal and crackers most frequently; 1% milk for children 2 years & older and whole milk to children 12-24 months old. We have indicated items with ethnic origin in bold print. Snacks may be switched from time to time due to items being out of stock in the stores or a surplus of items we have in the center. **We are a peanut free facility.**

****Foods not served to children under the age of 4 due to potential choking hazards:** Hot dogs - whole or rounds, Whole Grapes, Whole Cherry Tomatoes, Whole Raw Carrots, Hard Candy, Nuts & Seeds, Raw Peas, Hard Pretzels, Popcorn, Raisins, Marshmallows, Chunks of meat larger than ½ inch.