

# Snack Menu for January, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>CENTER CLOSED</b>  <b>NEW YEAR'S DAY OBSERVED</b>	1  2 am: Waffles, Fruit  pm: Animal Crackers, Fruit
5 am: Oatmeal w/ Blueberries  pm: Vanilla Yogurt w/ Fruit Parfaits	6 am: Cereal, Bananas  pm: Banana Bread, Applesauce	7 am: Raisin Toast, Fruit  <b>pm: Pita Bread, Tzatziki, Cucumbers</b>	8 am: Cereal, Bananas  pm: Rice Cakes w/ Apple Butter, Fruit	9 am: English Muffins w/ Butter, Fruit  pm: Peach Yogurt w/ Fruit Parfaits
12 am: Strawberry Muffins, Fruit  pm: Graham Crackers, Bananas	13 am: Cereal, Bananas  <b>pm: Matzo Ball Soup</b>	14 am: French Toast Sticks, Fruit  pm: Animal Crackers, Fruit	15 am: Cereal, Bananas  pm: Veggies w/ Ranch Dressing, Wheat Thins	16 am: Blueberry Pancakes  pm: Multigrain Crackers, Cheese Cubes, Fruit
19 <b>CENTER CLOSED</b>  <b>MLK DAY</b>	20 am: Cereal, Bananas  pm: Vanilla Yogurt w/ Fruit Parfaits	21 am: Cinnamon Toast, Fruit  <b>pm: Cream Cheese &amp; Jelly Pinwheel Sandwiches, Fruit</b>	22 am: Cereal, Bananas  <b>pm: Costa Rican Batidos (smoothies), Graham Crackers</b>	23 am: Oatmeal w/ Blueberries  pm: Matzo & Applesauce
26 am: Blueberry Muffins, Fruit  pm: Veggies w/ Ranch Dressing	27 am: Cereal, Bananas  pm: Strawberry Yogurt w/ Fruit Parfaits	28 am: Scrambled Cheesy Eggs, Fruit  pm: Cornbread, Applesauce	29 am: Cereal, Bananas  pm: Saltine Crackers, Cheese Cubes, Fruit	30 am: Cheese Toast, Fruit  pm: Rice Cakes w/ Apple Butter, Fruit

**MENU SUBJECT TO CHANGE \*\* WE SERVE MILK AND WATER WITH ALL SNACKS**

**\*\*We will provide an alternate snack for those with allergies and/or food preferences.**

We serve fruit that is fresh, canned or frozen in natural juices and whole grain bread, cereal and crackers most frequently; 1% milk for children 2 years & older and whole milk to children 12-24 months old. We have indicated items with ethnic origin in bold print. Snacks may be switched from time to time due to items being out of stock in the stores or a surplus of items we have in the center. **We are a peanut free facility.**

**\*\*Foods not served to children under the age of 4 due to potential choking hazards:** Hot dogs - whole or rounds, Whole Grapes, Whole Cherry Tomatoes, Whole Raw Carrots, Hard Candy, Nuts & Seeds, Raw Peas, Hard Pretzels, Popcorn, Raisins, Marshmallows, Chunks of meat larger than ½ inch.