

Snack Menu for August, 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				am: Cereal, Bananas pm: Pita Bread w/ Tzatziki, Cucumbers
am: Oatmeal w/ Blueberries pm: Banana Bread, Applesauce	am: Cereal, Bananas pm: Tea Sandwiches – Cream Cheese & Jelly on Wheat, Cucumbers	am: Bagels w/ Cream Cheese, Fruit pm: Peach Yogurt w/ Fruit Parfaits	am: Apple Cinnamon Muffins, Fruit pm: Veggies w/ Ranch Dressing, Wheat Thins	am: Cereal, Bananas pm: Turkey & Cheese Sandwiches, Fruit
am: Scrambled Cheesy Eggs, Fruit pm: Rice Cakes w/ Apple Butter, Fruit	am: Cereal, Bananas pm: Veggies w/ Ranch Dressing, Wheat Thins	am: Strawberry Muffins, Fruit pm: Animal Crackers, Fruit Cocktail	am: Wheat Toast w/ Butter, Fruit pm: Cheese Sandwiches, Fruit	am: Cereal, Bananas pm: Graham Crackers, Applesauce
am: Waffles, Fruit pm: Strawberry Yogurt w/ Fruit Parfaits	am: Cereal, Bananas pm: Costa Rican Batidos (smoothies), Graham Crackers	am: Blueberry Pancakes, Fruit pm: Graham Crackers, Bananas	am: Cinnamon Toast, Fruit pm: Matzo & Applesauce	am: Cereal, Bananas pm: Saltine Crackers, Cheese Cubes, Fruit
am: Raisin Toast, Fruit pm: Jelly Sandwiches, Fruit	am: Cereal, Bananas pm: Rice Cakes w/ Apple Butter, Fruit	am: Blueberry Muffins, Fruit pm: Multigrain Crackers, Cheese Cubes, Fruit	am: Cheese Toast, Fruit pm: Vanilla Yogurt w/ Fruit Parfaits	am: Cereal, Bananas pm: Veggies w/ Ranch Dressing, Wheat Thins

MENU SUBJECT TO CHANGE ** WE SERVE MILK AND WATER WITH ALL SNACKS

****We will provide an alternate snack for those with allergies and/or food preferences.**

We serve fruit that is fresh, canned or frozen in natural juices and whole grain bread, cereal and crackers most frequently; 1% milk for children 2 years & older and whole milk to children 12-24 months old. We have indicated items with ethnic origin in bold print. Snacks may be switched from time to time due to items being out of stock in the stores or a surplus of items we have in the center. **We are a peanut free facility.**

****Foods not served to children under the age of 4 due to potential choking hazards:** Hot dogs - whole or rounds, Whole Grapes, Whole Cherry Tomatoes, Whole Raw Carrots, Hard Candy, Nuts & Seeds, Raw Peas, Hard Pretzels, Popcorn, Raisins, Marshmallows, Chunks of meat larger than ½ inch.