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Saskatchewan Hiking

Canadian Badlands, Prairie Grasslands, and Metis Heritage Await!



Grasslands National Park
Courtesy: Saskatchewan Tourism/Brian Eneas

2027 DATES	Double	Single
June 6	$5,695	$6,795

Within 60 days of departure, pricing and availability are subject to change. Per-person CAD pricing ***includes flights and HST.*** *Land-only pricing available; alternative home airports may be arranged, subject to availability and additional cost (See Terms & Conditions - Prices)*

TOUR DETAILS	
Duration	10 Days
Fitness Scale	Level A1
Group Size	Max 12
Flights	Included

Haven't heard of our Connections Program? Find out more here.

BOOK NOW PRINT INFO

Canada is full of surprises, and Saskatchewan is one of its most underrated treasures. Nestled between Manitoba and Alberta, this prairie province takes its name from the

Plains Cree word “kisiskatchewan,” meaning “the river that flows swiftly.” It's also known as the Land of Living Skies, a nickname you’ll only truly understand once you’ve witnessed its endless horizons and ever-changing skies for yourself.

While Saskatchewan is famous for its vast, flat farmland stretching for miles, it also offers rolling hills, rugged badlands, and gentle hiking trails that surprise and inspire. Home to over a million people, the province is rich in Métis heritage, having played a pivotal role in the Northwest Rebellion led by Louis Riel, a key chapter in Canada’s story.

Come explore on foot, a side of Canada that many overlook. From sweeping prairie views to deep cultural roots, Saskatchewan’s hidden gems are waiting to be discovered.

RELATED TOURS: Other Active Tours

What's Included

- Air from Toronto, ON to Saskatoon, SK, Return Toronto, ON from Regina, SK
- Connections Program
- Airport transfers
- Private local transportation
- 9 nights of accommodation
- 9 breakfasts, 4 lunches, 3 dinners
- Local professional guides & all other entry fees and passes
- Services of an active DeNure Tours Tour Director

Prices are in Canadian dollars, are per person, and include HST.

INCLUDED HIGHLIGHTS

- 9 walks/hikes
- Meewasin Valley Trail
- Batoche National Park
- Fort Carlton Provincial Park
- Wanuskewin Heritage Park (Indigenous Centre)
- Western Development Museums – Saskatoon and Moose Jaw
- Saskatchewan University to view John Diefenbaker's gravesite (outside)
- Manitou Beach – Canada’s “dead sea”
- Last Mountain Lake Wildlife Preserve
- Saskatchewan Legislature guided tour in Regina
- RCMP Heritage Centre
- Government House & Gardens
- Moose Jaw Tunnel Tours and Trolley Ride

- Grasslands National Park: West and East Blocks + Ecotour Scenic Drive
- Walking tour of Regina

Why This Tour is Great

Discover an Underrated Side of Canada
Forget the notion that Saskatchewan is just flat prairie or a province to pass over. With 35 provincial parks, 2 national parks, 80 regional parks, and more than 100,000 lakes and rivers, Saskatchewan offers an incredible diversity of landscapes. This tour takes you through the South and Central regions, where you'll explore rolling grassy hills, dramatic badlands, river valleys, and wide-open skies that stretch to the horizon.

Where Urban Life Meets Nature
Saskatoon, Regina, and Moose Jaw, three of Saskatchewan's largest cities, each offer vibrant arts, culture, and dining scenes, along with a strong sense of heritage. But what truly sets them apart is their seamless connection to nature, with expansive urban parks and riverside trails just steps from city life.

Iconic Prairie Wildlife
Southern and Central Saskatchewan are home to some of Canada's most distinctive wildlife, including bison, pronghorns, elk, moose, black-tailed prairie dogs, and the elusive burrowing owl. You'll even visit North America's oldest bird sanctuary, where over 200 species pass through each year.



Grasslands National Park: Valley of 1000 Devils Courtesy: Saskatchewan Tourism Benjamin Hutton Photography



Batoche National Park Courtesy: Tourism Saskatchewan



Wanuskewin Heritage Park Courtesy: Tourism Saskatchewan

Day-to-Day Itinerary

Day 1: Fly to Saskatchewan
Fly into Saskatoon and transfer by private shuttle to your conveniently located downtown hotel. After checking in and freshening up, stretch your legs with a walk along the Meewasin Valley Trail (A1/Easy – 6.0 km/165 m). This scenic path follows the South Saskatchewan River through Canada's largest urban conservation zone, offering beautiful river views and a peaceful introduction to the city. After your walk, get to know your fellow travellers at a group welcome dinner.
Note: Saskatchewan is the only province in Canada that doesn't observe Daylight Savings Time and is in the Central Standard Time zone (CST). It is one of the sunniest places in Canada, even during winter.
Stay: Holiday Inn Express & Suites Saskatoon (3 nights)
Meals: D

Day 2: Batoche National Park & Walk, Fort Carlton Provincial Park & Walk
After breakfast, step back in time at Batoche National Historic Site, where you'll learn about Métis settler life and the pivotal 1885 Battle of Batoche, Louis Riel's final stand against the Canadian government. Explore the grounds on a guided tour, hear powerful stories of resilience, and take in sweeping views of the South Saskatchewan River and valley. Walk through historic trails featuring the river lot system, a centuries-old cemetery, and preserved battlegrounds. Enjoy a picnic lunch at one of the park's scenic rest spots. Next, visit Fort Carlton Provincial Park, a former Hudson Bay trading post (1810-1885) and a National Historic Site of Canada.

Take a self-guided tour through the replica fort, which features a fur and provisions store, trade store, clerks' quarters and a tipi encampment. Then, enjoy an easy forest walk (A1/Easy – 2.0km) to the North Saskatchewan River, once a key trade route for Indigenous peoples and settlers. Before returning to Saskatoon for a free evening, wander through Duck Lake and admire the historic murals.
Meals: B, L

Day 3: Wanuskewin Heritage Park & Hike, Western Development Museum
After breakfast, explore the Western Development Museum – Saskatoon, one of four museums across the province. This location highlights Saskatchewan's early 20th-century "Boomtown" era, with immersive exhibits, authentic buildings, and artifacts from daily life in the 1910s. Then, make a brief stop at the University of Saskatchewan to visit the gravesite of former Prime Minister John Diefenbaker. Next, visit Wanuskewin (Wah-nus-KAY-win) Heritage Park, a sacred site with over 6,500 years of Indigenous history. Discover the traditional way of life through interpretive trails, engaging exhibits, and one of Canada's longest-running archaeological dig sites—a proposed UNESCO World Heritage Site (with hopeful designation in 2028).
Meals: B

Day 4: Manitou Beach, Last Mountain Lake Wildlife Preserve & Walk
This morning, visit the unique Manitou Beach, often called the "Dead Sea of Canada" for its mineral-rich waters and remarkable buoyancy, you can't sink! Long known for its healing properties, Little Manitou Lake has attracted visitors from across North America. Enjoy time for a swim, browsing local shops, or an optional hike. After lunch in town (on your own), continue to Last Mountain Lake Wildlife Preserve, home to North America's oldest bird sanctuary, where over 200 bird species migrate or nest. Climb the observatory tower and walk a flat trail (A1/Easy – 4km/360 m) for excellent wildlife viewing. Later in the afternoon, travel to Regina, the capital city of Saskatchewan. Check in to your new hotel and enjoy an included group dinner.
Stay: Quality Inn & Suites, Regina, SK (2 nights)
Meals: B, D

Day 5: Saskatchewan Legislative Building, RCMP Heritage Centre
Begin your day with a guided outdoor tour of the Saskatchewan Legislative Building, a 1912 architectural landmark featuring 34 types of marble and considered one of Western Canada's grandest buildings. Afterward, enjoy a scenic walk (A1/Easy – 4.2 km/22 m) around Wascana Lake, part of one of North America's largest urban parks. Watch for painted turtles, pelicans, and cormorants along the way. Following an included group lunch, visit the RCMP Heritage Centre, where interactive exhibits trace the evolution of the iconic Mountie, from its beginnings as the North West Mounted Police in 1873 to today's national force. Nearby, see the RCMP Academy, the official training centre for officers across Canada. End the afternoon at

Government House, a restored 1891 residence that once served as the lieutenant governor's home. Tour its period rooms, stroll through the heritage gardens, and discover exhibits that highlight Saskatchewan's political and social history. The rest of the evening is yours to discover Downtown Regina.
Meals: B, L

Day 6: Moose Jar Tunnel Tour, Free Time in Moose Jaw, Western Development Museum
Head to Moose Jaw for a self-guided visit to the second Western Development Museum, focused on the history of transportation. A highlight is the impressive aviation exhibit, fitting given the city's proximity to CFB Moose Jaw, home of the Snowbirds. See vintage aircraft, including an Avro, and even climb into a cockpit for a hands-on experience! Afterward, enjoy free time to explore downtown Moose Jaw, known for its charming shops and 43 large-scale murals depicting the city's rich history. After lunch, dive into the city's notorious past with a guided tour of the Tunnels of Moose Jaw. Step back into the 1920s Prohibition era, become a bootlegger, and hear fascinating stories, including Al Capone's rumoured connection to the city's underground world.
Stay: Canalta Hotel, Assiniboia, SK (3 nights)
Meals: B

Day 7: Grasslands National Park West Block
Get ready for a true prairie adventure! Travel to Grasslands National Park, Canada's only national park dedicated to preserving the endangered prairie grasslands ecosystem. Today's visit focuses on the West Block, where you'll begin at the Visitor Centre before exploring the scenic RCMP Trail, including the Eagle Butte and 70 Mile Butte trails (A2/Moderate – 4.5 km/143 m). Enjoy a picnic lunch surrounded by sweeping prairie views, then set off on the Ecotour Scenic Drive. Watch for bison, prairie dogs, native wildflowers, and historic homesteads, all set against the park's unique coulee landscapes. On the return to Assiniboia, stop in Limerick, a classic prairie town, to view a traditional grain silo beside the railway. Enjoy a free evening before settling in for a well-earned rest.
Meals: B, L

Day 8: Grasslands National Park East Block
Today's adventure takes you to the East Block of Grasslands National Park, where you'll explore the dramatic badlands on the Valley of a Thousand Devils trail (A2/Moderate – 15.3 km/230 m). Enjoy a picnic lunch surrounded by striking rock formations and sweeping prairie views. Then, complete your park experience with a scenic drive through the East Block's breathtaking landscapes. To round out your Saskatchewan experience, stop in the small town of Rockglen for dinner at a local restaurant. Visit the Visitor Centre, housed in a historic CPR station, a designated Saskatchewan Heritage Site. After a bit of exploring, return to Assiniboia and

unwind, reflecting on a day filled with natural wonders and prairie charm.
Meals: B, L

Day 9: Regina Walking Tour, Farewell Dinner
After breakfast, return to Regina for a guided walking tour (A1/Easy – 6.0km). Discover the city's highlights, history, and hidden gems as you explore its vibrant downtown and cultural landmarks. Following the tour, enjoy free time. Optional attractions include: the free Royal Saskatchewan Museum, art galleries, the Queen Elizabeth II Gardens, great shopping, and more. In the evening, gather for a final farewell dinner to celebrate your journey through Saskatchewan.
Stay: Meridian Inn & Suites Regina, SK (1 night)
Meals: B, D

Day 10: Fly Home
Your journey home begins today after breakfast. Take the airport transfer to the Regina Airport and fly home, taking many memories and new experiences with you.
Meals: B

Hiking Details

Day 1

1. Meewasin Valley Trail
(A1/Easy – 6.0km/165m)
Located downtown Saskatoon, this paved trail winds under bridges and through beautifully landscaped parks and natural areas, along the South Saskatchewan River. 50 km of the Meewasin Trail is designated as part of the Great Trail (Trans Canada Trail).
Meewasin Trail Guide - by section
Meewasin Trail Guide

Day 2

2. Batoche National Park: Li Pchi Shmayn Walking Trail, Mission Ridge Walking Trail, & Carlton Trail (via Rectory path)
(A1/Easy – 7.0km)
Three separate trails go through Batoche National Park, offering views of the South Saskatchewan River and Valley. Paths are well-marked with some informational panels. While on the Li Pchi Shmayn trail, download the Parks Canada App for a guided tour.
Batoche National Park Trail Map

3. Fort Carlton Provincial Park
(A1/Easy – 2.0km)
Stroll through a wide path in the forest towards the South Saskatchewan River, an important location where trade flourished.
All Trails - Fort Carlton

Day 3

4. Wanuskewin Heritage Park
(A1/Easy – up to 10km)
Take a self-guided hike on various trails throughout the heritage park. Of the 5 trail options, the Trail of the Bison is the most challenging.
Trail map

Day 4

5. Last Mountain Lake National Wildlife Area
(A1/easy – 4km/360m)
Meander the lovely trails throughout the wildlife preserve with a stop at the observation tower.

Day 5

6. Wascana Lake
(A1/Easy – 4.2km trail/22m)
Enjoy a leisurely stroll on a level, paved trail around Lake Wascana with views of the Legislative building and the city.
All Trails - Wascana Lake

Day 7

7. Grasslands National Park – West Block: Eagle Butte & 70 Mile Butte Loop
(A2/Moderate – 4.5km/143 m)
Please note: this trail can get windy
All Trails Map

Eagle Butte Trail
(A1/Easy – 4km)
This well-graded trail offers you the unique chance to explore the prairie grasslands. Take in the never-ending views and blooming wildflowers while reading informational panels along the way.
Parks Canada Reference

70 Mile Butte Trail
(A2/Moderate – 4km)
From Eagle Butte Trail, continue through short, steep sections and switch-backs to be rewarded with a view of the Frenchman Valley River.

Parks Canada Reference

Day 8

8. Grasslands National Park – East Block: Valley of a 1000 Devils
(A2/Moderate – 15.3 km/230m)
Hike Canada's badlands with its unique topography of coulees and clay buttes.
Parks Canada reference
All Trails

Day 9

9. Walking Tour of Regina
(A1/Easy – 6.0km)
Discover the history, architecture, and insider stories on a walking tour.

Important Info for this Tour

This tour flies from Toronto, ON, to Saskatoon, SK and returns to Toronto, ON, from Regina, SK. Guests can join this tour from anywhere in the world! Please contact us to discuss your airfare and pre-and post-tour accommodation options.

Due to the absence of cooling winds and heat-absorbing, clay soils, the weather in the Badlands can be up to 10°C hotter than in other areas.

Proper shoes/boots and poles are recommended.

Hikes are subject to trail conditions.

Hiking Difficulty & Alternatives *- Hikes may involve uneven terrain, inclines, and extended walking. While we walk at a leisurely pace (3 to 3.5 km an hour based on terrain), it is important that the group stays together. Participation is at your discretion, and travellers are encouraged to assess their own abilities. Guests may choose to not join a hike or amend a hike, in consultation with the Tour Director. In some cases, alternative self-guided options may be taken, though this option is not always available.*

Guest Feedback

Saskatchewan has such a rich history which we saw up close through our activities.

The walking and hiking took us through varied landscapes, both urban and rural. Breathtaking views from the hikes.
- N. Sherwin

Wide open spaces, beautiful clouds, large areas of unspoiled land. Please continue to promote this underappreciated province.
- E. Shantz

The scenery was so unique and the hiking, challenging enough without wearing us out for the next day.
- G. Kaufman

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PRINT INFO

Have questions? We're here to help! Call or email us today.

Phone: 1-800-668-6859
Email: info@denuretours.com

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