

Monthly First Saturdays of Reparation
July 5th 2025 - Month in honour of the Most Precious Blood
3rd Joyful Mystery - the Nativity, including the circumcision of Our Lord

Meditation Scripture taken from Luke 2:7 & 2:21

(The 15 minute Meditation is integral to the full practice of the First Saturdays! It cannot be left out!)



The Birth of Jesus

2 In those days a decree went out from Emperor Augustus that all the world should be registered. **2** This was the first registration and was taken while Quirinius was governor of Syria. **3** All went to their own towns to be registered. **4** Joseph also went from the town of Nazareth in Galilee to Judea, to the city of David called Bethlehem, because he was descended from the house and family of David. **5** He went to be registered with Mary, to whom he was engaged and who was expecting a child. **6** While they were there, the time came for her to deliver her

child. **7** And she gave birth to her first born son and wrapped him in bands of cloth, and laid him in a manger, because there was no place for them in the inn.

The Shepherds and the Angels

15 When the angels had left them and gone into heaven, the shepherds said to one another, "Let us go now to Bethlehem and see this thing that has taken place, which the Lord has made known to us." **16** So they went with haste and found Mary and Joseph, and the child lying in the manger. **17** When they saw this, they made known what had been told them about this child; **18** and all who heard it were amazed at what the shepherds told them. **19** But Mary treasured all these words and pondered them in her heart. **20** The shepherds returned, glorifying and praising God for all they had heard and seen, as it had been told them.

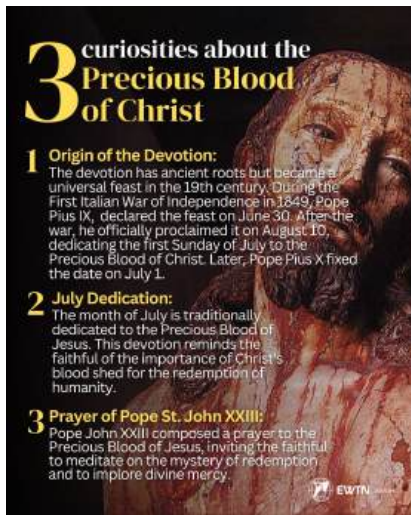
Jesus Is Named

21 After eight days had passed, it was time to circumcise the child; and he was called Jesus, the name given by the angel before he was conceived in the womb.

Meditation thoughts ... By a father of the spiritual family of St. Philip Neri



In the month of the Precious Blood, which follows the tragic vote in the British Parliament where both abortion up to birth, and assisted suicide have been sanctioned, we meditate on Our Lord's circumcision. This followed eight days after his Nativity. Mystically speaking the circumcision of Christ is the fulfilment of the Old Law and the "down payment" of His future passion and death. It's the first bloodletting of the Messiah. He is also given His Name Jesus which means the one who Saves.



Meditation thoughts ... By a father of the spiritual family of St. Philip Neri

We have arrived at a time in history where we must ever more continue to plead the Blood of Christ upon our sinful world for the conversion of sinners and the salvation of souls. Most precious blood of Jesus Christ, save us, save the whole world.

Questions to ponder ... By a sister of the spiritual family of the sisters of Mary Morning Star

In those days a decree went out from Emperor Augustus... As we face a crisis of meaning, a crisis of basic humanity in our society, how can we respond as Catholics? Discouragement? Despair? Giving up? Or are we ready to fight the good fight and become apostles of truth and light wherever we are?

I am bringing you good news of great joy... The third joyful mystery should always remind us how grateful we ought to be for Our Saviour's Nativity and earthly life among us. That should, as well, prompt in us a deep gratitude for the gift of our own life and the life of others.

Today, will we promise Our Lady to be more grateful for the gift of life? Will we promise to live our life to the full, not wasting any moment of it and help our *brothers and sisters* to do the same?

She wrapped him in bands of cloth, and laid him in a manger, because there was no place for them in the inn... July is the Month of the Precious Blood and it is an appeal for us to receive the Eucharist with a greater disposition, with consciousness, dignity and thankfulness. As Our Lady took so much care of Her Son, let us find refuge in Her Immaculate Heart to become more worthy to receive Him. Is there enough room in *the inn of our heart* to welcome Him and Her?

Please note that you need to be flexible and creative in how you use this Meditation text & Reflective Questions. The full text is helpful to individuals - however - if you are leading it amidst a group, for just 15 minutes, the leader will need to decide how much of it to use. It may be, that just the Scripture and the questions to ponder, be used, interspersed with silence. If you have longer than 15 minutes then divide the meditation up, interspersed with silence. It is important to allow silence to give the Lord the space to speak to each person's heart. Where possible give each person a printed copy.

Amina Christi - Prayer - possibly by St. Ignatius of Loyola

Soul of Christ, sanctify me, Body of Christ, save me, Blood of Christ, inebriate me.

Water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me.

Suffer me not to be separated from Thee. From the malignant enemy defend me.

In the hour of death call me. And bid me come to Thee.

That with Thy Saints, I may praise Thee. Forever and ever.

Amen

Act of Reparation

to the Immaculate Heart of Mary

Most Holy Virgin, and Our Mother, we listen with grief to the complaints of your Immaculate Heart, surrounded with the thorns placed therein at every moment, by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to Your Immaculate Heart. We therefore kneel before You to manifest the sorrow we feel for the grievances that people cause You, and to atone by our prayers and sacrifices for the offences with which they return your love. Obtain for them and for us the pardon of so many sins. Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy toward us, that we may love God with all our heart on earth and enjoy Him forever in Heaven. Amen.

Hymn - Love song to Our Lady

(to the tune of Annie's song - author of these words unknown)

1. O Mary I love you,
I want to be near you.
To feel your love for me,
to know that you're there;
To have your protection,
your mantle wrapped round me.
Your beauty's perfection.
All angels declare.
2. O Mary I love you,
your constant prayers for me.
Enrich every blessing, given anew.
With love do I give you,
my life now and always.
Each beat of my heart is a love song for you.
3. O Mary I love you,
I weep at your beauty,
which heightens the shame that
I feel through my sins.
But Mary I trust you,
to draw me more deeply
into the hearts of Your Son and you.
4. Sing of the glory,
the honour due you,
your constant devotion,
your prayers and your love.
I sing of the mercy your heart,
from God, brings me.
Each day I look forward to heaven with you.

Fatima Prayers of Adoration & Reparation

1. O Most Holy Trinity, I adore You. My God, my God, I love You in the Most Blessed Sacrament.
2. O Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those in most need of Thy mercy.
3. My God, I believe, I adore, I hope, and I love You; I ask pardon of You for those who do not believe, do not adore, do not hope, and do not love You.
4. Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly. I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He is offended. And through the infinite merits of His Most Sacred Heart, and of the Immaculate Heart of Mary, I beg of You the conversion of poor sinners.
5. O Jesus, this is for love of You, for the conversion of sinners, for the Holy Father, and in reparation for the sins committed against the Immaculate Heart of Mary. (Jacinta added "the Holy Father").



5. Ave Maria,
O Mother of Beauty.
O Virgin of Virgins
most Blessed and True.
She who is chosen,
Vessel of honour
O Eternal Blossom,
This love song's for you.

Wisdom from Venerable Sr. Lucia

And let us not waver or move away from the Church when we see imperfections in some of her members, because, individually, we are all weak and sinful. But the Church does not cease to be holy for all that: holy in her laws and in the doctrine entrusted to her by God, holy in her Head, Jesus Christ, her divine Founder and Saviour, holy in the divine Spirit which animates and helps her, and in the life of grace generated and nourished by the Sacraments.

Venerable Sr Lucia said: "War and peace in the world depend on the celebration of this devotion (The First Saturdays) and the consecration to the Hearts of Jesus and Mary connected to it. Therefore I wished so much these were spread, and much more because it is the will of our good God and our beloved Heavenly Mother."

Our Blessed Mother asked Lucia, Francisco and Jacinta "Are you willing to offer yourselves to God and bear all the sufferings He wills to send you, as an act of reparation for the sins by which He is offended, and of supplication for the conversion of sinners?"

They replied - "Yes, we are willing."

Our Blessed Mother then said:

"Then you are going to have much to suffer, but the grace of God will be your comfort."

Short Choruses

Be Still

1. Be still and know that I am God (3)
2. I am the Lord that healeth thee (3)
3. In thee, O Lord, I put my trust (3)

O Queen, queen of peace,

Beautiful Mother of God,
O we are your children and
your servants too,
Beautiful Mother of God.

Act of Entrustment of our countries to Our Blessed Lady

(Based on the form used by Pope John Paul II in
March 1984 & October 2000)

"Woman, behold your Son!" (Jn 19:26)

As we participate in these First Saturdays of Reparation, we hear more clearly the sweet echo of Jesus' words entrusting us to you, making you our Mother:

"Woman, behold your Son!"

We are gathered here before you O Lady of Fatima of the Most Holy Rosary, to seek refuge in your motherly protection and to trustingly beg your intercession.

We entrust our Nations once again to you. We offer you our own hearts, that their love and service may ever grow and increase. We offer you all the people of these lands, those multitudes who know you so little or not at all. We pray for our brethren who hold dear the name of your beloved Son: may your prayers bring back these countries to the fullness of their ancient faith! May your intercession lead us all into closer union with your divine Son.

Immaculate Heart! Help us to conquer the menace of evil, which so easily takes root in the hearts of people today, and whose immeasurable effects already weigh down upon our modern world and seem to block the path towards the future!

We entrust to you all people, beginning with the weakest: the babies yet unborn, and those born into poverty and suffering, the young in search of meaning, the unemployed, and those suffering hunger and disease.

We entrust to you all troubled families, the elderly with no one to help them, and all who are alone and without hope.

O Sorrowful and Immaculate Heart of Mary, you know the sufferings and hopes of the Church and the world: come to the aid of your children in the daily trials which life brings to each one, and grant that, thanks to the efforts of all, the darkness will not prevail over the light.

To you, Dawn of Salvation, we commit the Church in these lands on our journey through the new Millennium, so that with you as guide, all people in our lands may know Christ, the light of the world and its only Saviour, who reigns with the Father, and the Holy Spirit for ever and ever. Amen.