

**Monthly First Saturdays of Reparation**  
**February 7th 2026 - Month of the Holy Family**  
**Second Luminous Mystery: The Wedding Feast at Cana**  
Read the Gospel of St. John 2:1-11  
- Revised Standard Version, Second Catholic Edition

(The 15 minute Meditation is integral to the full practice of the First Saturdays! It cannot be left out!)

On the third day there was a marriage at Cana in Galilee, and the mother of Jesus was there; Jesus also was invited to the marriage, with his disciples. When the wine failed, the mother of Jesus said to him, ***“They have no wine.”*** And Jesus said to her, ***“O woman, what have you to do with me? My hour has not yet come.”*** His mother said to the servants, ***“Do whatever he tells you.”*** Now six stone jars were standing there, for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to them, ***“Fill the jars with water.”*** And they filled them up to the brim. He said to them, ***“Now draw some out, and take it to the steward of the feast.”***



So they took it. When the steward of the feast tasted the water now become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward of the feast called the bridegroom and said to him, *“Every man serves the good wine first; and when men have drunk freely, then the poor wine; but you have kept the good wine until now.”* This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory; and his disciples believed in him.

**Meditation thoughts ... By a father of the spiritual family of St. Philip Neri**

In the mystery of Cana, the Wedding feast reveals the Lord as the bridegroom, the light of the world, and the substance for us who thirst. His authority is made clear, as the Heavenly Bridegroom marrying his Church, and his transformation of the old law water, into the wine of new grace. It also demonstrates to us that the Church cannot exist without Mary our Mother's help. She gives comfort and joy to her Children, who She knows cannot live without her Divine Son. Remember that when the bride and groom run out of wine it is Mother Mary who takes their need to Jesus. He thus for turns water into wine, a wine that was far better than the wine they had already served, and more wine than they could ever drink.

This reminds us that our God is a God of abundance. Just as Our Lord abundantly supplied more wine when it was in short supply at the wedding in Cana, he wants to provide abundantly for whatever is in short supply in our lives today. So the wedding at Cana becomes a revelation both of Jesus' messianic identity, but also of his divine identity, his divinity. He is the Divine Bridegroom who has come in person to inaugurate the great wedding supper of the Lamb, the feast of salvation, the banquet of the kingdom of God. But better yet, he sees the Thirst of the people, which He can only satisfy by quenching our thirst by his Body and Blood.

- 1. They have no wine...** Do we have enough “wine” in our spiritual life? What is the “wine” we lack the most? What are our needs to live this wedding feast with Our Bridegroom? Have we filled the jars to the brim? Are we thirsting for Him?
- 2. My hour has not yet come ...** What concrete steps are we taking in our prayer life, in our sacramental life, in being bold witnesses to hasten Christ’s Hour? Are we asking enough of Our Lady to help us, to teach us?
- 3. You have kept the good wine until now...** God is a God of abundance... Are we responding to Our Lord’s graces with the same abundance? With the same quality? Do we take too easily His many graces for granted? What is our response to His abundant love?

**Please note** that you need to be flexible and creative in how you use this Meditation text & Reflective Questions. The full text is helpful to individuals - however - if you are leading it amidst a group, for just 15 minutes, the leader will need to decide how much of it to use. It may be, that just the Scripture and the questions to ponder, be used, interspersed with silence. If you have longer than 15 minutes then divide the meditation up, interspersed with silence. It is important to allow silence to give the Lord the space to speak to each person’s heart. Where possible give each person a printed copy.

**Important and consoling words from Our Blessed Lady -**

**“Don’t lose heart. I will never forsake you. My Immaculate Heart will be your refuge and the way that will lead you to God.”**

**“If what I say to you is done, many souls will be saved and there will be peace.”**

**Our Blessed Lord detailed the intention of each of the Five First Saturdays, which are to make reparation for offences and blasphemies directed at wounding Our Lady’s Immaculate Heart:**

- 1st - In Reparation for attacks against her Immaculate Conception
- 2nd - For attacks against her Perpetual Virginity
- 3rd - For refusal to recognise that she is the Mother of God
- 4th - For instilling indifference and hatred towards her in children
- 5th - For insults directed against her sacred images - ridicule, and the infliction of damage to them.

**Amina Christi - Prayer** - possibly by St. Ignatius of Loyola

**Soul of Christ, sanctify me, Body of Christ, save me,  
Blood of Christ, inebriate me.**

**Water from the side of Christ, wash me.**

**Passion of Christ, strengthen me. O good Jesus, hear me.**

**Suffer me not to be separated from Thee.**

**From the malignant enemy defend me.**

**In the hour of death call me. And bid me come to Thee.**

**That with Thy Saints, I may praise Thee. Forever and ever. Amen.**

## Act of Reparation to the Immaculate Heart of Mary

Most Holy Virgin, and Our Mother, we listen with grief to the complaints of your Immaculate Heart, surrounded with the thorns placed therein at every moment, by the blasphemies and ingratitude of ungrateful humanity. We are moved by the ardent desire of loving you as Our Mother and of promising a true devotion to Your Immaculate Heart. We therefore kneel before You to manifest the sorrow we feel for the grievances that people cause You, and to atone by our prayers and sacrifices for the offences with which they return your love. Obtain for them and for us the pardon of so many sins. Hasten the conversion of sinners that they may love Jesus Christ and cease to offend the Lord, already so much offended. Turn your eyes of mercy toward us, that we may love God with all our heart on earth and enjoy Him forever in Heaven. Amen.

## Hymn - Angels of God - to the tune of Tell out my Soul

1. Angels of God, you see the Father's face,  
sharing his splendour, clothed in fire and flame;  
Worshipping him, the terrible, and great,  
Singing for ever, Holy is his name.
2. Angels, you sang when Christ came down  
to earth,  
Gave him your comfort in the hour of dread.  
Solaced his spirit, anguished and alone,  
shouted his triumph, risen from the dead.
3. Angels, archangels, when he comes again,  
Compassed in glory, fearful in his might,  
Open for him the King's eternal gates;  
Then will he lead his faithful into light.
4. When to the Father, Son and Spirit blest,  
Angles and men united worship bring.  
From all creation, from the world unseen,  
Up to the Godhead perfect praise will spring.

## Be Still

1. Be still and know that I am God (3)
2. I am the Lord that healeth thee (3)
3. In thee, O Lord, I put my trust (3)

## Fatima Prayers of Adoration & Reparation

1. O Most Holy Trinity, I adore You. My God, my God, I love You in the Most Blessed Sacrament.
2. O Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those in most need of Thy mercy.
3. My God, I believe, I adore, I hope, and I love You; I ask pardon of You for those who do not believe, do not adore, do not hope, and do not love You.
4. Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly. I offer You the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifference by which He is offended. And through the infinite merits of His Most Sacred Heart, and of the Immaculate Heart of Mary, I beg of You the conversion of poor sinners.
5. O Jesus, this is for love of You, for the conversion of sinners, for the Holy Father, and in reparation for the sins committed against the Immaculate Heart of Mary. (Jacinta added "the Holy Father").



## Wisdom from Venerable Sr. Lucia

**“And let us not waver or move away from the Church when we see imperfections in some of her members, because, individually, we are all weak and sinful. But the Church does not cease to be holy for all that: holy in her laws and in the doctrine entrusted to her by God, holy in her Head, Jesus Christ, her divine Founder and Saviour, holy in the divine Spirit which animates and helps her, and in the life of grace generated and nourished by the Sacraments.”**

**Venerable Sr Lucia said:** “War and peace in the world depend on the celebration of this devotion (*the First Saturdays*) and the consecration to the Hearts of Jesus and Mary connected to it. Therefore I wished so much these were spread, and much more because it is the will of our good God and our beloved Heavenly Mother.”

**Little Saint Jacinta said the following to Lucia, not long before going to the hospital in Lisbon where she died.** Read them, as if these very words are being said to you in this moment!

***“God grants us graces through the Immaculate Heart of Mary - When you are to say this, don’t go and hide! Tell everybody that God grants us graces through the Immaculate Heart of Mary; that people are to ask her for them; and that the Heart of Jesus wants the Immaculate Heart of Mary to be venerated at his side. Tell them also to pray to the Immaculate Heart of Mary for peace, since God has entrusted it to her. If only I could put into the hearts of all, the fire that is burning within my own heart, and that makes me love the Hearts of Jesus and Mary so very much.”***

## Hymn for Adoration -

1. Sweet Sacrament divine,  
hid in thine earthly home,  
lo, round thy lowly shrine,  
with suppliant hearts we come;  
Jesus, to thee our voice we raise  
in songs of love and heartfelt praise  
Sweet Sacrament divine.

2. Sweet Sacrament of peace,  
dear home of every heart,  
where restless yearnings cease  
and sorrows all depart;  
there in thine ear all trustfully  
we tell our tale of misery  
Sweet Sacrament of peace.

## Act of Consecration to the Immaculate Heart of Mary

O Immaculate Heart of Mary, Queen of Heaven and Earth, and tender Mother of men, in accordance with thy ardent wish made known at Fatima, I consecrate to thy Immaculate Heart myself, my brethren, my country and the whole human race. Reign over us, Most Holy Mother of God, and teach us how to make the Heart of Thy Son, Our Lord Jesus Christ reign and triumph in us even as It has reigned and triumphed in thee.

Reign over us, dearest Mother, that we may be thine in prosperity and in adversity; in joy and in sorrow; in health and in sickness; in life and in death. O most compassionate Heart of Mary, Queen of Virgins, watch over our minds and our hearts and preserve them from the deluge of impurity which thou didst lament so sorrowfully at Fatima. We want to be pure like thee. We want to atone for the many sins committed against Jesus and thee. We want to call down upon our country and the whole world the peace of God in justice and charity. Therefore, we now promise to imitate thy virtues by the practice of a Christian life without regard to human respect. We resolve to receive Holy Communion on the First Saturday of every month and to offer thee five decades of the rosary each day together with our sacrifices in a spirit of reparation and penance. Amen.

## The Feast Day of St. Jacinta and St. Francisco is February 20th

St. Francisco once said to Jacinta after receiving Holy Communion before he died:- ***“I am happier than you are because I have the Hidden Jesus within my heart.”***

On adoring the Hidden Jesus he said to Lucia and Jacinta - ***“You go to school, and I’ll stay here in the church, close to the Hidden Jesus. It is not worth my while learning to read as I’ll be going to Heaven very soon.”***