

What should I pack?

Check airline information for specifics related to your flight and ticket type

- Carry-on and Personal *combined* cannot exceed 10kg (22 lbs)
- SIZE limit: 21.5 inches x 15.7 inches x 10 inches per piece
- Briefcases, purses, computers, umbrellas, fanny packs, etc., are all classified as personal items, and should be able to fit beneath the cabin seats
- Check-in bag must weigh under 25kg (52.5 lbs)!
- Overweight or extra bag fees will have to be paid by the individual

You will be living out of your luggage (i.e. nowhere to store or hang your stuff), so pack accordingly. We suggest packing your clothes by outfit/day in Ziploc bags and compressing out the air. This saves space and makes it easier to find/unpack. And, you can store your dirty clothes back in the Ziploc bag.

Clothing

- Clothing material should be lightweight or dry-fit.
- Women should wear dresses that cover knees, no spaghetti straps, conservative look.
- Men may wear long shorts during the day, but must change to long pants for evening church.
- There will be a fair amount of walking, so we recommend good walking, closed-toe shoes. Sandals are fine, even at church services
- Good Socks
- Swimsuits for the hotel pool - Keep them modest
- Pajamas, suitable for public viewing
- Hat/baseball cap

Essential Items

- Passport - Passport/Travel wallets are good idea
- Copy of passport - Keep in separate bag from your actual passport
- Travelers insurance card
- Bible

- Portable fan with extra batteries (or USB)
- Strong Flashlight with extra batteries
- Toiletries (small travel bottles best)
- Toilet Paper
- Soap - Liquid soap in travel bottles work best
- Personal wash cloth and towel
- Small thin towels best for packing (camp towel)
- Sunglasses
- Sunscreen
- Mosquito Repellant
- Anti-itch medication (Chiggerex)
- Liquid Hand Sanitizer
- Small travel bottles are good to carry around with you
- Prescription medicines in a labeled container
- OTC medication/supplements
- Pepto-Bismol / Cipro - Better safe than sorry, act sooner than later
- Water Bottle(s)
- Glasses or Contacts - Bring an extra set of contacts
- Cleaning solution and storage case for contacts
- If you have anything with batteries bring extras
- First aid kit/band aids/blister kit
- Pre-moist towelettes - Great for washing hands, etc. when there is no running water for washing
- Small mirror for shaving, etc.
- Chargers/cables for electronic devices

Optional (but recommended) Items

- Journal (You will be very sorry if you don't write things down as you go... really)
- Pen (What good is a journal without a pen?)
- Ear plugs
- Rain poncho, rain jacket (light weight is best)
- Long sleeve shirt/jacket/sweater for plane and/or rainy days
- Small snacks
- If nothing else, your stomach will welcome food that it is used to

- Pictures of family and friends - The kids in particular are very excited to see any pictures you have of you and your family (and for those that have been there before, pictures of them). Try to learn the Spanish phrases for your family as well.
- Travel Pillow - inflatable camp pillow)
- Pillow case (or 2) and sheets (mummy sheet)
- Electrolyte drink powders
- Coffee mug