

Elementary Breakfast

September - 2026

	1 Tuesday ENTREE - Assorted Cereals - PB&J FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat	2 Wednesday ENTREE - Assorted Cereals - Whole Grain French Toast Sticks FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Yogurt CONDIMENTS - Syrup	3 Thursday ENTREE - Assorted Cereals - Breakfast Sausage Egg and Cheese Nugget FRUIT - Fruit - Fruit VEGETABLE - Mini Hashbrowns MILK - Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - Ketchup - Syrup	4 Friday Teacher Contract Day
7 Monday Labor Day	8 Tuesday ENTREE - Assorted Cereals - Egg - Sausage Link FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - Ketchup	9 Wednesday ENTREE - Assorted Cereals - Breakfast Pizza Bagel FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat	10 Thursday ENTREE - Assorted Cereals - Breakfast Churro FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Yogurt CONDIMENTS - Syrup	11 Friday ENTREE - Assorted Cereals - Assorted Muffins FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Yogurt
14 Monday ENTREE - Assorted Cereals - Donut Holes, Whole Grain	15 Tuesday ENTREE - Assorted Cereals - Breakfast Burrito	16 Wednesday ENTREE - Assorted Cereals - Whole Grain French Toast Sticks	17 Thursday ENTREE - Assorted Cereals - Pancakes	18 Friday ENTREE - Assorted Bread Slice - Assorted Cereals

FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Yogurt	FRUIT • Fruit • Fruit VEGETABLE • Mini Hashbrowns MILK • Chocolate Milk • Milk, 1% Low Fat CONDIMENTS • Ketchup	FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Yogurt CONDIMENTS • Syrup	• Sausage Link FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat CONDIMENTS • Syrup	• Yogurt Parfait FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
ENTREE • Assorted Cereals • Whole Grain Donut FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Yogurt	ENTREE • Assorted Cereals • Bacon • Scrambled Eggs FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat CONDIMENTS • Ketchup	ENTREE • Assorted Cereals • Assorted Muffins FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Yogurt	ENTREE • Assorted Cereals • Pancake Sausage Stick FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat CONDIMENTS • Syrup	ENTREE • Assorted Cereals • Cinnamon Cream Cheese Filled Bagel FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat
28 Monday	29 Tuesday	30 Wednesday		
ENTREE • Assorted Cereals • Donut Holes, Whole Grain FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Yogurt	ENTREE • Assorted Cereals • PB&J FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat	ENTREE • Assorted Cereals • Whole Grain French Toast Sticks FRUIT • Fruit • Fruit MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Yogurt CONDIMENTS • Syrup		

This institution is an equal opportunity provider.

Secondary Breakfast

September - 2026

	1 Tuesday ENTREE - Assorted Cereals - Bacon - Scrambled Eggs FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - Ketchup 1 oz cup	2 Wednesday ENTREE - Assorted Cereals - Breakfast Churro FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - Syrup	3 Thursday ENTREE - Assorted Bread Slice - Assorted Cereals - Yogurt Parfait FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat	4 Friday Teacher Contract Day
7 Monday Labor Day	8 Tuesday ENTREE - Assorted Cereals - Ham and Swiss Croissant FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat	9 Wednesday ENTREE - Assorted Cereals - Whole Grain French Toast Sticks FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - Syrup	10 Thursday ENTREE - Assorted Cereals - Sausage Link - Pretzel Bites FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat	11 Friday ENTREE - Assorted Cereals - Breakfast Pizza Bagel FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat
14 Monday ENTREE - Assorted Cereals - Whole Grain Donut FRUIT - Fruit - Fruit MILK	15 Tuesday ENTREE - Assorted Cereals - Breakfast Burrito FRUIT - Fruit - Fruit MILK	16 Wednesday ENTREE - Assorted Cereals - PB&J FRUIT - Fruit - Fruit MILK	17 Thursday ENTREE - Assorted Bread Slice - Assorted Cereals - Yogurt Parfait FRUIT - Fruit - Fruit	18 Friday ENTREE - Assorted Cereals - Pancakes FRUIT - Fruit - Fruit MILK

- Chocolate Milk - Milk, 1% Low Fat	- Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - SALSA	- Chocolate Milk - Milk, 1% Low Fat DESSERT - Yogurt	MILK - Chocolate Milk - Milk, 1% Low Fat	- Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - Syrup
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
ENTREE - Assorted Cereals - French Toast Sausage Tornado FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - Syrup	ENTREE - Assorted Cereals - Breakfast Pizza FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat	ENTREE - Assorted Cereals - Assorted Muffins FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat	ENTREE - Assorted Cereals - Pancake Sausage Stick FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - Syrup	ENTREE - Assorted Cereals - Cinnamon Cream Cheese Filled Bagel FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat
28 Monday	29 Tuesday	30 Wednesday		
ENTREE - Assorted Cereals - Donut Holes, Whole Grain FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat	ENTREE - Assorted Cereals - Bacon - Scrambled Eggs FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - Ketchup 1 oz cup	ENTREE - Assorted Cereals - Breakfast Churro FRUIT - Fruit - Fruit MILK - Chocolate Milk - Milk, 1% Low Fat CONDIMENTS - Syrup		

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Elementary Lunch

September - 2026

	1 Tuesday ENTREE - Nachos FRUIT - Blueberries - Mandarin Oranges VEGETABLE - Corn - Black Beans MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Creamie	2 Wednesday ENTREE - French Toast Sticks, Whole Grain - Sausage Link FRUIT - Assorted Fruit Juice - Strawberries VEGETABLE - Hash Browns - Sweet Potato Puffs MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Oatmeal Cookie	3 Thursday ENTREE - Pizza Ripper FRUIT - Apples - Pineapple VEGETABLE - Cherry Tomato - Cucumber - Green Salad MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Ginger Snap Cookie	4 Friday Teacher Contract Day
7 Monday Labor Day	8 Tuesday ENTREE - Spaghetti FRUIT - Mandarin Oranges - Pears VEGETABLE - Baby Carrots - Green Peas GRAIN - Garlic Breadsticks MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Yogurt	9 Wednesday ENTREE - Mini Corndogs, Whole grain FRUIT - Assorted Fruit Juice - Mixed Berry Cup VEGETABLE - Baked Beans - Crinkle Fries MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Frozen Fruit Juice	10 Thursday ENTREE - Personal Pizza FRUIT - Apples - Pineapple VEGETABLE - Cherry Tomato - Cucumber - Green Salad MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Double Chocolate Chip Cookie	11 Friday ENTREE - Chicken Nuggets FRUIT - Fresh Orange - Strawberries VEGETABLE - Fresh broccoli - Shoestring Fries MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - White Cake
14 Monday ENTREE - Hamburger Gravy FRUIT - Applesauce - Peaches VEGETABLE - Green Beans - Mashed Potatoes GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Jello	15 Tuesday ENTREE - Hot Dog FRUIT - Mandarin Oranges - Pears VEGETABLE - Carrot and Celery Cup - Spiral Fries GRAIN - Hot Dog Bun MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Graham Cracker Snacks	16 Wednesday ENTREE - Pancake Sausage Stick FRUIT - Assorted Fruit Juice - Strawberries VEGETABLE - Hash Browns - Sweet Potato Puffs MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Yogurt	17 Thursday ENTREE - Papa Murphy's Pizza, Elementary FRUIT - Apples - Pineapple VEGETABLE - Cherry Tomato - Cucumber - Green Salad MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Cookie Dough	18 Friday ENTREE - Chicken Sandwich, Gold Creek FRUIT - Apples VEGETABLE - Baby Carrots - Baked Beans GRAIN - Potato Chips MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Chocolate Chip Cookie

21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
ENTREE • Teriyaki Chicken FRUIT • Applesauce • Peaches VEGETABLE • Broccoli Normandy • Edamame GRAIN • Brown Rice MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Fortune Cookie	ENTREE • Hamburger FRUIT • Fresh Orange • Mixed Berry Cup VEGETABLE • Baked Beans • Potato Wedges GRAIN • Whole Grain Bun MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Ginger Snap Cookie MEAT/MEAT ALTERNATIVE • Cheddar Cheese Slice	ENTREE • Popcorn Chicken FRUIT • Pears • Strawberries VEGETABLE • Crinkle Fries • Glazed Carrots MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Rice Krispie Treat	ENTREE • Mozzarella Stuffed Breadstick FRUIT • Apples • Pineapple VEGETABLE • Cherry Tomato • Cucumber • Green Salad MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Chocolate Cake	ENTREE • Grilled Cheese Bites FRUIT • Assorted Fruit Juice • Mandarin Oranges VEGETABLE • Fresh broccoli • Shoestring Fries • Tomato Soup MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Mrs Fields Chocolate Chip Cookie
28 Monday	29 Tuesday	30 Wednesday		
ENTREE • Chicken Patty, Whole Grain FRUIT • Applesauce • Peaches VEGETABLE • Green Beans • Mashed Potatoes GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Jello	ENTREE • Soft Taco FRUIT • Blueberries • Mandarin Oranges VEGETABLE • Corn • Black Beans • Tater Tots MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Snickerdoodle Cookie MEAT/MEAT ALTERNATIVE • Cheese, Cheddar, Shredded	ENTREE • Pancakes • Sausage Patty FRUIT • Assorted Fruit Juice • Strawberries VEGETABLE • Hash Browns • Sweet Potato Puffs MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Yogurt		

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MMS Lunch

September - 2026

	1 Tuesday ENTREE • BBQ Pork Sandwich • Chicken Sandwich, Gold Creek • Spicy Chicken Sandwich, Gold Creek FRUIT • Applesauce • Fresh Fruit • Peaches VEGETABLE • Baby Carrots • Baked Beans • Waffle Fries GRAIN • Whole Grain Bun MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Chocolate Chip Cookie	2 Wednesday ENTREE • Chicken Bacon Ranch Salad • Chicken Taco • Popcorn Chicken FRUIT • Applesauce • Fresh Fruit • Peaches VEGETABLE • Green Beans • Shoestring Fries GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Jello MEAT/MEAT ALTERNATIVE • Cheese, Cheddar, Shredded	3 Thursday ENTREE • Mini Corn Dog, Whole Grain • Personal Pizza FRUIT • Fresh Fruit • Mandarin Oranges • Pineapple VEGETABLE • Cherry Tomato • Cucumber • Green Salad MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Sugar Cookie	4 Friday Teacher Contract Day
7 Monday Labor Day	8 Tuesday ENTREE • Popcorn Chicken • Sweet Pork Salad FRUIT • Blueberries • Fresh Fruit • Pears VEGETABLE • Corn • Black Beans • Waffle Fries MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Graham Cracker Snacks	9 Wednesday ENTREE • Baked Potato • Chicken Bacon Ranch Salad • Italian Dogs FRUIT • Fresh Fruit • Fruit Cocktail • Peaches VEGETABLE • Shoestring Fries • Steamed Broccoli GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Frozen Fruit Juice MEAT/MEAT ALTERNATIVE • Cheese, Cheddar, Shredded • Ham, Cooked, Diced	10 Thursday ENTREE • Mini Calzone • Mini Corn dogs, Whole grain FRUIT • Fresh Fruit • Mandarin Oranges • Pineapple VEGETABLE • Cherry Tomato • Cucumber • Green Salad MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Cookie Dough	11 Friday ENTREE • French Toast Sausage Tornado • Pancakes • Sausage Link FRUIT • Assorted Juice • Fresh Fruit • Frozen Peach Cup VEGETABLE • Baby Carrots • Mini Hashbrowns MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Yogurt
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday

ENTREE - Chicken Sandwich, Gold Creek - Crisp Chicken Salad - Hamburger - Spicy Chicken Sandwich, Gold Creek FRUIT - Fresh Fruit - Peaches - Pineapple VEGETABLE - Baby Carrots - Celery - Spiral Fries GRAIN - WG Dinner Roll - Whole Grain Bun MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Chocolate Grapefruit Cake MEAT/MEAT ALTERNATIVE - Cheddar Cheese Slice	ENTREE - Chicken Caesar Salad - Corn Dog - Italian Dunkers FRUIT - Fresh Fruit - Mandarin Oranges - Peaches VEGETABLE - Fresh broccoli - Glazed Carrots - Potato Wedges GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Rice Krispie Treat	ENTREE - Chicken Alfredo - Chicken Bacon Ranch Salad - Mini Corndogs, Whole grain FRUIT - Applesauce - Fresh Fruit - Pears VEGETABLE - Baby Carrots - Green Peas - Tater Tots GRAIN - Garlic Breadsticks MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Peanut Butter Cookies	ENTREE - Mini Corndogs, Whole grain - Papa Murphy's Pizza FRUIT - Fresh Fruit - Mandarin Oranges - Pineapple VEGETABLE - Cherry Tomato - Cucumber - Green Salad MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Chocolate Chip Cookie	ENTREE - Chicken Caesar Salad - Chicken Tenders - Chicken Tenders, Hot and Spicy, Whole Grain - Mozzarella Stuffed Breadstick FRUIT - Fresh Fruit - Mixed Berry Cup - Pears VEGETABLE - Baby Carrots - Baked Beans - Sweet Potato Puffs MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Frozen Fruit Juice
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
ENTREE - Chicken Nuggets - Corn Dog - Crisp Chicken Salad - Macaroni and Cheese FRUIT - Applesauce - Fresh Fruit - Fruit Cocktail VEGETABLE - Baby Carrots - Steamed Broccoli MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - White Cake	ENTREE - Chicken Caesar Salad - Hamburger - Ramen FRUIT - Fresh Fruit - Pineapple - Strawberries VEGETABLE - Celery - Black Beans - Potato Wedges GRAIN - Whole Grain Bun MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Ginger Snap Cookie MEAT/MEAT ALTERNATIVE - Cheddar Cheese Slice	ENTREE - Chicken Bacon Ranch Salad - Chicken Patty, Whole Grain - Popcorn Chicken FRUIT - Fresh Fruit - Mandarin Oranges - Pears VEGETABLE - Crinkle Fries - Green Beans - Mashed Potatoes GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Jello	ENTREE - Mini Corndogs, Whole grain - Pizza Ripper FRUIT - Fresh Fruit - Mandarin Oranges - Pineapple VEGETABLE - Cherry Tomato - Cucumber - Green Salad MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Cookie Dough	ENTREE - Chicken Taquito - Mini French Toast - Sausage Link FRUIT - Applesauce - Fresh Fruit - Fruit Cocktail VEGETABLE - Baby Carrots - Hash Browns MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Yogurt
28 Monday	29 Tuesday	30 Wednesday		
ENTREE - Chef Salad - Corn Dog - Teriyaki Chicken FRUIT - Fresh Fruit - Frozen Peach Cup - Pineapple	ENTREE - Chicken Sandwich, Gold Creek - Soft Taco - Spicy Chicken Sandwich, Gold Creek - Taco Salad FRUIT - Applesauce - Fresh Fruit	ENTREE - Chicken Bacon Ranch Salad - Chicken Nuggets - Roast Beef Sliders FRUIT - Fresh Fruit - Peaches - Pears		

VEGETABLE • Mixed Vegetables • Spiral Fries GRAIN • Brown Rice MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Frozen Fruit Juice	• Strawberries VEGETABLE • Corn • Tater Tots GRAIN • Whole Grain Bun MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Mrs Fields Chocolate Chip Cookie MEAT/MEAT ALTERNATIVE • Cheese, Cheddar, Shredded	VEGETABLE • Carrot and Celery Cup • Waffle Fries GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Fruit Snack		
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MGMS Lunch

September - 2026

	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
	ENTREE • Corn Dog • Crisp Taco, Secondary • Taco Salad FRUIT • Applesauce • Fresh Fruit • Fruit Cocktail VEGETABLE • Baby Carrots • Corn • Black Beans • Tater Tots MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Double Chocolate Chip Cookie MEAT/MEAT ALTERNATIVE • Cheese, Cheddar, Shredded	ENTREE • Chicken Patty, Whole Grain • Popcorn Chicken • Veggie and Hummus Box FRUIT • Assorted Juice • Fresh Fruit • Pears VEGETABLE • Fries • Green Beans • Mashed Potatoes GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Jello MEAT/MEAT ALTERNATIVE • String Cheese	ENTREE • Chef Salad • Cowboy Lasagna • Mini Corn Dog, Whole Grain FRUIT • Applesauce • Fresh Fruit • Pears VEGETABLE • Chick Peas, Low Sodium • Crinkle Cut Fries • Fresh broccoli GRAIN • Garlic Breadsticks MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Apple Betty	Teacher Contract Day
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
Labor Day	ENTREE • Chicken Caesar Salad • Chicken Sandwich, Gold Creek • Mozzarella Stuffed Breadstick • Spicy Chicken Sandwich, Gold Creek FRUIT • Fresh Fruit • Mixed Berry Cup • Pears VEGETABLE • Baby Carrots • Baked Beans • Sweet Potato Puffs MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • White Cake	ENTREE • Baked Potato • BLT Salad • Popcorn Chicken FRUIT • Applesauce • Fresh Fruit • Fruit Cocktail VEGETABLE • Cauliflower • Fresh broccoli • Shoestring Fries GRAIN • Mini Sweet Bread MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Chocolate Chip Cookie MEAT/MEAT ALTERNATIVE • Cheese, Cheddar, Shredded • Ham, Cooked, Diced	ENTREE • Mini Corn dogs, Whole grain • Personal Pizza FRUIT • Fresh Fruit • Mandarin Oranges • Pineapple VEGETABLE • Cherry Tomato • Cucumber • Green Salad • Green Peas MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Cookie Dough	ENTREE • Chicken Tenders • Chicken Tenders, Hot and Spicy, Whole Grain • Pancakes • Sausage Link FRUIT • Assorted Juice • Fresh Fruit • Strawberries VEGETABLE • Baby Carrots • Hash Browns MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Yogurt

14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
ENTREE - Chicken Sandwich, Gold Creek - Crisp Chicken Salad - Hamburger - Spicy Chicken Sandwich, Gold Creek FRUIT - Fresh Fruit - Peaches - Pineapple VEGETABLE - Baby Carrots - Celery - Spiral Fries GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Chocolate Cake	ENTREE - Corn Dog - Grilled Cheese Bites - Oriental Chicken Salad FRUIT - Applesauce - Fresh Fruit - Fruit Cocktail VEGETABLE - Tomato Soup - Fresh broccoli - Glazed Carrots - Potato Wedges MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Frozen Fruit Juice	ENTREE - Popcorn Chicken - Sweet Pork Salad - Veggie and Hummus Box FRUIT - Blueberries - Fresh Fruit - Orange Tangerine Juice VEGETABLE - Corn - Black Beans - Waffle Fries MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Chocolate Chip Cookie MEAT/MEAT ALTERNATIVE - String Cheese	ENTREE - Mini Corndogs, Whole grain - Papa Murphy's Pizza FRUIT - Fresh Fruit - Mandarin Oranges - Pineapple VEGETABLE - Cherry Tomato - Cucumber - Green Salad MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Cookie Dough	ENTREE - Chicken Tenders - Chicken Tenders, Hot and Spicy, Whole Grain - Mini Calzone FRUIT - Fresh Fruit - Mixed Berry Cup - Pears VEGETABLE - Baby Carrots - Celery - Green Salad MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Rice Krispie Treat
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
ENTREE - Chicken Caesar Salad - Chicken Nuggets - Hot Dog FRUIT - Applesauce - Fresh Fruit - Fruit Cocktail VEGETABLE - Baby Carrots - Crinkle Cut Fries - Steamed Broccoli MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Ginger Snap Cookie	ENTREE - Chicken Fajitas - Chicken Sandwich, Gold Creek - Oriental Chicken Salad - Spicy Chicken Sandwich, Gold Creek FRUIT - Fresh Fruit - Pineapple - Strawberries VEGETABLE - Corn - Black Beans - Potato Wedges GRAIN - Whole Grain Bun MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - White Cake	ENTREE - BLT Salad - Popcorn Chicken - Turkey Gravy FRUIT - Applesauce - Fresh Fruit - Peaches VEGETABLE - Crinkle Cut Fries - Green Beans - Mashed Potatoes GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Jello	ENTREE - Mini Corndogs, Whole grain - Pizza Ripper FRUIT - Fresh Fruit - Mandarin Oranges - Pineapple VEGETABLE - Cherry Tomato - Cucumber - Green Salad MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Cookie Dough	ENTREE - Chicken Tenders - Chicken Tenders, Hot and Spicy, Whole Grain - Mini French Toast - Sausage Link FRUIT - Assorted Juice - Fresh Fruit - Mixed Berry Cup VEGETABLE - Baby Carrots - Potato Fry Smiles MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Yogurt
28 Monday	29 Tuesday	30 Wednesday		
ENTREE - Mini Corndogs, Whole grain - Oriental Chicken Salad - Teriyaki Chicken FRUIT - Assorted Juice - Fresh Fruit - Peaches VEGETABLE	ENTREE - Chicken Sandwich, Gold Creek - Soft Taco - Spicy Chicken Sandwich, Gold Creek - Taco Salad FRUIT - Applesauce - Blueberries - Fresh Fruit	ENTREE - Chicken Caesar Salad - Popcorn Chicken - Southwest Chicken Tornado FRUIT - Fresh Fruit - Fruit Cocktail - Pears VEGETABLE		

• Baby Carrots • Spiral Fries • Steamed Broccoli GRAIN • Brown Rice MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Frozen Fruit Juice	VEGETABLE • Baby Carrots • Corn • Black Beans GRAIN • Whole Grain Bun MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Mrs Fields Chocolate Chip Cookie MEAT/MEAT ALTERNATIVE • Cheese, Cheddar, Shredded	• Green Peas • Potato Wedges GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Jello		
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MHS Lunch

September - 2026

	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
	ENTREE • Corn Dog • Crisp Taco, Secondary • Taco Salad FRUIT • Applesauce • Fresh Fruit • Pears VEGETABLE • Baby Carrots • Corn • Green Salad • Black Beans • Tater Tots GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Mrs Fields Chocolate Chip Cookie MEAT/MEAT ALTERNATIVE • Cheese, Cheddar, Shredded	ENTREE • Chicken Caesar Salad • Popcorn Chicken • Spaghetti FRUIT • Fresh Fruit • Mandarin Oranges • Pears VEGETABLE • Fries • Green Beans • Green Salad GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Sugar Cookie	ENTREE • BLT Salad • Mini Corndogs, Whole grain • Papa Murphy's Pizza FRUIT • Fresh Fruit • Mandarin Oranges • Pineapple VEGETABLE • Cherry Tomato • Cucumber • Green Salad • Potato Wedges GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Cookie Dough	Teacher Contract Day
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
Labor Day	ENTREE • Bean and Cheese Burrito • Nachos • Taco Salad FRUIT • Fresh Fruit • Fruit Cocktail • Mandarin Oranges VEGETABLE • Baby Carrots • Corn • Green Salad • Refried Beans • Tater Tots GRAIN • Tortilla Chips, Corn MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Apple Betty	ENTREE • BLT Salad • Chicken Fillet • Popcorn Chicken FRUIT • Fresh Fruit • Fruit Cocktail • Peaches VEGETABLE • Crinkle Fries • Green Beans • Green Salad • Mashed Potatoes • Steamed Broccoli GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Chocolate Chip Cookie	ENTREE • Chef Salad • Cowboy Lasagna • Italian Dogs FRUIT • Applesauce • Fresh Fruit • Pears VEGETABLE • Crinkle Fries • Fresh broccoli • Green Peas • Green Salad GRAIN • Garlic Breadsticks MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Pumpkin Cookie	ENTREE • Chicken Taquito • Pancakes • Sausage Link FRUIT • Assorted Juice • Fresh Fruit • Frozen Peach Cup VEGETABLE • Baby Carrots • Green Salad • Mini Hashbrowns GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Yogurt

14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
ENTREE - Chicken Sandwich, Gold Creek - Hamburger - Oriental Chicken Salad - Spicy Chicken Sandwich, Gold Creek FRUIT - Fresh Fruit - Peaches - Pineapple VEGETABLE - Baby Carrots - Celery - Green Salad - Spiral Fries GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Chocolate Grapefruit Cake MEAT/MEAT ALTERNATIVE - Cheddar Cheese Slice	ENTREE - Chicken Caesar Salad - Corn Dog - Italian Dunkers FRUIT - Fresh Fruit - Mandarin Oranges - Peaches VEGETABLE - Baby Carrots - Green Salad - Potato Wedges - Steamed Broccoli MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Frozen Fruit Juice	ENTREE - Popcorn Chicken - Sweet Pork Salad FRUIT - Blueberries - Fresh Fruit - Pears VEGETABLE - Corn - Green Salad - Black Beans - Waffle Fries GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Chocolate Chip Cookie	ENTREE - Chicken Bacon Ranch Salad - Mini Corndogs, Whole grain - Papa Murphy's Pizza FRUIT - Fresh Fruit - Mandarin Oranges - Pineapple VEGETABLE - Cherry Tomato - Cucumber - Green Salad - Potato Wedges GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Cookie Dough	ENTREE - Chicken Caesar Salad - Chicken Tenders - Chicken Tenders, Hot and Spicy, Whole Grain - Mozzarella Stuffed Breadstick FRUIT - Fresh Fruit - Mixed Berry Cup - Pears VEGETABLE - Baked Beans - Carrot and Celery Cup - Green Salad - Sweet Potato Puffs GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Yogurt
21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday
ENTREE - Chicken Caesar Salad - Corn Dog - Hamburger - Macaroni and Cheese FRUIT - Applesauce - Fresh Fruit - Fruit Cocktail VEGETABLE - Baby Carrots - Fresh broccoli - Green Salad GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Double Chocolate Chip Cookie	ENTREE - Chicken Fajitas - Chicken Sandwich, Gold Creek - Spicy Chicken Sandwich, Gold Creek - Taco Salad FRUIT - Fresh Fruit - Pears - Pineapple - Strawberries VEGETABLE - Celery - Green Salad - Black Beans - Potato Wedges MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - White Cake	ENTREE - BLT Salad - Country Fried Beef Steak - Popcorn Chicken FRUIT - Applesauce - Fresh Fruit - Peaches VEGETABLE - Crinkle Fries - Green Beans - Green Salad - Mashed Potatoes GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Jello	ENTREE - Chicken Caesar Salad - Mini Calzone - Mini Corndogs, Whole grain FRUIT - Applesauce - Fresh Fruit - Pears VEGETABLE - Baby Carrots - Green Peas - Green Salad - Tater Tots GRAIN - Garlic Breadsticks MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Oatmeal Cookie	ENTREE - BBQ Pork Sandwich - Chicken Nuggets FRUIT - Applesauce - Fresh Fruit - Peaches VEGETABLE - Baby Carrots - Baked Beans - Green Salad - Waffle Fries GRAIN - WG Dinner Roll MILK - Chocolate Milk - Milk, 1% Low Fat DESSERT - Freezer Cookies
28 Monday	29 Tuesday	30 Wednesday		
ENTREE - Chef Salad - Mini Corndogs, Whole grain - Teriyaki Chicken FRUIT - Fresh Fruit	ENTREE - Chicken Sandwich, Gold Creek - Soft Taco - Spicy Chicken Sandwich, Gold Creek - Taco Salad FRUIT	ENTREE - BLT Salad - Chicken Nuggets - Roast Beef Sliders FRUIT - Fresh Fruit		

• Frozen Peach Cup • Pineapple VEGETABLE • Green Salad • Mixed Vegetables • Spiral Fries GRAIN • Brown Rice • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Frozen Fruit Juice	• Applesauce • Fresh Fruit • Strawberries VEGETABLE • Baby Carrots • Corn • Green Salad • Black Beans • Tater Tots MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Mrs Fields Chocolate Chip Cookie MEAT/MEAT ALTERNATIVE • Cheese, Cheddar, Shredded	• Peaches • Pears VEGETABLE • Baby Carrots • Celery • Green Salad • Waffle Fries GRAIN • WG Dinner Roll MILK • Chocolate Milk • Milk, 1% Low Fat DESSERT • Apple Betty		
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