Elementary Breakfast
November - 2026

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
ENTREE • Assorted Cereals • French Toast Sausage Tornado **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt	**ENTREE** • Assorted Cereals • Egg • Sausage Link **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Breakfast Pizza Bagel **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Breakfast Churro **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt	**ENTREE** • Assorted Cereals • Assorted Muffins **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt
9 Monday	10 Tuesday	11 Wednesday	12 Thursday	13 Friday
Teacher Contract Day	**ENTREE** • Assorted Cereals • Breakfast Burrito **FRUIT** • Fruit • Fruit **VEGETABLE** • Mini Hashbrowns **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Whole Grain French Toast Sticks **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt	**ENTREE** • Assorted Cereals • Pancakes • Sausage Link **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Bread Slice • Assorted Cereals • Yogurt Parfait **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat
16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday
ENTREE • Assorted Cereals • Whole Grain Donut **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt	**ENTREE** • Assorted Cereals • Bacon • Scrambled Eggs **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Assorted Muffins **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt	**ENTREE** • Assorted Cereals • Pancake Sausage Stick **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Cinnamon Cream Cheese Filled Bagel **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat
23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday
ENTREE • Assorted Cereals • Donut Holes, Whole Grain **FRUIT**	**ENTREE** • Assorted Cereals • PB&J **FRUIT**	**Thanksgiving Break**	**Thanksgiving Break**	**Thanksgiving Break**

• Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt	• Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat			
30 **Monday** **ENTREE** • Assorted Cereals • French Toast Sausage Tornado **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt				

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Secondary Breakfast
November - 2026

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
ENTREE • Assorted Cereals • Breakfast Sausage Egg and Cheese Nugget **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Ham and Swiss Croissant **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Whole Grain French Toast Sticks **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Pretzel Bites • Sausage Link **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Breakfast Pizza Bagel **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat
9 **Monday**	**10** **Tuesday**	**11** **Wednesday**	**12** **Thursday**	**13** **Friday**
Teacher Contract Day	**ENTREE** • Assorted Cereals • Breakfast Burrito **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • PB&J **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt	**ENTREE** • Assorted Bread Slice • Assorted Cereals • Yogurt Parfait **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Pancakes **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat
16 **Monday**	**17** **Tuesday**	**18** **Wednesday**	**19** **Thursday**	**20** **Friday**
ENTREE • Assorted Cereals • French Toast Sausage Tornado **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Breakfast Pizza **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Assorted Muffins **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Pancake Sausage Stick **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat	**ENTREE** • Assorted Cereals • Cinnamon Cream Cheese Filled Bagel **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat
23 **Monday**	**24** **Tuesday**	**25** **Wednesday**	**26** **Thursday**	**27** **Friday**
ENTREE • Assorted Cereals • Donut Holes, Whole Grain **FRUIT** • Fruit • Fruit **MILK**	**ENTREE** • Assorted Cereals • Bacon • Scrambled Eggs **FRUIT** • Fruit • Fruit	**Thanksgiving Break**	**Thanksgiving Break**	**Thanksgiving Break**

• Chocolate Milk • Milk, 1% Low Fat	**MILK** • Chocolate Milk • Milk, 1% Low Fat			
30 **Monday** **ENTREE** • Assorted Cereals • Breakfast Sausage Egg and Cheese Nugget **FRUIT** • Fruit • Fruit **MILK** • Chocolate Milk • Milk, 1% Low Fat				

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MES Lunch
November - 2026

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
ENTREE • Teriyaki Chicken **FRUIT** • Applesauce • Peaches **VEGETABLE** • Broccoli Normandy • Edamame **GRAIN** • Brown Rice **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Fortune Cookie	**ENTREE** • Hamburger **FRUIT** • Fresh Orange • Mixed Berry Cup **VEGETABLE** • Baked Beans • Potato Wedges **GRAIN** • Whole Grain Bun **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Ginger Snap Cookie **MEAT/MEAT ALTERNATIVE** • Cheddar Cheese Slice	**ENTREE** • Popcorn Chicken **FRUIT** • Pears • Strawberries **VEGETABLE** • Crinkle Fries • Glazed Carrots **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Rice Krispie Treat	**ENTREE** • Mozzarella Stuffed Breadstick **FRUIT** • Apples • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Chocolate Cake	**ENTREE** • Taco Soup **FRUIT** • Assorted Fruit Juice • Mandarin Oranges **VEGETABLE** • Baby Carrots • Fresh broccoli **GRAIN** • Tortilla Strips • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Mrs Fields Chocolate Chip Cookie **MEAT/MEAT ALTERNATIVE** • Cheese, Cheddar, Shredded
9 **Monday**	**10** **Tuesday**	**11** **Wednesday**	**12** **Thursday**	**13** **Friday**
Teacher Contract Day	**ENTREE** • Crisp Taco **FRUIT** • Blueberries • Mandarin Oranges **VEGETABLE** • Corn • Black Beans • Tater Tots **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Snickerdoodle Cookie **MEAT/MEAT ALTERNATIVE** • Cheese, Cheddar, Shredded	**ENTREE** • Mini Waffles • Sausage Link **FRUIT** • Assorted Fruit Juice • Strawberries **VEGETABLE** • Hash Browns • Sweet Potato Puffs **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt	**ENTREE** • Personal Pizza **FRUIT** • Apples • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Chocolate Chip Cookie	**ENTREE** • Macaroni and Cheese **FRUIT** • Fresh Orange • Pears **VEGETABLE** • Glazed Carrots • Steamed Broccoli **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Pumpkin Cookie
16 **Monday**	**17** **Tuesday**	**18** **Wednesday**	**19** **Thursday**	**20** **Friday**
ENTREE • Corn Dog **FRUIT** • Assorted Fruit Juice • Fruit Cocktail **VEGETABLE** • Baby Carrots	**ENTREE** • Italian Dunkers **FRUIT** • Blueberries • Mandarin Oranges **VEGETABLE** • Steamed Broccoli	**ENTREE** • Sweet and Sour Chicken • Vegetable Spring Roll - Whole Grain **FRUIT** • Applesauce • Peaches **VEGETABLE**	**ENTREE** • Papa Murphy's Pizza, Elementary **FRUIT** • Apples • Pineapple **VEGETABLE** • Cherry Tomato	**ENTREE** • Cheese Sauce • Pretzel Bites **FRUIT** • Pears • Strawberries **VEGETABLE**

• Spiral Fries **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Frozen Fruit Juice	**MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Fruit Snack	• Broccoli Normandy • Edamame **GRAIN** • Brown Rice **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Fortune Cookie	• Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cookie Dough	• Corn • Black Beans **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Pumpkin Cake
23 **Monday**	**24** **Tuesday**	**25** **Wednesday**	**26** **Thursday**	**27** **Friday**
ENTREE • French Toast Sticks, Whole Grain • Sausage Link **FRUIT** • Assorted Fruit Juice • Strawberries **VEGETABLE** • Hash Browns • Sweet Potato Puffs **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Oatmeal Cookie	**ENTREE** • Nachos **FRUIT** • Blueberries • Mandarin Oranges **VEGETABLE** • Corn • Black Beans **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Creamie	**Thanksgiving Break**	**Thanksgiving Break**	**Thanksgiving Break**
30 **Monday**				
ENTREE • Chicken Gravy **FRUIT** • Applesauce • Peaches **VEGETABLE** • Green Beans • Mashed Potatoes **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Jello				

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MGES Lunch
November - 2026

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
ENTREE • Teriyaki Chicken **FRUIT** • Applesauce • Peaches **VEGETABLE** • Broccoli Normandy • Edamame **GRAIN** • Brown Rice **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Fortune Cookie	**ENTREE** • Hamburger **FRUIT** • Fresh Orange • Mixed Berry Cup **VEGETABLE** • Baked Beans • Potato Wedges **GRAIN** • Whole Grain Bun **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Ginger Snap Cookie **MEAT/MEAT ALTERNATIVE** • Cheddar Cheese Slice	**ENTREE** • Popcorn Chicken **FRUIT** • Pears • Strawberries **VEGETABLE** • Crinkle Fries • Glazed Carrots **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Rice Krispie Treat	**ENTREE** • Mozzarella Stuffed Breadstick **FRUIT** • Apples • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Chocolate Cake	**ENTREE** • Taco Soup **FRUIT** • Assorted Fruit Juice • Mandarin Oranges **VEGETABLE** • Baby Carrots • Fresh broccoli **GRAIN** • Tortilla Strips • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Mrs Fields Chocolate Chip Cookie **MEAT/MEAT ALTERNATIVE** • Cheese, Cheddar, Shredded
9 **Monday**	**10** **Tuesday**	**11** **Wednesday**	**12** **Thursday**	**13** **Friday**
Teacher Contract Day	**ENTREE** • Crisp Taco **FRUIT** • Blueberries • Mandarin Oranges **VEGETABLE** • Corn • Black Beans • Tater Tots **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Snickerdoodle Cookie **MEAT/MEAT ALTERNATIVE** • Cheese, Cheddar, Shredded	**ENTREE** • Mini Waffles • Sausage Link **FRUIT** • Assorted Fruit Juice • Strawberries **VEGETABLE** • Hash Browns • Sweet Potato Puffs **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt	**ENTREE** • Personal Pizza **FRUIT** • Apples • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Chocolate Chip Cookie	**ENTREE** • Macaroni and Cheese **FRUIT** • Fresh Orange • Pears **VEGETABLE** • Glazed Carrots • Steamed Broccoli **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Pumpkin Cookie
16 **Monday**	**17** **Tuesday**	**18** **Wednesday**	**19** **Thursday**	**20** **Friday**
ENTREE • Corn Dog **FRUIT** • Assorted Fruit Juice • Fruit Cocktail **VEGETABLE** • Baby Carrots	**ENTREE** • Italian Dunkers **FRUIT** • Blueberries • Mandarin Oranges **VEGETABLE** • Steamed Broccoli	**ENTREE** • Sweet and Sour Chicken • Vegetable Spring Roll - Whole Grain **FRUIT** • Applesauce • Peaches **VEGETABLE**	**ENTREE** • Papa Murphy's Pizza, Elementary **FRUIT** • Apples • Pineapple **VEGETABLE** • Cherry Tomato	**ENTREE** • Cheese Sauce • Pretzel Bites **FRUIT** • Pears • Strawberries **VEGETABLE**

• Spiral Fries **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Frozen Fruit Juice	**MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Fruit Snack	• Broccoli Normandy • Edamame **GRAIN** • Brown Rice **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Fortune Cookie	• Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cookie Dough	• Corn • Black Beans **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Pumpkin Cake
23 **Monday**	**24** **Tuesday**	**25** **Wednesday**	**26** **Thursday**	**27** **Friday**
ENTREE • French Toast Sticks, Whole Grain • Sausage Patty **FRUIT** • Assorted Fruit Juice • Strawberries **VEGETABLE** • Hash Browns • Sweet Potato Puffs **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt	**ENTREE** • Nachos **FRUIT** • Blueberries • Mandarin Oranges **VEGETABLE** • Corn • Black Beans **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Creamie	**Thanksgiving Break**	**Thanksgiving Break**	**Thanksgiving Break**
30 **Monday**				
ENTREE • Chicken Gravy **FRUIT** • Applesauce • Peaches **VEGETABLE** • Green Beans • Mashed Potatoes **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Jello				

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MMS Lunch
November - 2026

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
ENTREE • Chicken Sandwich, Gold Creek • Grilled Cheese Bites • Spicy Chicken Sandwich, Gold Creek **FRUIT** • Applesauce • Fresh Fruit • Pears **VEGETABLE** • Baby Carrots • Crinkle Fries • Tomato Soup **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cheese Cake Cup	**ENTREE** • Popcorn Chicken • Sweet Pork Salad **FRUIT** • Blueberries • Fresh Fruit • Pears **VEGETABLE** • Corn • Black Beans • Waffle Fries **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Graham Cracker Snacks	**ENTREE** • Baked Potato • Chicken Bacon Ranch Salad • Italian Dogs **FRUIT** • Fresh Fruit • Fruit Cocktail • Peaches **VEGETABLE** • Shoestring Fries • Steamed Broccoli **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Frozen Fruit Juice **MEAT/MEAT ALTERNATIVE** • Cheese, Cheddar, Shredded • Ham, Cooked, Diced	**ENTREE** • Mini Calzone • Mini Corndogs, Whole grain **FRUIT** • Fresh Fruit • Mandarin Oranges • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cookie Dough	**ENTREE** • French Toast Sausage Tornado • Pancakes • Sausage Link **FRUIT** • Assorted Juice • Fresh Fruit • Frozen Peach Cup **VEGETABLE** • Baby Carrots • Mini Hashbrowns **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt
9 **Monday**	**10** **Tuesday**	**11** **Wednesday**	**12** **Thursday**	**13** **Friday**
Teacher Contract Day	**ENTREE** • Chicken Caesar Salad • Corn Dog • Italian Dunkers **FRUIT** • Fresh Fruit • Mandarin Oranges • Peaches **VEGETABLE** • Fresh broccoli • Glazed Carrots • Potato Wedges **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Rice Krispie Treat	**ENTREE** • Chicken Alfredo • Chicken Bacon Ranch Salad • Mini Corndogs, Whole grain **FRUIT** • Applesauce • Fresh Fruit • Pears **VEGETABLE** • Baby Carrots • Green Peas • Tater Tots **GRAIN** • Garlic Breadsticks **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Peanut Butter Cookies	**ENTREE** • Mini Corndogs, Whole grain • Pepperoni Stuffed Sandwich **FRUIT** • Fresh Fruit • Mandarin Oranges • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cookie Dough	**ENTREE** • Chicken Caesar Salad • Chicken Tenders • Chicken Tenders, Hot and Spicy, Whole Grain • Mozzarella Stuffed Breadstick **FRUIT** • Fresh Fruit • Mixed Berry Cup • Pears **VEGETABLE** • Baby Carrots • Baked Beans • Sweet Potato Puffs **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Frozen Fruit Juice
16 **Monday**	**17** **Tuesday**	**18** **Wednesday**	**19** **Thursday**	**20** **Friday**
ENTREE	**ENTREE**	**ENTREE**	**ENTREE**	**ENTREE**

• Chicken Nuggets • Corn Dog • Crisp Chicken Salad • Macaroni and Cheese **FRUIT** • Applesauce • Fresh Fruit • Fruit Cocktail **VEGETABLE** • Baby Carrots • Steamed Broccoli **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • White Cake	• Chicken Caesar Salad • Chicken Fajitas • Hamburger **FRUIT** • Fresh Fruit • Pineapple • Strawberries **VEGETABLE** • Celery • Black Beans • Potato Wedges **GRAIN** • Whole Grain Bun **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Ginger Snap Cookie **MEAT/MEAT ALTERNATIVE** • Cheddar Cheese Slice	• Turkey Gravy • Popcorn Chicken • Chicken Bacon Ranch Salad **FRUIT** • Fresh Fruit • Mandarin Oranges • Pears **VEGETABLE** • Crinkle Fries • Green Beans • Mashed Potatoes **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Pumpkin Cake	• Mini Corndogs, Whole grain • Papa Murphy's Pizza **FRUIT** • Fresh Fruit • Mandarin Oranges • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Chocolate Chip Cookie	• Mini French Toast • Sausage Link • Strawberry Uncrustables 2.6 oz **FRUIT** • Applesauce • Fresh Fruit • Fruit Cocktail **VEGETABLE** • Baby Carrots • Hash Browns **GRAIN** • Potato Chips **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt
23 **Monday**	**24** **Tuesday**	**25** **Wednesday**	**26** **Thursday**	**27** **Friday**
ENTREE • Chef Salad • Corn Dog • Teriyaki Chicken **FRUIT** • Fresh Fruit • Frozen Peach Cup • Pineapple **VEGETABLE** • Mixed Vegetables • Spiral Fries **GRAIN** • Brown Rice **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Frozen Fruit Juice	**ENTREE** • Mini Corndogs, Whole grain • Pepperoni Stuffed Sandwich **FRUIT** • Fresh Fruit • Mandarin Oranges • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cookie Dough	**Thanksgiving Break**	**Thanksgiving Break**	**Thanksgiving Break**
30 **Monday**				
ENTREE • Crisp Chicken Salad • Hamburger • Orange Chicken **FRUIT** • Fresh Fruit • Peaches • Pineapple **VEGETABLE** • Broccoli Normandy • Edamame • Spiral Fries **GRAIN** • Brown Rice • Whole Grain Bun				

MGMS Lunch
November - 2026

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
ENTREE • Hamburger • Orange Chicken • Oriental Chicken Salad **FRUIT** • Fresh Fruit • Peaches • Pineapple **VEGETABLE** • Broccoli Normandy • Edamame • Spiral Fries **GRAIN** • Brown Rice **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Snack Pack Pudding, Chocolate • Snack Pack Pudding, Vanilla	**ENTREE** • Chicken Caesar Salad • Chicken Sandwich, Gold Creek • Mozzarella Stuffed Breadstick • Spicy Chicken Sandwich, Gold Creek **FRUIT** • Fresh Fruit • Mixed Berry Cup • Pears **VEGETABLE** • Baby Carrots • Baked Beans • Sweet Potato Puffs **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • White Cake	**ENTREE** • Baked Potato • BLT Salad • Popcorn Chicken **FRUIT** • Applesauce • Fresh Fruit • Fruit Cocktail **VEGETABLE** • Cauliflower • Fresh broccoli • Shoestring Fries **GRAIN** • Mini Sweet Bread **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Chocolate Chip Cookie **MEAT/MEAT ALTERNATIVE** • Cheese, Cheddar, Shredded • Ham, Cooked, Diced	**ENTREE** • Mini Corndogs, Whole grain • Personal Pizza **FRUIT** • Fresh Fruit • Mandarin Oranges • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad • Green Peas **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cookie Dough	**ENTREE** • Chicken Tenders • Chicken Tenders, Hot and Spicy, Whole Grain • Pancakes • Sausage Link **FRUIT** • Assorted Juice • Fresh Fruit • Strawberries **VEGETABLE** • Baby Carrots • Hash Browns **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt
9 **Monday**	**10** **Tuesday**	**11** **Wednesday**	**12** **Thursday**	**13** **Friday**
Teacher Contract Day	**ENTREE** • Corn Dog • Grilled Cheese Bites • Oriental Chicken Salad **FRUIT** • Applesauce • Fresh Fruit • Fruit Cocktail **VEGETABLE** • Tomato Soup • Fresh broccoli • Glazed Carrots • Potato Wedges **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Frozen Fruit Juice	**ENTREE** • Popcorn Chicken • Sweet Pork Salad • Veggie and Hummus Box **FRUIT** • Blueberries • Fresh Fruit • Orange Tangerine Juice **VEGETABLE** • Corn • Black Beans • Waffle Fries **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Chocolate Chip Cookie **MEAT/MEAT ALTERNATIVE** • String Cheese	**ENTREE** • Mini Corndogs, Whole grain • Pizza Ripper **FRUIT** • Fresh Fruit • Mandarin Oranges • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cookie Dough	**ENTREE** • Chicken Tenders • Chicken Tenders, Hot and Spicy, Whole Grain • Mini Calzone **FRUIT** • Fresh Fruit • Mixed Berry Cup • Pears **VEGETABLE** • Baby Carrots • Celery • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Rice Krispie Treat
16 **Monday**	**17** **Tuesday**	**18** **Wednesday**	**19** **Thursday**	**20** **Friday**

ENTREE • Chicken Caesar Salad • Chicken Nuggets • Hot Dog **FRUIT** • Applesauce • Fresh Fruit • Fruit Cocktail **VEGETABLE** • Baby Carrots • Crinkle Cut Fries • Steamed Broccoli **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Ginger Snap Cookie	**ENTREE** • Chicken Fajitas • Chicken Sandwich, Gold Creek • Oriental Chicken Salad • Spicy Chicken Sandwich, Gold Creek **FRUIT** • Fresh Fruit • Pineapple • Strawberries **VEGETABLE** • Corn • Black Beans • Potato Wedges **GRAIN** • Whole Grain Bun **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • White Cake	**ENTREE** • BLT Salad • Popcorn Chicken • Turkey Gravy **FRUIT** • Applesauce • Fresh Fruit • Peaches **VEGETABLE** • Crinkle Cut Fries • Green Beans • Mashed Potatoes **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Jello	**ENTREE** • Mini Corndogs, Whole grain • Papa Murphy's Pizza **FRUIT** • Fresh Fruit • Mandarin Oranges • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cookie Dough	**ENTREE** • Chicken Tenders • Chicken Tenders, Hot and Spicy, Whole Grain • Ham and Swiss Croissant **FRUIT** • Assorted Juice • Fresh Fruit • Mixed Berry Cup **VEGETABLE** • Baby Carrots • Potato Fry Smiles **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt
23 **Monday**	**24** **Tuesday**	**25** **Wednesday**	**26** **Thursday**	**27** **Friday**
ENTREE • Mini Corndogs, Whole grain • Oriental Chicken Salad • Teriyaki Chicken **FRUIT** • Assorted Juice • Fresh Fruit • Peaches **VEGETABLE** • Baby Carrots • Spiral Fries • Steamed Broccoli **GRAIN** • Brown Rice **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Frozen Fruit Juice	**ENTREE** • Chicken Sandwich, Gold Creek • Spicy Chicken Sandwich, Gold Creek • Taco Salad • Walking Tacos **FRUIT** • Applesauce • Blueberries • Fresh Fruit **VEGETABLE** • Baby Carrots • Corn • Black Beans **GRAIN** • Whole Grain Bun **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Mrs Fields Chocolate Chip Cookie **MEAT/MEAT ALTERNATIVE** • Cheese, Cheddar, Shredded	**Thanksgiving Break**	**Thanksgiving Break**	**Thanksgiving Break**
30 **Monday**				
ENTREE • Cheddar Cheese Slice • Hamburger • Orange Chicken • Oriental Chicken Salad **FRUIT** • Fresh Fruit • Peaches • Pineapple **VEGETABLE**				

MHS Lunch
November - 2026

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
ENTREE • Hamburger • Orange Chicken • Oriental Chicken Salad **FRUIT** • Fresh Fruit • Peaches • Pineapple **VEGETABLE** • Broccoli Normandy • Edamame • Green Salad • Spiral Fries **GRAIN** • Brown Rice • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Frozen Fruit Juice **MEAT/MEAT ALTERNATIVE** • Cheddar Cheese Slice	**ENTREE** • Bean and Cheese Burrito • Nachos • Taco Salad **FRUIT** • Fresh Fruit • Fruit Cocktail • Mandarin Oranges **VEGETABLE** • Baby Carrots • Corn • Green Salad • Refried Beans • Tater Tots **GRAIN** • Tortilla Chips, Corn **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Apple Betty	**ENTREE** • BLT Salad • Chicken Fillet • Popcorn Chicken **FRUIT** • Fresh Fruit • Fruit Cocktail • Peaches **VEGETABLE** • Crinkle Fries • Green Beans • Green Salad • Mashed Potatoes • Steamed Broccoli **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Chocolate Chip Cookie	**ENTREE** • BLT Salad • Mini Corndogs, Whole grain • Papa Murphy's Pizza **FRUIT** • Fresh Fruit • Mandarin Oranges • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad • Potato Wedges **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cookie Dough	**ENTREE** • Chicken Taquito • Pancakes • Sausage Link **FRUIT** • Assorted Juice • Fresh Fruit • Frozen Peach Cup **VEGETABLE** • Baby Carrots • Green Salad • Mini Hashbrowns **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt
9 **Monday**	**10** **Tuesday**	**11** **Wednesday**	**12** **Thursday**	**13** **Friday**
Teacher Contract Day	**ENTREE** • Chicken Caesar Salad • Corn Dog • Italian Dunkers **FRUIT** • Fresh Fruit • Mandarin Oranges • Peaches **VEGETABLE** • Baby Carrots • Green Salad • Potato Wedges • Steamed Broccoli **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Frozen Fruit Juice	**ENTREE** • Popcorn Chicken • Sweet Pork Salad **FRUIT** • Blueberries • Fresh Fruit • Pears **VEGETABLE** • Corn • Green Salad • Black Beans • Waffle Fries **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Chocolate Chip Cookie	**ENTREE** • Chicken Caesar Salad • Mini Calzone • Mini Corndogs, Whole grain **FRUIT** • Applesauce • Fresh Fruit • Pears **VEGETABLE** • Baby Carrots • Green Peas • Green Salad • Tater Tots **GRAIN** • Garlic Breadsticks **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Oatmeal Cookie	**ENTREE** • Chicken Caesar Salad • Chicken Tenders • Chicken Tenders, Hot and Spicy, Whole Grain • Mozzarella Stuffed Breadstick **FRUIT** • Fresh Fruit • Mixed Berry Cup • Pears **VEGETABLE** • Baked Beans • Carrot and Celery Cup • Green Salad • Sweet Potato Puffs **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Yogurt

16 Monday	17 Tuesday	18 Wednesday	19 Thursday	20 Friday
ENTREE • Chicken Caesar Salad • Corn Dog • Hamburger • Macaroni and Cheese **FRUIT** • Applesauce • Fresh Fruit • Fruit Cocktail **VEGETABLE** • Baby Carrots • Fresh broccoli • Green Salad **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Double Chocolate Chip Cookie	**ENTREE** • Chicken Fajitas • Chicken Sandwich, Gold Creek • Spicy Chicken Sandwich, Gold Creek • Taco Salad **FRUIT** • Fresh Fruit • Pears • Pineapple • Strawberries **VEGETABLE** • Celery • Green Salad • Black Beans • Potato Wedges **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • White Cake	**ENTREE** • BLT Salad • Popcorn Chicken • Turkey, Roasted **FRUIT** • Applesauce • Fresh Fruit • Peaches **VEGETABLE** • Crinkle Fries • Green Beans • Green Salad • Mashed Potatoes **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Pumpkin Cookie	**ENTREE** • Chicken Bacon Ranch Salad • Mini Corndogs, Whole grain • Papa Murphy's Pizza **FRUIT** • Fresh Fruit • Mandarin Oranges • Pineapple **VEGETABLE** • Cherry Tomato • Cucumber • Green Salad • Potato Wedges **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Cookie Dough	**ENTREE** • BBQ Pork Sandwich • Chicken Nuggets **FRUIT** • Applesauce • Fresh Fruit • Peaches **VEGETABLE** • Baby Carrots • Baked Beans • Green Salad • Waffle Fries **GRAIN** • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Freezer Cookies
23 Monday	24 Tuesday	25 Wednesday	26 Thursday	27 Friday
ENTREE • Chef Salad • Mini Corndogs, Whole grain • Teriyaki Chicken **FRUIT** • Fresh Fruit • Frozen Peach Cup • Pineapple **VEGETABLE** • Green Salad • Mixed Vegetables • Spiral Fries **GRAIN** • Brown Rice • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Frozen Fruit Juice	**ENTREE** • Chicken Sandwich, Gold Creek • Soft Taco • Spicy Chicken Sandwich, Gold Creek • Taco Salad **FRUIT** • Applesauce • Fresh Fruit • Strawberries **VEGETABLE** • Baby Carrots • Corn • Green Salad • Black Beans • Tater Tots **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Mrs Fields Chocolate Chip Cookie **MEAT/MEAT ALTERNATIVE** • Cheese, Cheddar, Shredded	**Thanksgiving Break**	**Thanksgiving Break**	**Thanksgiving Break**
30 Monday				
ENTREE • Crisp Chicken Salad • Hamburger • Orange Chicken **FRUIT** • Fresh Fruit • Peaches				

• Pineapple **VEGETABLE** • Broccoli Normandy • Edamame • Green Salad • Spiral Fries **GRAIN** • Brown Rice • WG Dinner Roll **MILK** • Chocolate Milk • Milk, 1% Low Fat **DESSERT** • Pudding **MEAT/MEAT ALTERNATIVE** • Cheddar Cheese Slice				

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