

Illness Guidelines

Revised 8/9/2025

Temporary exclusion is recommended when:

- The illness prevents the student from participating comfortably in activities
- The illness results in a greater need for care than the staff can provide
- The student has any of the following signs/symptoms:
 - Fever 100.0 F or above until fever free for 24 hours without fever reducing medication
 - Appears ill, flushed, drowsy, lethargic
 - Difficulty breathing
 - Vomiting more than once in 24 hours
 - Mouth sores with uncontrollable, excessive drooling
 - Persistent, worsening pain (throat, stomach, muscle)
 - Oozing skin wound that cannot be covered up
 - Communicable disease or condition as directed by local health department

If the above symptoms are due to an underlying disease that is not contagious (as determined by a healthcare professional) and the student feels well, the exclusion may be waived. Check with your school's nurse.

Hand and surface hygiene continue to be the best way to reduce infections in group care.

Conditions that **may not** require exclusion to control spread of disease:

- Mild, clear, runny noses
- (Pink Eye) red, irritated eyes with minimal white, yellow or watery drainage
- Mild cough, occasional sneezing
- Rash without fever
- Skin sores and wounds that are covered and or dry
- Shingles-herpes zoster caused by varicella if covered and dry
- Thrush white spots or patches in the mouth
- Fifth disease-slapped cheek disease (Parvovirus b-19)
- Lice
- Hand Foot and Mouth Disease
- HIV
- Molluscum Contagiosum
- Croup
- Pinworm
- MRSA if covered and dry

Special Considerations: Return After Diagnosis

- **Measles** four (4) days after onset of rash student may return to school
- **Mumps** five (5) days after onset of parotid gland swelling student may return to school
- **Bacterial skin infection (impetigo)** after treatment has started
- **Strep Throat** until 12 hours after treatment was started
- **Scabies** after treatment begins

- **Fungal skin infection (ringworm)** after treatment begins
- **Rubella** seven (7) days after onset of rash
- **Chickenpox** until all lesions are dry and crusted
- **Pertussis** until after five (5) days of treatment

Source: American Academy of Pediatrics. *Managing infectious diseases in child care and schools*