

Schedule Guide



SUMMER PROGRAMS 2026

CLOSED JUNE 8-13

JULY 2-12

AUGUST 9-15

Summer Training That Moves You Forward

www.danceitforward.dance

Schedule Guide

ENROLLMENT DETAILS!

Enroll from the [HOME PAGE](#) on our website

Exact class & camp descriptions
are on the online enrollment portal.

Questions? Email: CS@danceitforward.org

(Times & Classes may change based on enrollment. Please see website.)

Enrollment opens February 15

Early bird Rate ends April 1, 2026

Use CODE: **EBIRDSUM25**



Flexible * Fun * Focused Training



[***Summer Dress Code Link***](#)



3524 E Market St, York, PA 17402
717-755-MOVE (6683) Call or Text

[**www.danceitforward.dance**](http://www.danceitforward.dance)

Happy Feet KIDS CAMPS

LITTLE STEPS. BIG SMILES. REAL PROGRESS.



Dates	Mornings 9 am to Noon	Afternoons 1-4 pm
June 15-17 3 Day	 Moana Beach Fun Camp	
June 22-24 3 Day	 Once Upon A Time Princess Camp	
June 29-July 1 3 Day	 Bluey Buddies "Stuffy" Camp *	
July 13-15 3 Day	 Aerial Arts/Acro Camp	 Pom Cheer Fly! Camp
July 20-24 5 Day	 Golden K-Pop Stars Camp	 Glinda's Broadway Sparkle Camp
July 27-31 5 Day	 All Stars Dance It All Camp	 Pout Pout Fish...Under The Sea
Aug 3-5 3 Day	 Ballerina Dollhouse Camp **	

Dance Camps give kids the opportunity to make new friends, learn new skills, be creative, and move! Crafts, too. Dancers do not need prior dance experience.

Ages 3-9 Grouped by Age

Camp Type	Early Bird	Regular
3-Day Half Day	\$135	\$150
3-Day Full Day	\$255	\$285
5-Day Half Day	\$199	\$219
5-Day Full Day	\$329	\$349

Stay for lunch from 12-1 pm before or after your camp, add \$10/day if not full day



All About ME Camps

- I Love Ballet*
- I Am A Choreographer*
- I Love The Circus*
- I Love Zootopia*
- I Love Squishmallows!*
- I Love Disney!*

Wednesdays!

- June 17, 5-6 pm*
- June 17, 6-7 pm*
- June 24, 5-6 pm*
- June 24, 6-7 pm*
- July 1, 5-6 pm*
- July 1, 6-7 pm*

General Information for Kids Camps

Participants may wear dance attire or anything comfortable & hair pulled back

No street shoes on the dance floor

Poms will be provided for Pom Camps

*Bluey Camp bring your own stuffy

**Ballerina Dollhouse bring your own doll

Please pack your own snack or lunch & also bring a water bottle each day labeled with student's name

www.danceitforward.dance

Weekly Classes

10% 2nd or 3rd class

July 13 - August 3 \$75
Enjoy Weekly classes in a variety of styles

Class times
listed on website

MONDAYS

MONDAYS

MONDAYS

EARLY CHILDHOOD CLASSES



Introductory classes focused on fun, movement, and confidence!

FWD Tots (Ages 1.5–3)

5:00 pm w/Kylah

FWD Combo (Ages 3–5)

5:00 pm w/Holly

Princess Pre-Ballet (Ages 3–5)

5:00 pm w/Ellie

Primary Ballet (Ages 6–8)

5:45 pm w/Ellie

Pop Combo/Hip Hop Mix (Ages 5–8)

6:30 pm w/Holly

Broadway Kids (Ages 4–7)

6:30 pm w/Ellie

FWD Acro (Ages 3–6)

5:45 pm w/Kylah

FWD Pom/Cheer (Ages 4–7)

5:45 pm w/Holly

CLASSES FOR AGES 7±

Youth Acro Level

6:30 pm w/Kylah

Aerial Arts

7:15 pm w/Chad

Preparatory Ballet 1A / 1X

7:15 pm w/Ellie

Youth Jazz & Contemporary

6:15 pm w/Erin

Youth Hip Hop

5:45 pm w/Erin

Musical Theatre

5:00 pm w/Erin

Contemporary on Pointe (Int/Adv)

4:15 pm w/Pastelle/Erin

ADULT

Ballet & Pointe

7:45 pm w/Pastelle/Erin

Kickstars Performers 55+

7:00 pm w/Pastelle/Erin

General Information for Weekly Classes

Participants should wear Dress Code
Wear hair in a pony tail or bun
No street shoes on the dance floor

Kickstars is open to all adults age 55+



[Summer Dress Code Link](#)



www.danceitforward.dance

Summer Intensive BALLET



Train * Grow * Level Up

Week 1: JULY 20-24 Week 2: July 27-31 Week 3: AUGUST 3-6

The School of Ballet presents the Summer Ballet Intensive. Elevate your training with our elite program designed for dedicated dancers who love ballet. This program offers rigorous, pre-professional instruction to refine artistry, strength, and technical excellence. Large, beautiful studios. Individual attention. Ages 7-20 Early Bird Rate ends on April 1, 2026 Parent Observations on July 24 & 31.

INTERMEDIATE & ADVANCED INTENSIVES

Company Levels Pro-Track

MON - FRI	10 AM - 4 PM	Week 1
MON - FRI	10 AM - 4 PM	Week 2
MON - WED	1 PM - 4 PM	Week 3
THURS	12:30 - 2 PM	Week 3

THRIVE: WELLNESS & CREATIVE BALANCE CLINIC & 1 Weekly Class Included

Early Bird Rate \$995 Regular Rate \$1095

YOUNG DANCER PROGRAM

Ages 7-10

MON - FRI 10-12:30 PM All 3 weeks or choose which weeks
Early Bird Rate \$595 Regular Rate \$625 Weekly Rate \$235

BEGINNER BALLET PROGRAM PRE-INTENSIVE

Ages 5-10

MON - FRI 10-11 AM **July 27-31 Only**
Early Bird Rate \$100 Regular Rate \$125



General Information for Intensives

Proper Ballet Attire with the Hair Slicked & Bunned

No street shoes on the dance floor

Bring a yoga mat or towel

Bring a bagged lunch & a water bottle each day labeled with student's name

Guest Faculty

Ballet Dance professional, Albert Davydov, Deborah Engerman and others to be announced will share their years of training and teaching skills.





Workshop Series COMMERCIAL



Ages 7-20 This well-rounded Commercial Dance Series is designed to immerse dancers into a variety of learning opportunities. Participants engage in a series of high-energy workshops, master classes and clinics led by professionals who specialize in styles such as hip-hop, musical theatre, contemporary and more. The program aims to enhance technical skills, foster creativity, boost confidence and introduce dancers to new skills and choreography.

INTERMEDIATE & ADVANCED

Company/Crew Levels

May take all 4 Workshops; take at least 3 - same price.

Includes THRIVE: WELLNESS & CREATIVE BALANCE Clinic & One Weekly Class (on Mondays)

Early Bird Rate \$495 Regular Rate \$525

Add on additional Workshops & Clinics of your choice

YOUNG DANCER PROGRAM

Ages 7-10

Choose 2 Workshops

Includes 1 Weekly Class (on Mondays)

Early Bird Rate \$135/Workshop Regular Rate \$155

WORKSHOP SERIES

Day/Time

Contemporary & Jazz Dance Workshop

June 15-17 or June 22-24 TBA
Mon-Wed 12 -2 pm

Dance Team/Pom/Hip Hop Workshop

June 15-17 or June 22-24 TBA
Mon-Wed 12 -2 pm

Aerial Arts Workshop

June 29-July 1
Mon-Wed 10 am-noon

Musical Theatre Workshop

July 13-15
Mon-Wed 11 am -1 pm

General Information for Workshops

Proper Dress Code is required.
Hair Neatly Secured Away from face in a pony tail or bun
No street shoes on the dance floor
Bring a yoga mat or towel



[Summer Dress Code Link](#)

Workshop Series

ACRO

Ages: 7+ Each Workshop: 1 Hour
Class Size: Max 10 Students (Register Early!)

Level Placement: Intermediate/Advanced workshops require approval from Kylah

1 hour sessions \$35

Workshop 1: Foundations of Acro

Level: Beginner / Intermediate

6/15, 6/22, 7/13 - 10 am

Focus: Cartwheels, Pre-Aerials, Handstands, Rolls

Required Skills:

- Comfortable attempting cartwheels and rolls
- No prior acro experience required

Workshop 2: Aerials & Advanced Handstand

Level: Intermediate / Advanced (Approval Required)

6/15, 6/22 - 11 am 7/13 - 1 pm

Focus: Handstands, Roundoffs, Aerials

Required Skills:

- Strong cartwheel on both sides
- Ability to hold a handstand

Workshop 4: Walkovers (Front & Back)

Level: Intermediate / Advanced (Approval Required)

6/16, 6/23 - 11 am 7/14 - 1 pm

Focus: Front Walkovers & Back Walkovers

Required Skills:

- Independent backbend
- Independent kickover
- Good shoulder and back flexibility

Workshop 5: Handsprings

Level: Intermediate / Advanced (Approval Required)

6/17, 6/24, 7/15 - 10 am

Focus: Back Handsprings & Front Handsprings

Required Skills:

- Backbend independently
- Kickover independently
- Handstand to bridge without spot

Workshop 3: Backbends & Kickovers

6/16, 6/23, 7/14 - 10 am

Level: Beginner / Intermediate

Focus: Backbends, Kickovers

Required Skills:

- Willingness to attempt backbends
- Bridge with head off the ground

Workshop 6: Flips & Advanced Acro Skills

Level: Intermediate / Advanced (Approval Required)

1:00 PM – 6/17, 6/24 - 11 am 7/15 - 1 pm

Focus: Front & Back Flips, Advanced Tumbling

Required Skills:

- Instructor approval

Additional Opportunities

Private lessons are available for dancers who would like additional individualized training over the summer.

What To Wear

- Leotard with shorts or leggings
- Bare feet
- Hair secured back



Clinics ONE DAY



One-day dance experiences for ages 7+
Build skills, confidence, and reach your goals!
Register Early – Spots Limited!

1 hour sessions \$35
90 min sessions \$50

June Technique & Flexibility Clinic

Build strength, flexibility, and safe stretching habits; all levels

TBA - coming soon!

Leaps & Turns Clinic

Master soaring leaps and perfect turns

TBA - coming soon!

Tap Dance Clinic

Step, stomp, and syncopate with rhythm

TBA - coming soon!

THRIVE: Wellness & Creative Balance

Dance + mindfulness + creative fun

Thurs, Aug 6 12:30-2 pm

Hip Nut Clinic & Audition Prep

*High-energy hip hop training; Hip Nut focused
(required by Crew and those interested in auditioning for the Hip Nut)*

Thurs, Aug 6 2-4 pm

Choreography Clinic

Create, perform, and refine your own dance sequences

TBA - coming soon!

Dance for the Camera

*Learn to pose, shoot & succeed in the digital world
Taught by a professional photographer, Robert Nulph
Photo Session Opportunities following this Clinic*

Thurs, July 16 10:30-noon

**Photo Session Sign-Ups
Slots Available On Portal**



Parents Night Out Kids Studio Lock-In **Coming Soon!**



*Dance, games, and fun while parents relax
Ages 6-16 w/an adult 7-10:45 pm
Members of the NHSDA attend free*



Summer Pool Party **Coming Soon!**

*Celebrate a summer of dance with friends and swimming fun!
Plans are underway...!*

Dance Your Life