

# Schedule Guide



## SUMMER PROGRAMS 2026

June 15 - August 6

Summer Training That Moves You Forward

[www.danceitforward.dance](http://www.danceitforward.dance)

# Schedule Guide

Summer is a prime time for dancers to build skills & get creative!

TRY SOMETHING NEW

DIG DEEPER INTO WHAT YOU ALREADY KNOW THAT YOU LOVE

June 15 - August 6, 2026

*Everyone Is Welcome*

ENROLLMENT OPENS FEBRUARY 18

Flexible \* Fun \* Focused Training



Enroll from the [HOME PAGE](#) on our website  
Questions? Email: [CS@danceitforward.org](mailto:CS@danceitforward.org)

(Times & Classes may change based on enrollment. Please see website.)



[Summer Dress Code Link](#)



3524 E Market St, York, PA 17402  
717-755-MOVE (6683) Call or Text

[www.danceitforward.dance](http://www.danceitforward.dance)



# Happy Feet KIDS CAMPS

LITTLE STEPS. BIG SMILES. REAL PROGRESS.



Dates	Mornings 9 am to Noon	Afternoons 1-4 pm
June 15-17 3 Day	Moana Beach Fun Camp	
June 22-24 3 Day	Once Upon A Time Princess Camp	
June 29-July 1 3 Day	Bluey Buddies "Stuffy" Camp *	
July 13-15 3 Day	Aerial Arts/Acro Camp	Pom Cheer Fly! Camp
July 20-24 5 Day	Golden K-Pop Stars Camp	Glinda's Broadway Sparkle Camp
July 27-31 5 Day	All Stars Dance It All Camp	Pout Pout Fish...Under The Sea
Aug 3-5 3 Day	Ballerina Dollhouse Camp **	

**Dance Camps give kids the opportunity to make new friends, learn new skills, be creative, and move! Crafts, too. Dancers do not need prior dance experience.**

**Ages 3-9 Grouped by Age**

Camp Type	Early Bird	Regular
3-Day Half Day	\$135	\$150
3-Day Full Day	\$255	\$285
5-Day Half Day	\$199	\$219
5-Day Full Day	\$329	\$349

Stay for lunch from 12-1 pm before or after your camp, add \$10/day if not full day



## All About ME Camps

*I Love Ballet*  
*I Am A Choreographer*  
*I Love The Circus*  
*I Love Zootopia*  
*I Love Squishmallows!*  
*I Love Disney!*

## Wednesdays!

**June 17, 5-6 pm**  
**June 17, 6-7 pm**  
**June 24, 5-6 pm**  
**June 24, 6-7 pm**  
**July 1, 5-6 pm**  
**July 1, 6-7 pm**

## General Information for Kids Camps

Participants may wear dance attire or anything comfortable & hair pulled back  
No street shoes on the dance floor

Poms will be provided for Pom Camps

\*Bluey Camp bring your own stuffy

\*\*Ballerina Dollhouse bring your own doll

Please pack your own snack or lunch & also bring a water bottle each day labeled with student's name

**www.danceitforward.dance**

# Weekly Classes

10% 2<sup>nd</sup> or 3<sup>rd</sup> class

July 13 - August 3      \$75  
Enjoy Weekly classes in a variety of styles

Class times  
listed on website

MONDAYS

MONDAYS

MONDAYS

## EARLY CHILDHOOD CLASSES



Introductory classes focused on fun, movement, and confidence!

FWD Tots (Ages 1.5–3)

5:00 pm w/Kylah

FWD Combo (Ages 3–5)

5:00 pm w/Holly

Princess Pre-Ballet (Ages 3–5)

5:00 pm w/Ellie

Primary Ballet (Ages 6–8)

5:45 pm w/Ellie

Pop Combo/Hip Hop Mix (Ages 5–8)

6:30 pm w/Holly

Broadway Kids (Ages 4–7)

6:30 pm w/Ellie

FWD Acro (Ages 3–6)

5:45 pm w/Kylah

FWD Pom/Cheer (Ages 4–7)

5:45 pm w/Holly

## CLASSES FOR AGES 7±

Youth Acro

6:30 pm w/Kylah

Aerial Arts

7:15 pm w/Chad

Preparatory Ballet 1A / 1X

7:15 pm w/Ellie

Youth Jazz & Contemporary

6:30 pm w/Erin

Youth Hip Hop

5:45 pm w/Erin

Musical Theatre

5:00 pm w/Erin

Contemporary on Pointe (Int/Adv)

4:15 pm w/Pastelle/Erin

## ADULT

Ballet & Pointe

8:00 pm w/Pastelle/Erin

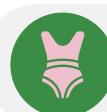
Kickstars Performers 55+

7:15 pm w/Pastelle/Erin

## General Information for Weekly Classes

Participants should wear Dress Code  
Wear hair in a pony tail or bun  
No street shoes on the dance floor

*Kickstars is open to all adults age 55+*



[Summer Dress Code Link](#)

[www.danceitforward.dance](http://www.danceitforward.dance)



# Summer Intensive BALLET

Train \* Grow \* Level Up

**Week 1: JULY 20-24   Week 2: July 27-31   Week 3: AUGUST 3-6**

The School of Ballet presents the Summer Ballet Intensive. Elevate your training with our elite program designed for dedicated dancers who love ballet. This program offers rigorous, pre-professional instruction to refine artistry, strength, and technical excellence. Large, beautiful studios. Individual attention. Ages 7-20   Early Bird Rate ends on April 1, 2026   Parent Observations on July 24 & 31.

## INTERMEDIATE & ADVANCED INTENSIVES

### Company Levels Pro-Track

MON - FRI	10 AM - 4 PM	Week 1
MON - FRI	10 AM - 4 PM	Week 2
MON - WED	1 PM - 4 PM	Week 3
THURS	12:30 - 2 PM	Week 3

**THRIVE: WELLNESS & CREATIVE BALANCE CLINIC & 1 Weekly Class Included**

Early Bird Rate \$995   Regular Rate \$1095

## YOUNG DANCER PROGRAM

### Ages 7-10

MON - FRI   10-12:30 PM   All 3 weeks or choose which weeks; Ends August 6, 2 PM

**THRIVE: WELLNESS & CREATIVE BALANCE CLINIC**

Early Bird Rate \$595   Regular Rate \$625   Weekly Rate \$235

## BEGINNER BALLET PROGRAM PRE-INTENSIVE

### Ages 5-10

MON - FRI   10-11 AM   **July 27-31 Only**

Early Bird Rate \$100   Regular Rate \$125



## General Information for Intensives

Proper Ballet Attire with the Hair Slicked & Bunned

No street shoes on the dance floor

Bring a yoga mat or towel

Bring a bagged lunch & a water bottle each day labeled with student's name

## Guest Faculty

Ballet Dance professional, Albert Davydov, Deborah Engerman and others to be announced will share their years of training and teaching skills.





# Workshop Series COMMERCIAL



Ages 7-20 This well-rounded Commercial Dance Series is designed to immerse dancers into a variety of learning opportunities. Participants engage in a series of high-energy workshops, master classes and clinics led by professionals who specialize in styles such as hip-hop, musical theatre, contemporary and more. The program aims to enhance technical skills, foster creativity, boost confidence and introduce dancers to new skills and choreography.

## INTERMEDIATE & ADVANCED Company/Crew Levels

May take all 4 Workshops; take at least 3 - same price.

*Includes THRIVE: WELLNESS & CREATIVE BALANCE Clinic & One Weekly Class (on Mondays)*

*Early Bird Rate \$495 Regular Rate \$525*

*Add on additional Workshops & Clinics of your choice*

## YOUNG DANCER PROGRAM

### Ages 7-10

Choose 2 Workshops

*Includes 1 Weekly Class (on Mondays)*

*Early Bird Rate \$135/Workshop Regular Rate \$155*

## WORKSHOP SERIES

### Day/Time

#### Contemporary & Jazz Dance Workshop

In this Jazz & Contemporary Workshop, dancers will refine turns, leaps, floor work, and transitions while learning choreography that fuses strong jazz lines with contemporary expression. Emphasis is placed on control, artistry, and connecting movement to music in a meaningful way.

**June 15-17**  
Mon-Wed 12 -2 pm

#### Dance Team/Pom/Hip Hop Workshop

Perfect for dancers interested in joining a school or competitive dance team, this workshop focuses on precision, synchronization, and showmanship. Participants will learn stylized pom and hip hop choreography while refining technique, projection, and teamwork.

**June 22-24**  
Mon-Wed 12 -2 pm

#### Aerial Arts Workshop

This Aerial Arts Workshop introduces students to the fundamentals of aerial movement using silks and/or hoop. Dancers will build strength, coordination, and confidence while learning beginner-friendly skills and short combinations in the air.

**June 29-July 1**  
Mon-Wed 10 am-11:30am  
or 12 pm to 1:30 pm

#### Musical Theatre Workshop

Step into the spotlight! This workshop combines theatrical choreography with performance technique, helping students develop confidence, projection, and the ability to fully embody a role on stage.

**July 13-15**  
Mon-Wed 11 am -1 pm

## General Information for Workshops

Proper Dress Code is required.  
Hair Neatly Secured Away from face in a pony tail or bun  
No street shoes on the dance floor  
Bring a yoga mat or towel



[Summer Dress Code Link](#)



# Workshop Series ACRO



Ages: 7+ Each Workshop: 1 Hour  
Class Size: Max 10 Students (Register Early!)

Level Placement: Intermediate/Advanced workshops require approval from Kylah

1 hour sessions \$35

## Workshop 1: Foundations of Acro

Level: Beginner / Intermediate

**6/15, 6/22, 7/13 - 10 am**

Focus: Cartwheels, Pre-Aerials, Handstands, Rolls

Required Skills:

- Comfortable attempting cartwheels and rolls
- No prior acro experience required

## Workshop 2: Aerials & Advanced Handstand

Level: Intermediate / Advanced (Approval Required)

**6/15, 6/22 - 11 am 7/13 - 1 pm**

Focus: Handstands, Roundoffs, Aerials

Required Skills:

- Strong cartwheel on both sides
- Ability to hold a handstand

## Workshop 4: Walkovers (Front & Back)

Level: Intermediate / Advanced (Approval Required)

**6/16, 6/23 - 11 am 7/14 - 1 pm**

Focus: Front Walkovers & Back Walkovers

Required Skills:

- Independent backbend
- Independent kickover
- Good shoulder and back flexibility

## Workshop 5: Handsprings

Level: Intermediate / Advanced (Approval Required)

**6/17, 6/24, 7/15 - 10 am**

Focus: Back Handsprings & Front Handsprings

Required Skills:

- Backbend independently
- Kickover independently
- Handstand to bridge without spot

## Workshop 3: Backbends & Kickovers

**6/16, 6/23, 7/14 - 10 am**

Level: Beginner / Intermediate

Focus: Backbends, Kickovers

Required Skills:

- Willingness to attempt backbends
- Bridge with head off the ground

## Workshop 6: Flips & Advanced Acro Skills

Level: Intermediate / Advanced (Approval Required)

**6/17, 6/24 - 11 am 7/15 - 1 pm**

Focus: Front & Back Flips, Advanced Tumbling

Required Skills:

- Instructor approval

## General Information

### What To Wear

Leotard with shorts or leggings

Bare feet

Hair secured back



[Summer Dress Code Link](#)



# Clinics ONE DAY



One-day dance experiences for ages 7+  
Build skills, confidence, and reach your goals!  
Register Early – Spots Limited!

1 hour sessions \$35  
90 min sessions \$50

## June Technique & Flexibility Clinic

*Build strength, flexibility, and safe stretching habits; all levels*

**Weds, June 17, 24 & July 15 2-3 pm**

## Leaps & Turns Clinic

*Master soaring leaps and perfect turns*

**Weds, June 17 & 24 5-6 pm**

## Tap Dance Clinic

*Step, stomp, and syncopate with rhythm*

**Weds, June 17, 6-7 pm**

## THRIVE: Wellness & Creative Balance

*Dance + mindfulness + creative fun + HEALTHY DANCERS!*

**Thurs, Aug 6 12:30-2 pm**

## Hip Nut Clinic & Audition Prep

*High-energy hip hop training; Hip Nut focused  
(required by Crew and those interested in auditioning for the Hip Nut)*

**Thurs, Aug 6 2-4 pm**

## Choreography Clinic

*Create, perform, and refine your own dance sequences*

**Wed, June 24, 6-7 pm**

## Dance for the Camera

*Learn to pose, shoot & succeed in the digital world  
Taught by a professional photographer, Robert Nulph  
Photo Session Opportunities following this Clinic*

**Thurs, July 16 10:30-noon**

*Photo Session Sign-Ups Slots  
Available On Portal by 5/1*

## Private Coaching

**Private lessons are available for dancers who would like  
additional individualized training over the summer.**



## SUMMER PARTY TIMES



### Parents Night Out Kids Studio Lock-In **Coming Soon!**

*Dance, games, and fun while parents relax  
Ages 6-16 w/an adult 7-10:45 pm  
Members of the NHSDA attend free*



### Summer Pool Party **Coming Soon!**

*Celebrate a summer of dance with friends and swimming fun!  
Plans are underway...!*