

SCHEDULE GUIDE

2026



DANCE
IT FORWARD



CENTER FOR EDUCATION & PERFORMANCE

WWW.DANCEITFORWARD.DANCE 3524 E MARKET ST, YORK 717-755-6683 CALL OR TEXT
CS@DanceItForward.org

DANCE YOUR LIFE

We believe that dance is not only a beautiful art form but also an engaging tool for personal growth and development. Dance is much more than just movement! It teaches discipline, teamwork, resilience, time management skills and at the same time touches the soul. Thank you for choosing Dance It Forward.



Lori Garling
Artistic Director & CEO



Melinda Fritz
Executive Director



Pastelle Pergament
Associate Artistic Director

Welcome to the Dance It Forward Community of Dancers

At Dance It Forward, our mission is to inspire excellence in both dance and life. We believe in making a true Difference through the art of dance, fostering creativity, self-expression, and personal growth in every student. Unlike competition-driven studios, we celebrate dance as an art form—one that enriches lives, strengthens communities, and uplifts the world around us. Here, students build lifelong friendships, gain confidence, and develop skills that empower them far beyond the studio. Whether you're stepping into your very first class or preparing for a future in the dance industry, we are thrilled to WELCOME YOU to the DIF community of dancers for our **55th Season!**

This guide offers an overview of our programs and class schedules. For more details, visit our website: www.danceitforward.dance. Please be sure to check out the Student Center, review Newsletters, explore our Calendar, plus read the Student Handbook through the Parent Portal. All enrollments will be done online on a first-come first-served basis. *Share the Passion* – Just as dance is passed from one generation to the next, our mission is to help dancers pay it forward—mentoring, inspiring, and supporting each other in a community where every step matters. Let's dance, grow, and make a Difference together!

IMPORTANT DATES FOR 2025-26 SEASON

School Year Season Opening	Monday, August 18, 2025
Closed: Labor Day	August 29- September 1, 2025
Nutcracker Auditions!	September 6, 2025
Performance@Appell Center Community Day Event	September 13, 2025
Select GYYouth Ballet Perform w/York Symphony Orchestra@Appell	October 18, 2025
Little Pumpkins Bash	October 25, 2025
York Halloween Parade: Ages 5+ are Invited To Walk the Parade with Us!	October 26, 2026
Closed: Halloween	October 31, 2025
Nutcracker Gala - Open to All - Select Dancers Perform@Outdoor CC	Saturday, November 22, 2025
Greater York Youth Ballet Perform w/York Symphony Orchestra@Appell	Saturday, November 29, 2025
Closed: Thanksgiving Break	November 22-30, 2025
Special Early Childhood Events	December 8, 9, 2025
Closed: Nutcracker Preparations	December 10-13
Nutcracker Ballet @ Appell Center for the Performing Arts	December 13, 2025
Closed: Holiday Break	December 15-January 4, 2026
Greater York Youth Ballet Perform w/York Symphony Orchestra@Appell	Saturday, January 17, 2026
Winter Showcases ~ Early Childhood & Commercial School	Sunday, February 1, 2026
Special Early Childhood Event	Saturday, March 28, 2026
Closed: Spring Break	March 31-April 10, 2026
Visitor's Week	May 11-16, 2026
Closed: Memorial Day Break	May 21-25, 2026
Last Day of Classes for the Season	May 30, 2026
June Show Week Rehearsals	May 30-June 7, 2026
June Shows	Sat & Sun, June 6, 7, 2026

See the monthly newsletters and the Online Calendar for updates
Check the Online JR Portal for Student Handbook, Billing & Account Updates

Dress Code

Proper class attire and hair etiquette
is required for all classes.

All required items are available at
www.danceitforward.dance/student-center



Office Hours

Mon	4-8 pm
Tues	4-8 pm
Wed	4-8 pm
Thr	4-8 pm
Sat	10 am-1 pm



THE SCHOOL OF EARLY CHILDHOOD

Ages 1.5 to 7

In our School of Early Childhood, we are all about having FUN WITH DANCE! as children explore dance fundamentals with a creative and joyful approach of fun and structure. Enroll in our Early Childhood dance classes and receive a Free Dance Bag with special gifts inside. We have carefully crafted the curriculum using the work of Shana Garling along with DiscoverDance to provide the best in children's dance. Students must meet the age requirement by 9/1/25. Most classes in the School of Early Childhood are Performance Classes as indicated and will have the opportunity to perform.

PERFORMANCES

- Winter Showcase: Mid-year performance celebrating student growth. Early Childhood students wear class uniforms for the Winter Showcase.
- June Show: End-of-season performance at the Appell Center for the Performing Arts. Early Childhood students keep their June show costume.
- Performing classes incur Production Dues. If you do not wish to pay Production Dues, please choose a non-performing class.

Class Recommendations: 1-2 classes per week for skill development, social interaction, and a year-round activity. For Extra Performance Opportunities is the *Forward Company*, open to dancers ages 4-7, just 30 min a week!

CLASS CHOICES BY AGE



Ages 1.5-3 w/Caregiver COMBO

SHOWTIME TOTS 1.5-3

- 30 minute dance class combining creative movement and pre-ballet beginnings
- One parent/adult attends the class if the dancer is not ready to separate
- Non-performing Class

Mon 9:30 am
Tues 5:30 pm
Thur 5:00 pm



INTRO TO BALLET 1



Ages 3-4

COMBO



DISCOVER Ballet 3-4

- A Pre-Ballet class with special themes designed to foster imagination and creative expression through dance
- Introduces the student to early understanding of a Classical Ballet class
- Must be potty trained
- Parents do not participate in this class
- Begins the love of classical music
- Performs Pre-Ballet Dance in the Winter Showcase
- Performs Pre-Ballet Dance in June Show

Wed 5:45 pm

SHOWTIME COMBO 3-4

- Pre-School Pre-school combo class of ballet, tap, jazz and creative movement
- Must be potty trained
- Parents do not participate in this class
- Performs Tap Dance in Winter Showcase
- Performs Pre-Ballet/Novelty Dance in June Show

Mon 10:00 am
Mon 5:30 pm
Tues 4:45 pm
Sat 10:15 am



Ages 4-7

INTRO TO BALLET 2



PRE-PRIMARY BALLET

- A Pre-Primary Ballet class with special themes
- Introduces the student to a foundation for ballet as well as facilitating development for other athletic activities and moving to classical music
- Performs Pre-Ballet Dance in the Winter Showcase & June Show

Wed 6:15 pm

PRIMARY BALLET

- Focus is on building skills & ballet etiquette 2 classes/wk recommended; Ages 6-8 yr olds
- Must have completed PRE-PRIMARY BALLET
- Performs a Ballet dance in the Nutcracker Ballet & rehearse mostly during class time; no audition required
- Performs Ballet Dance in June Show

Mon 4:45 pm



Ages 4-7

COMBO & FUN WITH DANCE CLASSES



SHOWTIME COMBO 4-6

- A fun class combining Ballet, Tap and Jazz
- Performs Jazz Dance in Winter Showcase
- Performs Tap Dance in June Show

Mon 4:40 pm
Tues 6:00 pm

PRIMARY COMBO 5-7

- A more structured class combining Ballet, Tap and Jazz
- Performs Tap Dance in Winter Showcase
- Performs Jazz Dance in June Show

Wed 5:00 pm

POP HOP COMBO 4-7

- Pop Jazz, Kpop & Hip Hop was created for dancers who like fast and popular dancing
- Introduces age-appropriate children's dance music and is a fun way to learn new styles of Hip Hop & Jazz dance
- Performs Hip Hop/Pop Jazz Dance in Winter Showcase & June Show

Mon 6:15 pm
Tues 4:40 pm

FWD POM & CHEER DANCE 4-7

- A high-energy specialty class blending pom routines, dance team jazz, and cheer techniques
- Learn Combinations, increase coordination and focus on the latest Dance Team Styles
- Performs Pom Dance in Winter Showcase & June Show

Mon 5:30 pm

FWD MUSICAL THEATRE 4-7

- Triple threat performers gaining knowledge and experience in Singing, Dancing, Acting, and Imaginative fun.
- Performs Musical Theatre/Jazz Dance in Winter Showcase & June Show

Tues 6:50 pm

FORWARD DANCE COMPANY

Thur 6:15 pm

New! Children's Company

Join
Now!

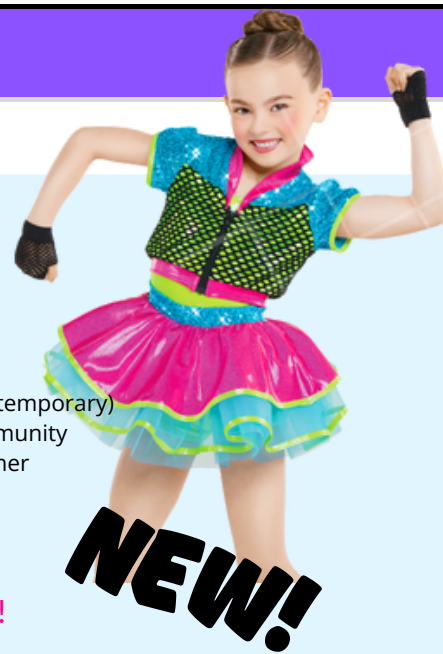


Open to All Early Childhood Students Ages 4-7
Join our Early Childhood Dance Company & be a leader!

30 minute Rehearsal Class
Add-on to any other Early Childhood Class ages 4-7
Build performance skills in a variety of styles (Pop Jazz/Hip Hop/Ballet/Contemporary)
Performs in Winter Showcase & June Show plus special invitations at community performances such as the Gala in Fall and at York Revs in the Spring/Summer

Only \$40/month add-on to any Early Childhood Class!

THIS GROUP IS currently learning a K-pop dance to...Golden!



Non-Performing Classes

ACRO-TUMBLING 3-5

- Learn Acro & Tumbling with champion gymnast, Kyla!
- Focus is on proper execution of acrobatic skills and tumbling while working to build flexibility, strength & conditioning
- *Non-performing class*

Mon 10:45 am

AERIAL ADVENTURES 4-7

- This thrilling class for of Early Childhood Aerial Arts builds on the advancement of interactive circuits, balance beam, and aerial silks
- Open to all and boys especially enjoy this class
- *Non-performing class*

Wed 5:45 pm

ACRO-TUMBLING 5-7

- Learn Acro & Tumbling with champion gymnast, Kyla!
- Next level learning as students progress through the proper execution of acrobatic skills and tumbling while working to build flexibility, strength & conditioning
- *Non-performing class*

Mon 5:00 pm

DANCEMIX ROTATING CLASS 3-6

- Recreational class for 3-6 yr olds who want to give dance a try but not yet commit to performing
- Dancers explore new styles—Jazz, Lyrical, Hip Hop & Pom-Cheer—in a fun class
- Explore movement; Discover joy & Dance it all!
- *Non-performing class*

Mon 6:15 pm



The School of Ballet at Dance It Forward sets the stage for the entire school. An American Academy of Ballet Certified School, students receive the finest training from faculty who have specific knowledge of our syllabus, philosophy and legacy. It is both our privilege and our responsibility to joyfully pass on the ballet traditions of classical ballet. Students progress through levels based on mastery of skills. Under our guidance, students learn new positions and movements – repeating and refining them until each becomes part of the body's muscle memory. Our programs have a proven record of success as our dancers are performing as professionals all over the world. Students use the professional atmosphere in which to grow and as they discover themselves, they are assisted in making career choices whether it be to dance or to explore the many other opportunities available to them in college and beyond. **50% Off Ballet Classes for Boys!**

Performances:

- **Nutcracker Ballet** Mid-year performance of the traditional Nutcracker Ballet at the Appell Center for the Performing Arts
- **June Show** End-of-season performance at the Appell Center for the Performing Arts
- **Performing classes incur Production Dues**

Early Childhood Ballet

Intro To Ballet (Ages 3–7)

Our ballet training begins as early as age 3. These early childhood classes gently introduce young dancers to the beauty, discipline, and joy of ballet.

- **Discover Ballet** (Ages 3–4) A playful and imaginative introduction to movement, rhythm, and basic ballet concepts.
- **Pre-Primary Ballet** (Ages 4–6) Builds on motor skills and musicality while fostering coordination and a love for dance and classical music.

Primary Dancer Program (Ages 6–8)

- **Primary Ballet** is the final foundational stage before formal ballet levels begin as the children gain readiness for more structured classes.

Young Dancer Ballet Program

Young Dancer Program (Ages 7–10)

- Students typically begin **Level 1A** around age 7 or 8. Once the determination is made that a student has the physical capability to learn technique and the student has the needed intellectual and emotional ability to commit to the program, the dancer begins to progress through the levels. From here, dancers progress through a structured curriculum of **7 ballet levels**, advancing as they increase their skills, strength, and commitment.

* Students are encouraged to gradually increase the number of classes per week as they advance.

* After moving to 1B, continued practice in lower levels is strongly recommended, even as they move up, to deepen understanding and refine technique.

* Mastery of ballet technique comes from consistent, repeated practice of the basics. More classes = faster progress:

For dedicated dancers seeking accelerated progress, we recommend to **FAST TRACK** by immersing in focused ballet training with multiple weekly classes. This intensive option lays a solid foundation for advanced study and performance. The more time a dancer spends in ballet class, the more confident and capable they become.

Progression of the Ballet Levels

PREPARATORY: Level 1A, 1X: Age 7+ Preparatory level classes encompass a warm-up, barre and centre floor. They will be focusing on the fundamental ballet skills and concepts meant to provide a strong foundation on which more advanced levels of instruction will be based.

- Barre work is crucial at this level with emphasis on correct positions, posture, and strengthening of ankles and feet. Dancers should know right from left.
- We suggest adding the Variations class to the schedule in order to learn performance material and be invited to perform in Nutcracker & June Show for those who have not chosen to be members of the Greater York Youth Ballet.
- Prerequisite: Dancers must have completed a year of Primary Ballet or be 7 years old. Taking the Young Dancer Program of the Summer Ballet Intensive is highly encouraged and required of company members.

Level 1B: **Advanced Beginner**

PRE-PRO Level 2A/2B: **Intermediate**

Level 3-7: **Advanced** level class information is available to students with previous training upon request and may be customized. Minimum # of lessons required; Private lessons recommended.

Joining the Greater York Youth Ballet

The Greater York Youth Ballet invites passionate young dancers to join our pre-professional program, where talent is nurtured and dreams take flight. If you love ballet and are ready to take your training to the next level, we welcome you to join this extraordinary program.

Send inquiries to Artistic Director, Lori Garling, through CS@danceitforward.org for personalized guidance and level placement.



Dance Company Info
Click [HERE](#)



Ballet Technique, Pointe, Variations, Partnering, Private Coaching

The School of Commercial Dance is for ages 7 and offers diverse dance styles in an engaging environment that enhances artistry and athleticism. Students gain confidence that enriches their overall dance education and well-being. Classes are held in a variety of styles including hip hop, jazz, tap, pom/cheer dance team, musical theatre, contemporary and modern dance. Students explore movement while enjoying incredible music in dance classes structured to enhance athleticism that can't be rivaled in any gym. Students also gain confidence that enriches their overall well-being and nourishes their soul.

Performances:

- Winter Showcase or The Hip Nut: Mid-year performance celebrating student growth.
- June Show: End-of-season performance at the Appell Center for the Performing Arts. We work towards the "end of season show" as an exciting goal. Participants often wear their class uniforms and also borrow items as decided upon from our Costume Room. On occasion, students need to supply items such as jeans, a specific colored shirt, etc. This is all listed in the Monthly Newsletters as the show details become available.
- Performing classes incur Production Dues. If you do not wish to pay Production Dues, we suggest you choose a non-performing class.

Class Recommendations:

- For students with no dance experience, a good first class to start would be the "Rotating Class" (a combination of Hip Hop, Contemporary, Jazz and Pom & Cheer), or we suggest trying a Ballet Class (classical music, slower pace at first; builds technique to branch out into any dance area).
- 2 or more classes per week are recommended.
- Hip Hop Crew Performing Company is one of the most popular choices without a lot of time commitment. We also have the NEW Youth Ensemble for elementary aged students who enjoy mostly commercial styles!
- Most classes in the School of Commercial Dance are Performance Classes and will perform in the Winter Showcase or The Hip Nut and the June Show.

Classes Offered

Performing Classes Offered:

- Jazz, Tap, Hip Hop, Breakdancing, Contemporary/Modern, Pom & Cheer Dance Team, Musical Theatre, Hip Hop Crew

Non-Performing Classes Offered:

- Acro, Conditioning, Aerial Arts, Boys Rotating 7+ Combo (Tap, Jazz, Hip Hop)
DanceMix Rotating Class (Contemporary, Jazz, Pom-Cheer, Hip Hop)

Adult Classes offered in a variety of styles - 6 week courses

Commercial Schedule

Prep Contemporary Modern Thur 6:15 pm	Prep Hip Hop Wed 5:45 pm
Int Contemporary Modern Tues 4:45 pm	Int Hip Hop Wed 7:15 pm
Adv Contemporary Modern Thur 5:30 pm	Adv Hip Hop & Sr Crew Wed 4:30 pm
Jr Jazz Tues 5:30 pm	Jr Crew Wed 8:00 pm
Jr Tap Thur 7:00 pm	Breakdancing Wed 6:30 pm
Sr Jazz/Tap Thur 4:45 pm	
Jr Pom & Cheer Dance Team Thur 7:00 pm	Company Conditioning Sat 11:00 am
Sr Pom & Cheer Dance Team Thur 7:45 pm	NHSDA Ensemble Mon 8:30 pm
Jr Musical Theatre Tues 7:00 pm	
Sr Musical Theatre Tues 6:15 pm	
Acro 1 Tues 6:15 pm	
Acro 2 Tues 5:30 pm	
Acro 3 Tues 7:00 pm	
Prep Aerial Arts Wed 6:30 pm or Sat 11:45 am	
Aerial Arts Practice Session Wed 7:15 pm or Sat 11:00 am	
Int/Adv Aerial Arts Sat 10:15 am	

Class Levels

- Prep: Age7+ Intermediate:
- Age 10-18 (by invitation)
- Advanced:Age 14+ (by invitation)

CLASS DESCRIPTIONS ARE ON OUR WEBSITE

Create your own *path*



Performing Company Tracks

ELITE PERFORMANCE TRAINING | ARTISTIC TALENT DEVELOPMENT
SEND INQUIRIES TO ARTISTIC DIRECTOR, LORI GARLING THROUGH
CS@DANCEITFORWARD.ORG FOR PERSONALIZED GUIDANCE.

Company Training is in an atmosphere of artistic excellence with a focus on technique and creating artists.

GREATER YORK YOUTH BALLET
FORWARD COMPANY
YOUTH ENSEMBLE
NHSDA ENSEMBLE
HIP HOP CREW

Dance Company Info
Click HERE

Company members get first invitations to the Master Classes Series offering Master Classes w/Guest Professionals. Maximum of 10 per season; \$20-25/class, required.

Private Lessons & Coaching



- Get the greatest value out of your dance classes by taking private lessons and progress at an accelerated pace
- Work with a specially selected faculty member to improve on flexibility, technique, prepare choreography or work on something specific.
- Private lessons are available at various times throughout the week and on Saturdays; 30 & 60 minute sessions. **24 hr cancellation notice required.**
- \$35/half hour; \$70/hour; semi-private options also available.

Tuition

CLASSES PER WEEK	MONTHLY TUITION
1	\$65
2	\$105
3	\$145
4	\$185
5	\$225

- E-payments via the Parent Portal; Automatically charged on the last business day of the month in advance
- \$2/mo - Admin fee (covers App & portal)
- 2.59% surcharge on credit card payments
- Annual tuition is divided into 11 equal monthly installments (August-June). This guarantees your place in class for the season.
- There are no refunds. This includes tuition, production dues, tickets, membership dues, awards, attire, fundraisers or merchandise.
- Hip Hop & Breakdancing & Adult classes have no discounts and are \$65/month.
- Class scheduling is subject to availability.
- Tuition cannot be transferred or paused.
- Unenroll through the Parent Portal Only by the 15th of the month to be removed from the following month.
- Swap or Drop a Class: No transfers or changes after Production Dues deadlines - Oct 15 (Nutcracker); Nov 1 (Winter) & Jan 15 (Spring).
- Returned Check Fee & Failed Credit Card Fee – \$25.
- Late payment fee of \$20 will be added to your account on the 15th of the month.
- If paying by check, submit in advance by the 25th of the month to avoid your credit card being
- All accounts must have a credit card on file. charged. No Card On File - \$25 monthly Fee.
- Dance It Forward reserves the right to refuse services with anyone with delinquent accounts, non-compliance to regulations or inappropriate behavior.

Regularly check the Student Center page of danceitforward.dance for updates.

Annual Membership

Membership Dues are charged once per season upon registration
Covers Registration & Admin, Priority Access to our Special Children's Events (usually a fee) & Unlimited make-up classes
Register by August 15!

REGISTRATION IS ONGOING

\$40 per Individual Membership
 \$75 per Family Membership (2+ dancers)

Non-members at 15%

Makeup Lessons

Our members receive unlimited and our makeup lesson policy is flexible. If a student misses for any reason or classes are cancelled, the student may attend an alternate lesson at no charge, anytime within that season but must be scheduled through the Parent Portal.

Scheduled closings should not be made up as they are already calculated into the annual tuition.

Discounts & Offers

We strive to make our classes high value with no surprise fees, plus offer multiple class discounts to families.

- Family/Multiple Class Discount: Add-on other family members at the \$40/mo rate. Maximum Family Discount \$175.
- Boys: 50% discount; does not discount Summer Programs, Production Dues, Membership Dues, Hip Hop, Breakdancing or Company.
- Bring-A-Friend: Current student earns \$25 account credit for referring a friend who enrolls.

Optional Fundraisers

- The Parents Committee makes available individual fundraisers per season for students to earn credits towards trips, dues, and other dance expenses.
- Details are included in our monthly newsletters.

Need Assistance?

- Work/Study Opps: A limited number of opportunities are available to assist with needed duties.
- Contact CS@danceitforward.org for assistance.

PRODUCTION DUES

- **Production Dues** cover the cost of creating productions. This includes rehearsal hours, choreography, venue, costumes, rentals, staff, props, set, lighting design & production, music editing, licensing fees.
- Dues are charged per performing class
- The system will charge the season's Production Dues in 2 non-refundable installments: \$115 due October 15 and \$115 due January 15.
- No additional costume fees. Early Childhood keeps their June Show costume. Tickets to our performances are separate & extra.
- Total amount charged regardless of when you enroll, divided into two installments.
- If you do not wish to pay Production Dues, you may choose a non-performing class.
- Total annual amount charged regardless of when you enroll; non-refundable.

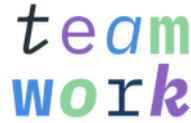
GET INVOLVED WITH YOUR DANCER...Everyone Is Welcome!

ASSISTING AT PERFORMANCES

Many opps from sewing and refreshments to stage management to set building and tech.

PROVIDING OFFICE SUPPORT

Can you fold and staple? Are you willing to answer the phone? Or, do you have computer skills? Assist by volunteering to do office extras.



SERVING ON A COMMITTEE

Join the Parents Committee, a group of positive parents working for the dancers.

FACILITY OPERATIONS & HANDYMAN SERVICE

We are always looking for talented people who are able to assist with minor repairs around the building. Do painting, light carpentry work? Eager to help? Please contact us and join us in benefiting our community with quality dance.

TO JOIN US, PLEASE THE FORM BELOW

Volunteer Form 2026

**COMPLETE & RETURN THIS TO THE OFFICE OR
EMAIL THIS FORM TO CS@DANCEITFORWARD.ORG**

CIRCLE WHICH COMMITTEE INTERESTS YOU & ADD ANY NOTES

We welcome all parents and friends of Dance It Forward to assist our Board of Directors by volunteering on a committee. *Note: We have separate sign-ups for our major productions.*

Your Name: Your Dancer's Name: Your Dancer's Class Time: Your Email:	<hr/> <hr/> <hr/> <hr/>
Your Availability:	MON TUES WED THURS FRI SAT SUN
Parents Committee	<i>We invited all parents to join this great committee where we focus on dancer needs, individual & group fundraising and collaborating special events with the NHSDA (our community-service group of middle school & high school dancers). The Gala sub-committee also is a part of this group. The group meets monthly held the 2nd Tuesday of each month at 6:45 pm.</i>
Costuming	<i>Dressers, runners, sewing, costume alterations and repairs, headpiece design, costume care, hair & make-up! Willing to volunteer to assist with any of this, we need you!</i>
Funding	<i>Grant-writing, assist in raising funds, corporate sponsorships, membership drive enhancement.</i>
Production/Tech Crew / Facility	<i>Stage managers, set design, set up & tear down; security; sound; facility maintenance (retape dance floors, wipe tables, painting); studio clean-ups; organizations.</i>
Marketing	<i>Writes press releases, organize displays at events, graphic design, distribution of promo materials, photography, organize photo sessions.</i>

SCHOOL YEAR 2026 SCHEDULE

1.25.26

	STUDIO A	STUDIO B	STUDIO C	STUDIO D
MON				
	GYB Co Class and Rehearsal 1X-3 4:30-8:30 pm PP / LG 1X, 1B dismissed @ 6:15 pm unless calendar notes otherwise		FWD Acro Ages 3-5 10:45-11:15 am KB	SHOWTIME Tots Ages 1.5-3 9:30am-10:00 am KB
				SHOWTIME Combo Ages 3-4 10:00-10:40 am KB
		Primary Ballet Ages 5-7 4:45-5:30 pm EP	FWD Acro & Tumbling Ages 5-7 5:00-5:30 pm KB	
		Ballet 1A 5:30-6:30 pm EP	FWD Pom & Cheer Ages 4-7 5:30-6:15 pm HM (LL)	SHOWTIME Combo Ages 4-6 4:40-5:25 pm AW (LL)
	NHSDA Meeting 8:30-9:00 pm SS	Ballet Variations 6:30-7:00 pm EP	Pop Hop Combo Ages 4-7 6:15-7:00 pm AW (LL)	SHOWTIME Combo Ages 3-4 5:30-6:10 pm AW (BP)
		Adult BarreFit 7:00-8:00 pm AR		DanceMix Rotating Class Ages 3-6 6:15-7:00 pm HM (BP)
TUE				
		Int Contemporary/Modern 4:45-5:30 pm EC	Pop Hop Combo Ages 4-7 4:40-5:25 pm EM (LIL/LB)	SHOWTIME 3-4 4:45-5:25 pm KB (BP)
	Adv Ballet/Pointe 2B/3 4:30-6:00 pm PP	Jr Jazz 5:30-6:15 pm EC	Acro 2 5:30-6:15 pm KB	SHOWTIME Tots Ages 1.5-3 5:30-6:00 pm EM
	Ballet 1A 1X 6:00-7:00 pm PP	Sr Musical Theatre 6:15-7:00 pm EC	Acro 1 6:15-7:00 pm KB	SHOWTIME Combo Ages 4-6 6:00-6:45 pm EM (SO/GH)
	Ballet 1B-2A 7-8:30 pm PP	Jr Musical Theatre 7:00-7:45 pm EC	Acro 3 7:00-7:45 pm KB	FWD Musical Theater Ages 4-7 6:50-7:35 pm EM (EB/SS)
		Adult Ballet 7:45-8:45 EC		
WED				
	Ballet 1X-1B 4:30-5:30 pm PP/RD	Advanced Hip Hop & Sr Crew 4:30-5:45 pm KJ		Primary Combo Ages 5-7 5:5-45 pm EP (EW/EB)
	Ballet 1B-2A 5:30-6:30pm PP/RD	Prep Hip Hop 5:45-6:30 pm KJ	FWD Aerial Adventures Ages 4-7 5:45-6:15 pm CS (VC)	Discover Ballet Ages 3-4 5:45-6:15 pm EP (EW/EB)
	Ballet 2B-3 6:30-8 pm PP/RD	Breakdancing 6:30-7:15 pm KJ	Prep Aerial Arts 6:30-7:15 pm CS	Pre-Primary Ballet Ages 4-6 6:15-7:00 pm EP
		Int Hop Hop 7:15-8 pm KJ	Aerial Arts Practice Session 7:15-7:45 pm CS	
		Jr Crew 8-8:30 pm KJ		
	Private Lesson 8-9 pm RD	Private Lesson 8:30-9 pm PP		
THR				
	Private Lesson 4:15-5:15 pm PP	Private Lessons 3:15-4:45 pm RD	Sr Jazz & Tap 4:45-5:30 pm EC	SHOWTIME Tots Ages 1.5-3 5:00-5:30 pm KB (EB)
	Ballet 1A 1X 5:15-6:15 pm PP	Ballet 1B-2A 4:45-6:15 pm RD	Adv Contemporary/Modern 5:30-6:15 pm EC	
	Ballet/Pre-Pointe 1B/2A 6:15-6:45 pm PP	Ballet/Pointe 2B-3 6:15-7:45 pm RD	Prep Contemporary/Modern 6:15-7:00 pm EC	FWD Company Rehearsal Ages 4-7 6:15-6:45 pm HM (ED)
	Teen Ballet Technique 6:45-7:45 pm PP	Private Lesson 7:45-8:45 pm RD	Jr Pom & Cheer Dance Team 7:00-7:45 pm HM	Jr Tap 7:00-7:45 pm EC
	Youth Ensemble 7:45-8:15 pm PP		Sr Pom & Cheer Dance Team 7:45-8:30 pm HM	Adult Jazz 7-8 pm Starting Jan 29 EC
				Adult Tap 8-8:30 pm Starting Jan 29 EC
SAT				
	Company Conditioning 11-11:45 am JW		Int/Adv Aerial Arts 10:15-11 am CS	SHOWTIME Combo Ages 3-4 10:15 - 10:55 am JW (EH/CS)
			Aerial Arts Practice Session 11-11:45 am CS	
	Company Rehearsals - TBA 12:30-4:30 pm		Prep Aerial Arts 11:45 am-12:30 pm CS	
	Pointe Pre-Pointe			
DIF Faculty EM - Emily AR - Amy PP - Pastelle EC - Erin RD - Re KJ - Kam KB - Kylah LG - Lori EP - Ellie CS - Chad HM - Holly AW - Alyson SS - Sarah JW - Jayda				
Private Hip Hop Co Condit Contemp/Modern Early Childhood Cirque/Aerial Commercial Ballet NHSDA Youth Ensemble Adult				