

VOLUME FOUR

CHRISTIAN LIFE

BLAST

BIBLE LEARNING AND SPIRITUAL TRAINING

TEACHER

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All Scripture quotations are taken from the King James Bible.

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First published in 2025 by BLAST ministries, a ministry of Bella Vista Baptist Church, Albuquerque, NM 87110. This ministry is committed to providing tried, trusted, and proven children's material that will further equip local churches to carry out the Great Commission and disciple the next generation.

Your comments and suggestions are valued.

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Sunday School and Discipleship Curriculum
K4 through 6th Grade

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BIBLE LEARNING AND SPIRITUAL TRAINING

HOW TO USE

Take a moment and familiarize yourself with this Bella Vista Baptist Church “**BLAST**” curriculum.

SCHEDULE

The lessons contained in this curriculum are undated, allowing you to begin and end the teaching series at any time. There are seven lessons that may be taught weekly any time of the year.

STUDENT BOOKS

These companion books contain:

- The outlines with blanks that students may fill in during lessons
- A memory verse for each lesson
- Homework and bonus material to work on at home with their parents

OVERVIEW AND LESSON AIM

The overview and theme sections are provided so that you may be aware of the overall emphasis of each lesson. These brief statements provide a snapshot of where each lesson will take the students.

LESSON GOALS

Bible teaching has a higher goal than the delivery of information. That goal is a changed life. Students want to know what to do with what they are given from God’s Word. As you prepare for and teach lesson, emphasize how those listening may apply its truths throughout the week.

BOOKS OF THE BIBLE

OLD TESTAMENT

- Genesis
- Exodus
- Leviticus
- Numbers
- Deuteronomy
- Joshua
- Judges
- Ruth
- 1 Samuel
- 2 Samuel
- 1 Kings
- 2 Kings
- 1 Chronicles
- 2 Chronicles
- Ezra
- Nehemiah
- Esther
- Job
- Psalms
- Proverbs
- Ecclesiastes
- Song of Songs
- Isaiah
- Jeremiah
- Lamentations
- Ezekiel
- Daniel
- Hosea
- Joel
- Amos
- Obadiah
- Jonah
- Micah
- Nahum
- Habakkuk
- Zephaniah
- Haggai
- Zechariah
- Malachi

NEW TESTAMENT

- Matthew
- Mark
- Luke
- John
- Acts
- Romans
- 1 Corinthians
- 2 Corinthians
- Galatians
- Ephesians
- Philippians
- Colossians
- 1 Thessalonians
- 2 Thessalonians
- 1 Timothy
- 2 Timothy
- Titus
- Philemon
- Hebrews
- James
- 1 Peter
- 2 Peter
- 1 John
- 2 John
- 3 John
- Jude
- Revelation

WORD MEMORY

FILLED WITH THE SPIRIT

Under God's Control

OBEDIENCE

*Doing what we are
told*

DISCIPLE

Follower of God

PRAYER

Talking to God

MERCY

*God sparing us from
punishment*

GRACE

*Goodness that we
don't deserve*

WORSHIP

*Giving glory and
honour to God*

LESSON 4.1

FILLED WITH THE HOLY SPIRIT



EXPLANATION

WHAT DOES IT MEAN TO BE FILLED?"

IF YOU SEE AN APPLE TREE, WHAT DO YOU EXPECT TO FIND ON THAT TREE? APPLES!

WHEN SOMEONE IS FILLED WITH THE HOLY SPIRIT, YOU EXPECT TO SEE WHAT THE BIBLE CALLS THE FRUIT OF THE SPIRIT.

TO BE UNDER CONTROL OF GOD'S HOLY SPIRIT.



SCRIPTURE MEMORY

EPHESIANS 5:18

AND BE NOT DRUNK WITH WINE, WHEREIN IS EXCESS; BUT BE FILLED WITH THE SPIRIT;



DAILY BIBLE READING

- ACTS 4:31
- ROMANS 5:5
- GALATIANS 5:16
- ROMANS 8:9
- EPHESIANS 5:18

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List five ways to be filled with Holy Spirit this week :

Example: *I need to be more loving to my parents*

I need to be more joyful at church

I need to show more patience when things don't go my way.

I need to be more peaceful with my siblings

I need to have more faith in God



PREACHING TIME

1 Everyone in life is filled up with something.

What happens to a person when they get filled:

- 2 I. Bold witness (Acts 4:8-12,31)
- 3 II. Good reputation (Acts 6:3, 5)
- 4 III. Heavenly minded (Acts 7:55-56)
- 5 IV. Oppose heresy (Acts 13:8-10)
- 6 V. Abounding in hope (Romans 15:13)
- 7 VI. Spiritual fruit (Galatians 5:22-24)
- 8 VII. Spiritual wisdom (Ephesians 1:17-18)
- 9 VIII. Spiritual strength (Ephesians 3:16)
- 10 IX. Sound doctrine (I John 2:27)

What is the fruit of the Spirit:

- I. Love
- II. Joy
- III. Peace
- IV. Long-suffering
- V. Gentleness
- VI. Goodness
- VII. Faith
- VIII. Meekness
- IX. Temperance



Are there any areas in my life that I need to let the Holy Spirit lead in?

Example:

Relationship with
my parents

LESSON 4.2

OBEDIENCE



EXPLANATION

WHAT DOES IT MEAN TO BE "OBEDIENT?"

WHEN BETHANY'S MOM TOLD HER TO CLEAN HER ROOM, SHE OBEYED RIGHT AWAY AND WITH A GOOD ATTITUDE.

DOING WHAT WE ARE TOLD RIGHT AWAY AND WITH A GOOD ATTITUDE.



SCRIPTURE MEMORY

EPHESIANS 6:1-2

CHILDREN, OBEY YOUR PARENTS IN THE LORD: FOR THIS IS RIGHT. HONOUR THY FATHER AND THY MOTHER; (WHICH IS THE FIRST COMMANDMENT WITH PROMISE;)



DAILY BIBLE READING

- JOHN 14:15
- LUKE 6:46
- JAMES 1:22.
- 1 SAMUEL 15:22
- 2 CORINTHIANS 2:9

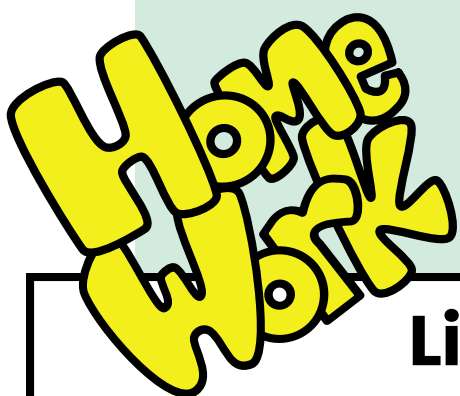
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List two ways that you can be obedient this week:

Example:

To my parents

To my teachers



PREACHING TIME

WHY SHOULD WE BE OBEDIENT?

1. God first Loved us.
2. We should want to Please God.
3. It shows that I follow the lessons from the Bible.
4. It allows us to Love other people.

PEOPLE WHO OBEYED IN THE BIBLE:

5. Abel (Genesis 4:4)
6. Abraham (Genesis 12:1-4)
7. Joseph (Genesis 41:38-40)
8. Moses (Exodus 4:19-20)
9. Three Men (Daniel 3:17)
10. Daniel (Daniel 1:8; 6:4-10)

On your own time, read the Bible and find a character that obeyed. (**We will discuss next week in class.**)

Example:

Jesus
He went to the cross for my sins because He obeyed the Father, God

LESSON 4.3

DISCIPLE



EXPLANATION

WHAT DOES IT MEAN TO BE A "DISCIPLE?"

CARSON LOVES GOD AND WANTS TO DO WHATEVER GOD ASKS HIM TO DO.

SOMEONE WHO IS SAVED AND THEN FOLLOWS AND OBEYS GOD.



SCRIPTURE MEMORY

MATTHEW 16:24

THEN SAID JESUS UNTO HIS DISCIPLES, IF ANY MAN WILL COME AFTER ME, LET HIM DENY HIMSELF, AND TAKE UP HIS CROSS, AND FOLLOW ME.



DAILY BIBLE READING

- LUKE 14:27
- ACTS 2:42
- LUKE 6:40
- LUKE 14:33
- TITUS 2:1-8

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The best way to be a disciple is to tell someone about Jesus:

Give out 3 invitations to your church this week



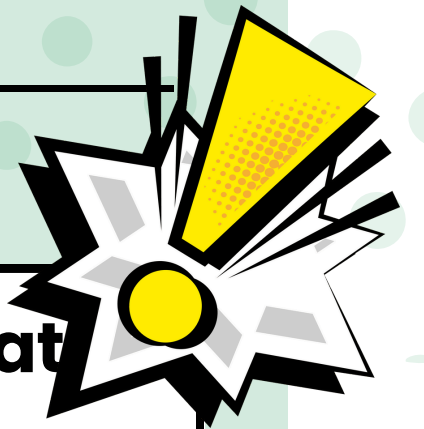
HOW CAN I BE A DISCIPLE?

1. Jesus demands total Devotion to be one of his disciples. (*John 8:31; Luke 14:25,33*)
 - a. A Disciple must Follow Jesus.
 - b. A Disciple must Forsake the world.
 - c. A Disciple must Find others.
2. I must follow the Great Commission (*Matthew 28:18-20*)

WHO CAN I DISCIPLE? *Someone that you know*

1. My friend down the street
2. My friend at church

Write down and share with the class about one person that you invited to church this last week.

[illegible]

LESSON 4.4

PRAYER



EXPLANATION

WHAT DOES IT MEAN TO "PRAY?"

LILLY LOVES HER PARENTS, SO EVERYDAY SHE TELLS THEM ABOUT HER DAY. IF WE LOVE GOD, WE WILL TALK TO HIM TOO.

PRAYER IS TALKING TO GOD.



SCRIPTURE MEMORY

HEBREWS 4:16

LET US THEREFORE COME BOLDLY UNTO THE THRONE OF GRACE, THAT WE MAY OBTAIN MERCY, AND FIND GRACE TO HELP IN TIME OF NEED.



DAILY BIBLE READING

- PHILIPPIANS 4:6

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- MARK 11:24

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- MATTHEW 6:6-7

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- JEREMIAH 33:3

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- EPHESIANS 6:18

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REFER TO THE PRAYER LIST PAGE TO COMPLETE THE ASSIGNMENT (pg.17)

This week, you should begin to develop your prayer list. If you follow the outline of the list when you pray, it will help you have an organized prayer life.



PREACHING TIME

1 WHAT IS PRAYER?

1. Thanksgiving (Romans 1:8)
2. For Others (Romans 1:9)
3. Conversation (Romans 1:9)
4. Asking; Supplication (Romans 1:10)

2 HOW SHOULD WE PRAY?

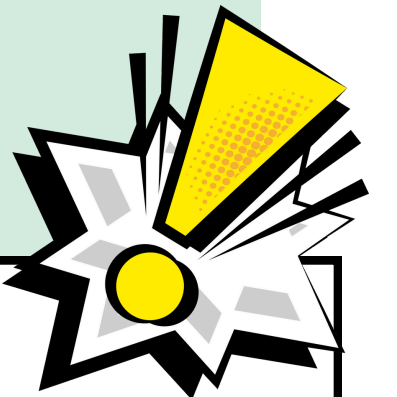
1. Through Jesus Christ (Romans 1:8)
2. Regularly (Romans 1:9; Dan. 6:10)
3. Persistently (Romans 1:9; Lk. 18:1-7)
4. Submission (Romans 1:10; 2 Cor. 12:7-10)

WHAT SHOULD WE PRAY FOR?

- 3 1. Government (1 Timothy 2:2)
- 4 2. Salvation (1 Timothy 2:3-4)
- 5 3. Others (Ephesians 6:18)
- 6 4. Daily Needs (Matthew 6:11)
- 7 5. Sicknesses (2 Corinthians 12:7-8)
- 8 6. Wisdom (James 1:5)

9 WHAT HINDERS PRAYER?

1. Selfishness (James 4:3)
2. Sin (Ps. 66:18)



IF TIME
PERMITS...HAVE
A PRAYER
MEETING

LESSON 4.5

MERCY



EXPLANATION

WHAT DOES IT MEAN TO BE “MERCIFUL?”

BILLY BROKE HIS DAD’S WINDOW, BUT HIS DAD DID NOT PUNISH HIM.

MERCY MEANS THAT GOD DOES NOT GIVE US THE PUNISHMENT THAT WE DESERVE.



SCRIPTURE MEMORY

PSALM 103:8

THE LORD IS MERCIFUL AND GRACIOUS, SLOW TO ANGER, AND PLENTEOUS IN MERCY.



DAILY BIBLE READING

- LUKE 6:36
- HEBREWS 4:16
- MICAH 6:8
- 2 PETER 3:9
- LAMENTATIONS 3:22-23

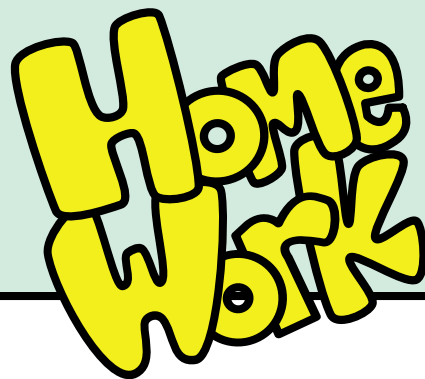
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WRITE DOWN ONE TIME WHERE MERCY CAN BE SEEN IN THE BIBLE

(Explain your answer.)

Example: Mercy is seen when Jesus died on the cross and took our punishment (*condemnation*) away so that I don’t have to suffer for it.



PREACHING TIME

1 WHAT ARE THE MANY ASPECTS OF MERCY?

- Tender Pity
- Kindness
- Forgiveness
- Compassion

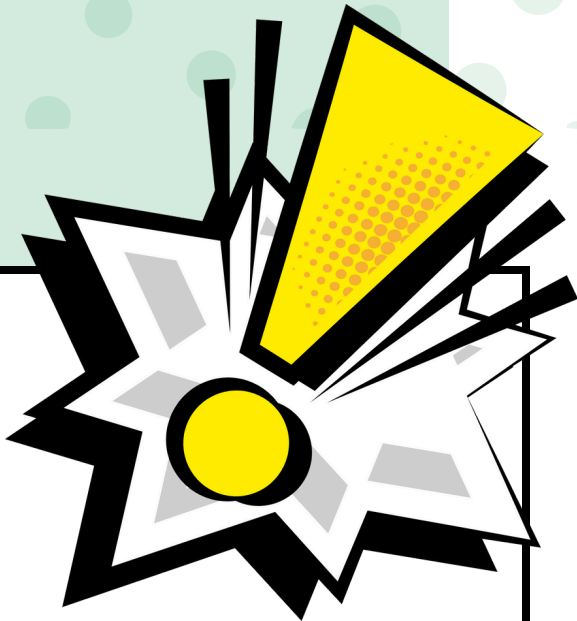
WHAT IS IMPORTANT ABOUT GOD’S MERCY?

1. Salvation is because of mercy. (*Titus 3:5*)
2. The Atonement of Christ. (*Titus 3:5-7*)

WHAT DOES MERCY MAKE ME DO?

1. Motivates me to serve God. (*Romans 12:1-2*)
2. Show Mercy to others. (*Col. 3:12; James 2:13*)

HOW CAN YOU BETTER SHOW MERCY TO SOMEONE?



Example: I can show mercy to someone when they
do me wrong. Instead of getting upset, I can forgive
them and love them.

LESSON 4.6

GRACE



EXPLANATION

WHAT DOES IT MEAN TO BE "GRACIOUS?"

TOM DID NOT CLEAN UP THE YARD COMPLETELY, BUT HIS DAD STILL LET HIM COME WITH THE REST OF THE FAMILY TO GET ICE CREAM.

WHEN GOD GIVES SOMETHING GOOD THAT WE DO NOT DESERVE.



SCRIPTURE MEMORY

EPHESIANS 2:8-9

FOR BY GRACE ARE YE SAVED THROUGH FAITH; AND THAT NOT OF YOURSELVES: IT IS THE GIFT OF GOD: NOT OF WORKS LEST ANY MAN SHOULD BOAST.



DAILY BIBLE READING

- 2 CORINTHIANS 12:9
- ROMANS 6:14
- JAMES 4:6
- I CORINTHIANS 15:10
- 2 TIMOTHY 2:1

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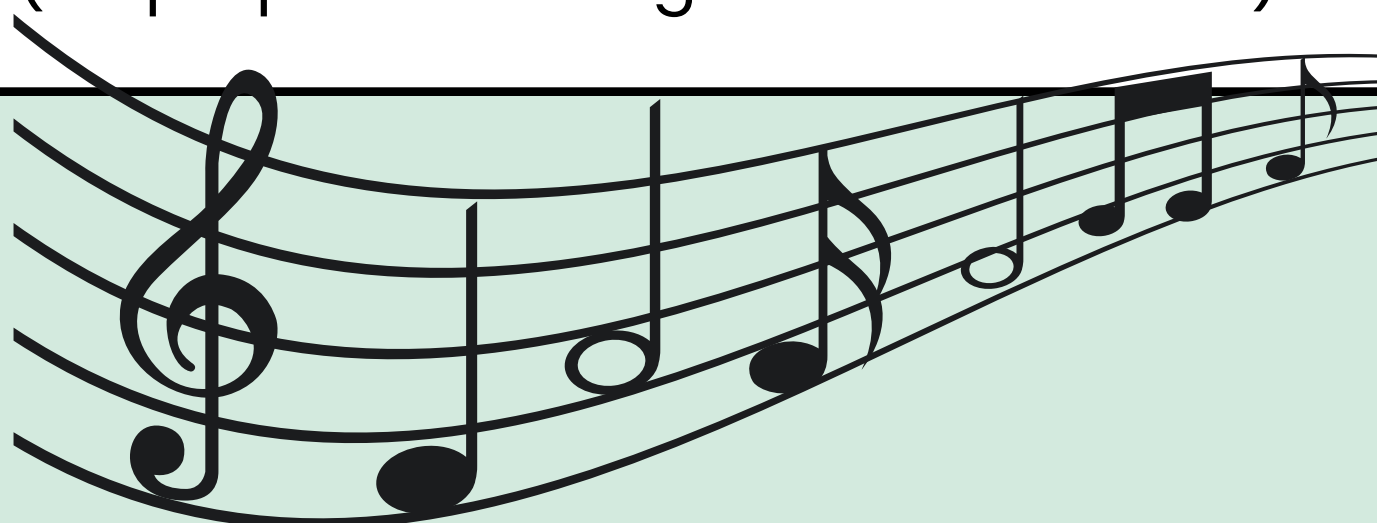
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FIND SONGS IN THE HYMNBOOK THAT ARE ABOUT GRACE

(Be prepared to sing or recite in class)





PREACHING TIME

1 WHAT IS BIBLICAL GRACE?

- Finding Favour (*Genesis 6:8-9*)
- The Free Gift of Salvation (*Ephesians. 2:8-9*)
- The Attitude of a Christian (*Acts 11:23*)
- A Spiritual Gift (*Acts 14:26*)

THERE ARE TWO TYPES OF GRACE:

I. Saving GRACE

A. The gift of God when Jesus died in place of the sinner.

- *Romans 3:23-24; 4:6; 11:6; Acts 15:11; Titus 2:11*

B. The gift of God only attained by the blood.

- *Galatians 1:6*

II. Serving GRACE

A. God gives believers ability to serve.

- *Romans 1:5; 12:3, 6; 15:15*

1. Starting Churches (*1 Corinthians 3:10-11*)

2. Living Holy (*2 Corinthians 1:12*)

3. Grace Giving (*2 Corinthians 8:1-2*)

4. Enduring Trials (*2 Corinthians 12:9*)

5. Ministering the WORD (*Ephesians 3:7-8*)

B. It only comes through being filled with the Spirit.

- *Ephesians 5:18*



LESSON 4.7

WORSHIP



EXPLANATION

WHAT DOES IT MEAN TO “WORSHIP?”

CHURCH ISN'T THE ONLY PLACE WHERE YOU CAN WORSHIP. WORSHIP CAN HAPPEN WHILE YOU ARE AT HOME OR SCHOOL. YOU CAN WORSHIP GOD BY SINGING A SONG OR BY THANKING HIM FOR WHAT HE HAS DONE. WORSHIP IS ABOUT SHOWING GOD OUR LOVE AND SACRIFICING OUR DESIRES TO ACCOMPLISH HIS.

WORSHIP IS GIVING GLORY AND HONOUR TO GOD



SCRIPTURE MEMORY

PSALM 95:6

O COME, LET US WORSHIP AND BOW DOWN: LET US KNEEL BEFORE THE LORD OUR MAKER.



DAILY BIBLE READING

- JOHN 4:23-24
- ROMANS 12:1
- ISAIAH 12:5
- PSALM 95:1-6
- PSALM 29:2

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WHAT ARE YOUR FAVORITE WAYS TO WORSHIP THE LORD?

(Explain your answers.)

Example: I enjoy worshipping the Lord by singing in church with other believers.



PREACHING TIME

1

WHAT DOES WORSHIP INVOLVE?

- To Bow down
- To Honor
- To pay Homage
- To Reverence

WHO CAN BE WORSHIPPED?

- Only God alone! (*Exodus 20:1-6*)
- Angels are not be worshipped! (*Revelation 22:8-9*)
- Worship is not Tradition. (*Matthew 15:9*)
- Worship must be in Spirit. (*John 4:24*)
- Worship must be in Truth. (*John 4:24*)

HOW CAN A PERSON WORSHIP?

- I. Prayer
- II. Singing
- III. Surrender



PRAYER TIME

FORGIVENESS OF SINS

THANKSGIVING

FAMILY

PASTOR

CHURCH

FRIENDS

PRAYER REQUEST



ACHIEVEMENTS



ANY CHILD THAT ATTENDS FOR A MONTH WITHOUT ABSENCE WILL RECEIVE AN ACHIEVEMENT VEST.

BIBLE AWARD



THIS AWARD IS FOR MEMORIZING EVERY MEMORY VERSE IN THE BOOKLET

FAITHFUL AWARD



THIS AWARD IS FOR PERFECT ATTENDANCE COVERING AN ENTIRE VOLUME

MISSIONARY AWARD



THIS AWARD IS FOR BRINGING A VISITOR DURING THE VOLUME.

LEARNING AWARD



THIS AWARD IS FOR BEING ABLE TO DEFINE EVERY SUBJECT COVERED IN CLASS

MUSIC AWARD

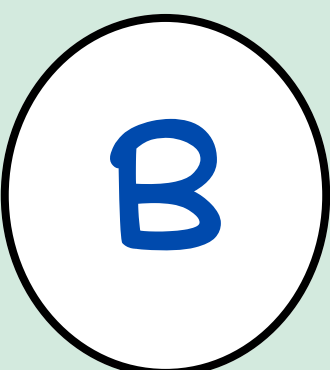


THIS AWARD IS FOR PARTICIPATING IN OUR BLAST CHOIR

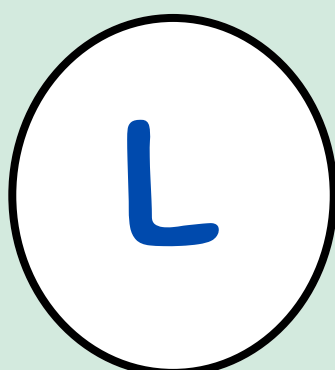
GOOD STEWARD AWARD



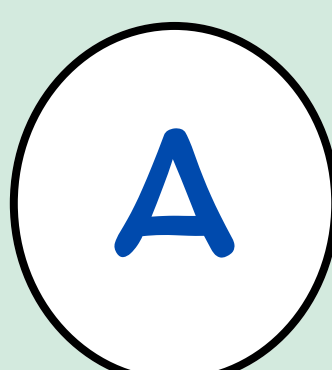
THIS AWARD IS FOR RECEIVING ALL FIVE AWARDS.



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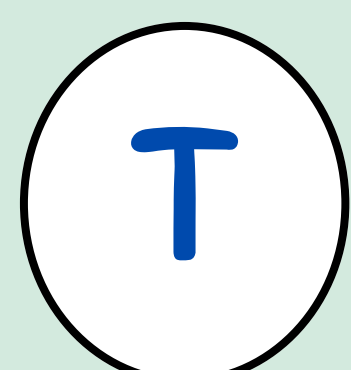
LEARNER



ACHIEVER



SERVER



TRAINER

RECEIVED AFTER EVERY LESSON HAS BEEN COMPLETED IN THE VOLUME.

Sermon Notes

Christian Life Words

Sermon Notes

Christian Life Words



THE CHRISTIAN LIFE IS THE BEST LIFE !

The Christian life is under attack today by the liberal media, secular rioting, and humanistic teaching. The Christian life is also under attack by compromising Christians who are trying to redefine the Bible and the clear teaching that it conveys.

The lessons taught in this booklet will help the student learn what the Christian life is all about from the very Word of God. This curriculum is a discipleship course that will *"train up a child in the way he should go."*

Lesson topics include:

- Being filled with the Spirit
- Obedience
- Discipleship
- Devoping a prayer life
- Mercy
- Grace
- Worship



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SCAN ME

