



WHEN LIFE IS A LOT

Let faith anchor you

SUNDAY, MAY 31

WEEK 5 | Deuteronomy 8:1-10 | *Belong*

Life can feel like a lot, especially when everything seems to pile up at the same time. Work, family, health, and decision-making don't wait for the right moment. You might find yourself trying to keep everything together while quietly taking on more than usual. You continue to show up because others rely on you, but there are times when the burden feels heavier than you can express. Uncertainty about what lies ahead is common, and it's clear that some challenges won't resolve on their own. Remember, you don't need to fix everything all at once. Instead, take one step at a time, trusting that God is already with you in what you're carrying.

BIG IDEA

**Before you move into what's next,
remember God has been with you the whole way.**



DISCUSSION QUESTIONS



1. What is one thing that stood out to you from this week's message?
2. What is something God has brought you through that you need to remember this week instead of rushing past?
3. Have you ever gone through a season where you quietly questioned your identity, purpose, or where you belonged? What helped you reconnect?
4. Moses kept telling Israel to "remember" because wilderness seasons can make people forget God's presence. What helps you remember God when life feels like a lot?
5. How can we pray for you?

YOUR NEXT STEP

This week, slow down long enough to remember God has been with you the whole way.