



WHEN LIFE IS A LOT

Let faith anchor you

SUNDAY, MAY 17

WEEK 3 | Joshua 1:1-9 | Courage

Life can feel like a lot, especially when everything seems to pile up at the same time. Work, family, health, and decision-making don't wait for the right moment. You might find yourself trying to keep everything together while quietly taking on more than usual. You continue to show up because others rely on you, but there are times when the burden feels heavier than you can express. Uncertainty about what lies ahead is common, and it's clear that some challenges won't resolve on their own. Remember, you don't need to fix everything all at once. Instead, take one step at a time, trusting that God is already with you in what you're carrying.

BIG IDEA

You don't have to face what's next alone. God is already there.



DISCUSSION QUESTIONS



1. What is one thing that stood out to you from this week's message?
2. What is one faithful next step you can take instead of trying to control your whole future?
3. If you're a parent, what would it look like to release your child into God's hands instead of carrying every fear alone? If you're not a parent, what does it look like to release what's currently consuming your life to God?
4. God tells Joshua to be strong and courageous three times as he faces the next season. Where do you need courage for the next step, not the whole plan?"
5. How can we pray for you?

YOUR NEXT STEP

This week, start your morning with this prayer: *"God, I don't have the whole map, but I trust You are already there. Give me courage for today."*