

COME

ALIVE

A LENT JOURNEY OF RENEWAL

AGAIN

SUNDAY, MARCH 8

WEEK 3 | John 4:1-11 | *Come Thirsty*

Lent offers a pause from your usual routine to reconnect with your true self. It's a sacred opportunity to slow down, reflect, and prepare our hearts for the hope of resurrection. In a world that constantly urges us to hustle, prove ourselves, and keep busy, Lent creates space to slow down and focus on what truly matters. It's not about striving for perfection but about recognizing God's presence, rediscovering your authentic identity, and integrating faith naturally into daily life—whether at the kitchen table, in quiet moments, or while caring for others.

BIG IDEA

**You don't have to run on empty because
Jesus offers living water to reconnect and refresh your soul.**



DISCUSSION QUESTIONS



1. What is one thing that stood out to you from this week's message?
2. Jesus stepped away from the Pharisees' attempt to compare Him with John and focused on not competing. Is there a part of your life where avoiding comparison could bring you greater peace?
3. The woman approached the well, thirsty, and kept searching for things that never truly satisfied her. What are some things people today seek for happiness that fail to provide lasting fulfillment?
4. Jesus provides "living water" to prevent us from running dry. What is a simple way to connect with Jesus this week to keep you from being thirsty?
5. How can we pray for you?

YOUR NEXT STEP

This week, think about one thing you have been avoiding, like a hard conversation, asking for help, or changing a habit. Ask God to give you the courage to take one small step toward it.

If you're doing the 40-day devotion, these questions will help you process it with others. If you're not, just start with one question this week.