

COME

ALIVE

A LENT JOURNEY OF RENEWAL

AGAIN

SUNDAY, MARCH 1

WEEK 2 | Psalm 51:1-4;10 | Come Clean

Lent offers a pause from your usual routine to reconnect with your true self. It's a sacred opportunity to slow down, reflect, and prepare our hearts for the hope of resurrection. In a world that constantly urges us to hustle, prove ourselves, and keep busy, Lent creates space to slow down and focus on what truly matters. It's not about striving for perfection but about recognizing God's presence, rediscovering your authentic identity, and integrating faith naturally into daily life—whether at the kitchen table, in quiet moments, or while caring for others.

BIG IDEA

God's grace is bigger than your guilt. You don't have to hide your mess.



DISCUSSION QUESTIONS



1. What is one thing that stood out to you from this week's message?
2. Why do you believe people tend to hide their mistakes rather than admit them?
3. David said, "Create in me a clean heart." Why did he not just say, "I'll try harder next time"? What does this reveal about what we are able to change ourselves and what we cannot? In what areas of your life do you need God to do what you cannot?
4. How would your week differ if you truly believed you are defined by God's grace rather than your past?
5. How can we pray for you?

YOUR NEXT STEP

Take 60 seconds every day this week, pray this sentence: "God, I regret how I handled _____. I can't fix this myself. Create something new in me."

If you're doing the 40-day devotion, these questions will help you process it with others. If you're not, just start with one question this week.