COME ALIVE AGAIN

A LENT JOURNEY OF RENEWAL

SUNDAY, MARCH 15

WEEK 4 | Isaiah 61:1-4 | *Come Broken*

Lent offers a pause from your usual routine to reconnect with your true self. It's a sacred opportunity to slow down, reflect, and prepare our hearts for the hope of resurrection. In a world that constantly urges us to hustle, prove ourselves, and keep busy, Lent creates space to slow down and focus on what truly matters. It's not about striving for perfection but about recognizing God's presence, rediscovering your authentic identity, and integrating faith naturally into daily life—whether at the kitchen table, in quiet moments, or while caring for others.

BIG IDEA

When life breaks our hearts and leaves ashes behind,
God knows how to rebuild from ashes.

DISCUSSION QUESTIONS

1. What is one thing that stood out to you from this week's message?
2. Life can sometimes be so tough that it shatters our hearts, leaving us with "ashes." What are these "ashes," such as grief, disappointment, stress, family conflicts, health problems, or past mistakes, that people carry with them today?
3. Isaiah says God heals the brokenhearted. Why do you think many people hide their pain instead of bringing it to God or others?
4. Can you think of a time when God brought something good out of a hard season in your life? What changed for you?
5. How can we pray for you?

YOUR NEXT STEP

This week, pray this daily prayer: *"God, here is the part of my life that feels broken _____. Please begin rebuilding it."*

If you're doing the 40-day devotion, these questions will help you process it with others. If you're not, just start with one question this week.