

Travel Light

WHEN LIFE SHIFTS, GOD STILL LEADS



SUNDAY, JULY 5

WEEK 5 | Galatians 5:1, 13-14 | Free To Let Go

Have you ever tried to travel with too much? Too many bags, too much weight, trying to keep up with everything at once. At some point, you realize you're carrying more than you need, and it's slowing you down. Life can feel the same way. What once felt normal can start to feel uncertain; the noise gets louder, and before you know it, you're carrying more than you were meant to carry. It becomes harder to see clearly and easier to miss what really matters. But God is not distant in moments like this. He is present, steady, and already at work, even when life feels unfamiliar or unsettled. This summer, we'll learn to slow down, travel light, and trust God with what we've been carrying. You don't have to carry it all alone.

BIG IDEA

Because of Jesus, you don't have to spend the rest of your life trying to be enough.



DISCUSSION QUESTIONS



1. What is one thing that stood out to you from this week's message?
2. What burden have you been carrying that Jesus never asked you to carry?
3. Where are you still trying to prove you're enough instead of resting in God's grace?
4. Because Christ has set you free, who can you intentionally love or serve this week?
5. How can we pray for you?

YOUR NEXT STEP

This week, practice your freedom by leaving one burden with Jesus and intentionally loving one person.