

Travel Light



SUNDAY, JULY 26

WEEK 8 | Psalm 23 | Keep Walking

Have you ever tried to travel with too much? Too many bags, too much weight, trying to keep up with everything at once. At some point, you realize you're carrying more than you need, and it's slowing you down. Life can feel the same way. What once felt normal can start to feel uncertain; the noise gets louder, and before you know it, you're carrying more than you were meant to carry. It becomes harder to see clearly and easier to miss what really matters. But God is not distant in moments like this. He is present, steady, and already at work, even when life feels unfamiliar or unsettled. This summer, we'll learn to slow down, travel light, and trust God with what we've been carrying. You don't have to carry it all alone.

BIG IDEA

When your story no longer makes sense, stay close to the Shepherd.



DISCUSSION QUESTIONS



1. What is one thing that stood out to you from this week's message?
2. How can we pray for you?
3. Where do you see yourself in Psalm 23 today? Are you in green pastures, beside still waters, or walking through a valley? What does this passage teach you about the Shepherd?
4. Is there a chapter of your life that doesn't make sense right now? What is God inviting you to trust Him with instead of trying to figure it out yourself?
5. How can we pray for you?

YOUR NEXT STEP

This week, whenever life doesn't make sense, pause and pray, "Lord, You are my Shepherd. Help me stay close to You today," before asking God for anything else.