

Travel Light

WHEN LIFE SHIFTS, GOD STILL LEADS



SUNDAY, JULY 12

WEEK 6 | Exodus 18:13-24 | Overpacked

Have you ever tried to travel with too much? Too many bags, too much weight, trying to keep up with everything at once. At some point, you realize you're carrying more than you need, and it's slowing you down. Life can feel the same way. What once felt normal can start to feel uncertain; the noise gets louder, and before you know it, you're carrying more than you were meant to carry. It becomes harder to see clearly and easier to miss what really matters. But God is not distant in moments like this. He is present, steady, and already at work, even when life feels unfamiliar or unsettled. This summer, we'll learn to slow down, travel light, and trust God with what we've been carrying. You don't have to carry it all alone.

BIG IDEA

Life gets lighter when we stop carrying more than God intended for the journey.



DISCUSSION QUESTIONS



1. What is one thing that stood out to you from this week's message?
2. Where does your life feel overpacked right now?
3. What have you packed into your life that may not belong there anymore?
4. What would traveling lighter look like for you this week?
5. How can we pray for you?

YOUR NEXT STEP

This week, take one thing out of your suitcase that God never intended you to carry.