



RESET

Making room for what matters

SUNDAY, JANUARY 25

WEEK 4 | John 10:9-10 | *For Impact*

A new year often brings high hopes and the pressure to overhaul our health, habits, goals, and relationships all at once. But perhaps the most meaningful change isn't about doing more, but about making space. Instead of stressing over resolutions, consider resetting your heart and life by focusing on what truly matters.

This January, instead of making resolutions, we're resetting and starting intentionally. Whether you're a busy parent trying to catch your breath, returning to church after a long absence, or exploring new routines, this series aims to deepen your relationship with God and strengthen bonds with others. Together, we'll make room for faith, community, purpose, and the next generation, transforming 2026 into more than just a new date and resolutions; it's an opportunity to renew your soul and build meaningful connections.

BIG IDEA

God wants to reset our lives through the abundant life that Jesus promised.

DISCUSSION QUESTIONS

1. What is one thing that stood out to you from this week's message?
2. When you think about the abundant life Jesus promises, what helps you feel full and alive, and what might be slowly stealing life away from you?
3. Jesus says that the thief's intent is to steal, kill, and destroy. What are some of the "thief voices" you observe, such as fear, shame, hurry, or pressure, that emerge to steal your peace, relationships, or faith?
4. Considering the abundant life Jesus promises, what's one small step you can take today to trust Him more with your next decision and follow Him more closely, even if you don't have all the answers?
5. How can we pray for you?

YOUR NEXT STEP

This week, take five quiet minutes to name one "thief voice" you have noticed (fear, hurry, shame, pressure). Write it down. Then write one truth from Jesus that brings abundant life and read it each day this week.