



2025-2026 Financial Responsibilities and Schedules

All registrations must be completed online at www.stingraysswimming.com. All forms must be signed, and a valid credit card must be entered for payment.

You may also set up a Bank Account (ACH) withdrawal for your monthly swim fees.

New Athlete Registration Fee	\$200.00	\$20 discount for each new additional athlete
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Plus, a separate USA + GA Registration Fee is paid online.

Family Commitment Charge	\$120.00	See Notes
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PAYMENT SCHEDULE

12 payments

	Registration Fee	Due when register
August - July	Swim Fees	Due the 1 st of each month
	Family Commitment Charge Due	See Notes

Member Financial Responsibilities for 2025-26

For new members and non-rolling members, the registration fee is \$200 per athlete.

The credit card fee is a 1.99% charge for each transaction.

You can set up a Bank Account withdrawal (ACH) on your Stingrays account page at no cost to pay for swim fees only.

Each family must have a credit card on file to enter swim meets.

The Family commitment fee has been reduced to \$120 and will be billed in two installments of \$60 on October 1st and November 1st.

The non-swim meet worker fee is \$25.00.

Enclosed are the practice schedules and costs for the season.

We are on a 12-month payment schedule. (August 2025 – July 2026)

Please remember the only way to stop billing is by contacting Coach Ian via email at coachian@stingraysswimming.com.

Please do not just tell your swimmer's coach and expect billing to be halted.

Thank you for supporting our team as we head into our 40th year of community service.

A handwritten signature in black ink, appearing to read "Ian Goss".

Contact Information

Mailing & Billing Address

Stingrays Swimming (T4L)

803 Savona Way, Woodstock, GA 30189

Head Coach - STINGRAYS

Ian Goss – coachian@stingraysswimming.com

(770-325-7292) Ext 0



Contact Information
Mailing & Billing Address
Stingrays Swimming (T4L)
803 Savona Way, Woodstock, GA 30189

Head Coach - CAC Location & Billing

[Ian Goss](#)
(770-325-7292) Ext 0

Associate Head Coach - CCAC Location

[Pike Hightower](#)
(770-325-7292) Ext 2

Office Hours

Monday, Wednesday, Thursday, and Friday: 9:00 am-1:00 pm
Tuesday: 10:30 am-1:00 pm

Lead Age Group Coach - CCAC

[Anna Lofton](#)
(770-325-7292) Ext 3

Lead Coach - MVAC

[Allison Hunter](#)
(770-325-7292) Ext 4

Lead Senior Coach - MVAC

[Ra Jones](#)
(770-325-7292) Ext 6

Head Masters Coach

[Michael Soderlund](#)
(770-325-7292) Ext 5

LAPS Director & Information

[Nicole Kunst](#)
(770-325-7292) Ext 1



STINGRAYS PROGRAMS

Competitive Team

Stingrays offer training and competition for all levels of swimmers seeking individual development and team unity within a nationally recognized competitive swim program. Anyone interested in becoming a Stingrays swimmer is asked to attend a swim evaluation at one of our facilities. Group evaluations for new swimmers are scheduled in the summer, while individual evaluations may be conducted at other times of the year. During the assessment, a Stingrays staff member will observe the swimmer performing all four strokes, assign an appropriate group placement within the Stingrays program, and discuss the registration process. If you are interested in joining our Mountain View Aquatic facility, please contact Coach Allison at coachallison@stingraysswimming.com. If you are interested in joining our Cherokee County Aquatic Center facility, please contact Coach Pike at coachpike@stingraysswimming.com. Or you can call our main line on 770-325-7292

2025-2026 Fees & Payment Schedules

Rolling Registration Fee - July 15 th	\$150.00	Automatically Billed
New + Re-Registration Fee	\$200.00	
Plus, a separate USA + GA Registration Fee is paid online.		
Family Commitment Charge	\$120.00	Due October 1st
PAYMENT SCHEDULE		
12 payments		
July 15th	Registration Fee	July 1st
Aug -July	Swim Fees	1 st of every month
October 1st	Family Commitment Charge Due	Will be split into two payments of \$60 on Oct 1 st & Nov 1 st
CAC - Cobb Aquatic		
National & Future	\$350.00	
College – All Locations	1 st of every month	
\$250 a month June & July	plus, USA + GA Registration Fee	

CCAC – Cherokee Aquatic	
AG Red (3x a week)	\$220.00
AG White (4x a week)	\$240.00
AG Blue (5x a week)	\$260.00
Pre Senior	\$290.00
High School	\$275.00
Senior	\$325.00
Future	\$345.00
Masters \$70.00 each month	
MVAC – Mountain View	
AG Red (3x a week)	\$250.00
AG White (4x a week)	\$265.00
AG Blue (5x a week)	\$280.00
Pre Senior	\$310.00
Senior	\$330.00
Masters \$70.00 each month	



TEAM Swim Fees

The Swim Fees are monthly and are non-refundable. A 30-day written notice is required to stop payment. Please email Team Billing at coachian@stingraysswimming.com

2025-2026 COMPETITIVE TEAM MEMBERSHIP FINANCIAL MATTERS

As your child participates in swimming for the Stingrays, we kindly request that you be aware of the various financial commitments associated with membership. Please read the following information carefully and thoroughly. If you have any questions, please email our Business Office, coachian@stingraysswimming.com. Team Billing: 770-325-7292 Ext 0.

All outstanding balances must be paid in full before or during the registration process.

Stingrays' billing is handled through T4L Swim Team Management, Inc. All payments must be made payable to T4L Swim Team Management, Inc.

REGISTRATION FEE

For new and non-rolling members, a non-refundable annual registration fee of \$200, payable online through the Stingrays website, is required for each new swimmer.

To be eligible for rolling registration, your swimmer must have been active for the past 12 months.

The rolling registration fee for returning swimmers is \$150, due on July 15th of each year.

For more than one athlete per family. (Age Group, Pre Senior, Senior, Future, and National groups only) There is a \$20 discount per athlete for the yearly registration.

Additionally, USA Swimming and Georgia Swimming are requiring that each athlete register and pay their fees directly online. ALL REGISTRATIONS ONCE COMPLETE AND APPROVED ARE NON-REFUNDABLE

RECURRING CHARGES

TEAM Swim Fees

The Swim Fees are monthly and are non-refundable.

DISCOUNTS for Swim Fees

*** Multi-Swimmer Discounts for families with more than one swimmer in the Age Group program or above-level practice groups are applied as follows (after ordering swimmers from most expensive to least expensive):

- 2nd swimmer = 10% off
- 3rd swimmer=20% off
- 4th swimmer=30% off
- 5th swimmer and above = free

***By registering with the Stingrays Swimming program, you agree to the Service and Financial responsibilities listed in this Commitment Agreement. ***

Family Commitment Charge

There will be a mandatory \$120 commitment/charge per family.

Stingrays Swimming is proud to sponsor and help promote and subsidize USA Swimming programs as well as fund scholarships, travel, water fees, and team equipment costs for Stingrays Swimming. Stingrays Swimming will host the Annual Swim-A-Thon fundraiser in the fall to help achieve these goals. The Online Fundraiser will be active on the Website in September, allowing everyone to start early. The Fundraiser system on our Website offers easy templates for emailing prospects and tracking your donations. Details on the Swim-A-Thon events and prizes will be communicated by the coaches and on the Website once the program is finalized and active. (Note that 5% of the proceeds will go to USA Swimming and the remainder will go toward scholarships, travel, and team equipment costs.) The family commitment charge is due October 1st.



Although the commitment charge is **mandatory**, the Swim-A-Thon allows the swimmer's family to offset costs by raising money that would otherwise be a direct charge to the swimmer's family. Alternatively, the funds contributed by the swimmer's family **may be tax-deductible**, in whole or in part, as a charitable contribution. Consult your tax professional, as Stingrays Swimming is not a tax expert and does not purport to be such.

The \$120 charge will be divided into two installments of \$60 each (October 1st and November 1st). If the family registers after the November deadline, the commitment charge will be invoiced as part of the registration fee.

Email Billing coachian@stingraysswimming.com

NON-RECURRING MONTHLY CHARGES

Please carefully review your courtesy billing summary, which is emailed to the primary email address on your account around the 20th of each month, to ensure you are aware of and prepared to pay the correct amount due. Non-recurring charges such as swim meet fees, cap fees, or special t-shirt fees may be added to your recurring monthly dues and are due in full on the 1st of each month.

A \$20 late fee is automatically billed to any account for which the Total Outstanding Balance has not been received and posted by the 15th of each month.

For each swim meet a swimmer signs up to attend, an \$8 fee to cover Stingray's administrative and club costs at each meet is charged to the swimmer's account in addition to the host team's individual event and surcharge fees. All fees are noted in the notes section when an athlete signs up for each swim meet. Because Stingrays must pay fees in advance, these fees will not be refunded if a swimmer fails to attend a meet for which they signed up. When the sign-up deadline ends, the athlete is considered in the swim meet, and no refunds will be given.

MEET SERVICE COMMITMENT (For All Swimmers Participating in Swim Meets)

Family Participation Policy (01/2016)

If your child is swimming in a Stingrays-hosted swim meet, your service is required to work each session in which they compete. For instance, if your child is swimming in only one session, you will only be required to work one session. **In a prelim/final meet, all parents of Stingrays swimmers who advance to finals will be asked to work during finals, in addition to the above requirements.**

NOTE: There is no Service Requirement for swim meets that we do not host.

Notification

If you do not sign up for the service hours and do not report to the service desk at the swim meet, you will be subject to a \$25 fine per session, which will be invoiced to you on the monthly billing statement. A record will be kept of your service time.

Service Sign Up (Job Sign Up)

To streamline the process, volunteer sign-ups are handled via the Stingrays website www.stingraysswimming.com. Go to the event page, click on 'Job Sign Up,' and choose a position to fill.

If your child is swimming in the swim meet and the Stingrays are hosting, it will be a (fun) working weekend for you. If you need to arrange childcare so that you can fully enjoy the experience, please make arrangements in advance. We only host one (1) swim meet per month, on average, so let us make the most of it. Positive attitudes go a long way in making our swimmers feel energized and our guests welcome.

If you are not able to sign up on the Website (the list is usually locked out one or two days before the meet), you are responsible for coming to the volunteer desk at the beginning of warm-ups to sign up and fill in where the meet manager needs you.

NOTE: If you are unable to fulfill your Service Requirement, you must contact Lori Windham



at raysvolunteers@stingraysswimming.com or Coach Pike at coachpike@stingraysswimming.com **before the start of the meet.**

For meet-service questions, please get in touch with Lori Windham at raysvolunteers@stingraysswimming.com or Coach Pike coachpike@stingraysswimming.com

Family Participation Options

You may choose different ways to fulfill your service obligation. Parents may work one session or a session in which their child is not swimming. There are also other jobs behind the scenes (cooking for hospitality, shopping for concessions, moving supplies/trailers, concession runs, etc.) for those who are looking for something "outside the box". Inquire with any of the meet managers if you are interested in any of these options, or contact Coach Pike at coachpike@stingraysswimming.com

Service credit is only given for Stingrays-hosted meets.

To earn credit for each session worked, you can become a GA Official. T4L covers all training and USA Registration Costs.

Contact Coach Ian at coachian@stingraysswimming.com, and he will assist you in getting the process started.

***By registering with the Stingrays Swimming program, you agree to the Service and Financial Responsibilities

LAPS

The Stingrays offer our state-of-the-art LAPS program for Elementary and Middle School children. *In **LAPS**, your child will receive vigorous and athletic training while developing some of the finest stroke techniques in the Southeast. (Over **60 years** of coaching on our Staff!) **LAPS** has, as its central mission, to make professional swimming instruction, structure, and athletics accessible to all children. We do this in 3 important ways:*

1. We break the school year into **5-7 week sessions**. (There will be 5-7 sessions throughout the year.) You are not committed to any more than the one that you are in.
2. This **session approach** allows for the freedom to engage in multiple activities without overburdening the calendar or the budget. Play other sports? Great! You can create a schedule that runs concurrently with your sport or participate in the off-season. Are you unsure how much you want to swim? No problem. The 6-week-at-a-time format makes trying it out very low-risk. If you want more (and you will!), sign up for the next session and add more days.
3. Finally, your **cost is determined by the number of days you select**. There is no flat monthly rate that you will be locked into. If you want to swim twice a week, you will pay less than if you want to swim three times a week. Your commitment is your decision. As you get older and more context is developed, your coaches will guide you to the appropriate levels of commitment.

If you are interested in joining our LAPS program at any location, please get in touch with our LAPS Director, Nicole Kunst, laps@stingraysswimming.com . Or you can call our main line at 770-325-7292 extension 1 or visit the [LAPS website link](#).

Pre & Post High School Program

The Stingrays offers a quality program for both the pre-high school and post-high school seasons. The RAYS are Georgia's finest swim program. Twice, the American Swimming Coaches Association has named us the National Stroke Champions. This is an honor bestowed upon the program for having the **Best Stroke Technique in the USA**. If you are participating in a High School swimming team this school year, then this program will help you get a head start. This program is for current non-USA Swimming athletes.



If you are interested in joining our Mountain View Aquatic facility, please get in touch with Coach Allison at coachallison@stingraysswimming.com. If you are interested in joining our Cherokee County Aquatic Center facility, please contact Coach Pike at coachpike@stingraysswimming.com. Or you can call our main line at 770-325-7292

Master's Program

Stingrays offers a Master's Program (for individuals 21 and older) at the Mountain View and Cherokee locations. If you are looking for more information about joining our master's Team, please contact Coach Michael Soderlund at (770) 325-7292 ext. five or msoderlund1962@gmail.com

WAYS 2025-26 SHORT COURSE PRACTICE SCHEDULE

@ **Cobb County Aquatic Center (CAC)**

Begins August 11th, 2024 TENTATIVE

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National + Futures	4:00-6:30 pm	4:00-6:30 pm 5:20-6:45 am	4:00-6:30 pm	4:00-6:30 pm 5:20-6:45 am	4:00-6:00 pm Start 09/05/25	6:45-09:45 am Start 09/06/25
Tuesday & Thursday Mornings Begin September 9th at CAC & MVAC						
E LAPS	5:45-7:00 pm	5:45-7:00 pm	5:45-7:00 pm	5:45-7:00 pm		
MS LAPS	5:45-7:00 pm	5:45-7:00 pm	5:45-7:00 pm	5:45-7:00 pm		

WAYS 2025-2026 SHORT COURSE PRACTICE SCHEDULE

@ **Mountain View Aquatic Center (MVAC)**

Begins August 11th, 2024 TENTATIVE

Group	Monday	Tuesday	Wednesday	Thursday	Friday Start 09/05/25	Saturday Start 09/06/25
Senior	4:00-6:15 pm	4:00-6:15 pm	4:00-6:15 pm	4:00-6:15 pm	4:00-6:00 pm	7:45-10:00 am
Pre Senior	5:45-8:00 pm	5:45-8:00 pm	5:45-8:00 pm	5:45-8:00 pm		7:45-10:00 am
Age Group	6:15-8 pm	6:45-8:30 am OR 6:15-8 pm	6:45-8:30 am OR 6:15-8 pm	6:45-8:30 am OR 6:15-8 pm		9:45-11:30 am
Masters	5:30-7:00 am		5:30-7:00 am		5:30-7:00 am	
E LAPS	3:30-4:45 pm	3:30-4:45 pm	3:30-4:45 pm	3:30-4:45 pm	3:30-4:45 pm	11:00-12:15 pm
MS LAPS	7:00-8:30 am		7:00-8:30 am		5:30-7:00 pm	11:00-12:30 pm



WAYS 2025-2026 SHORT COURSE PRACTICE SCHEDULE

@ Cherokee Aquatic Center (CCAC)

***Begins August 11th, 2025 TENTATIVE**

Group	Monday	Tuesday	Wednesday	Thursday	Friday Start 09/05/25	Saturday Start 09/06/25
Futures	4:00-6:15 pm	4:00-6:15 pm	4:00-6:15 pm	4:00-6:15 pm	5:15-7:00 am	7:45-10:00 am
Senior	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm		7:45-10:00 am
High School	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm		
Pre Senior	5:45-7:45 pm	5:45-7:45 pm	5:45-7:45 pm	5:45-7:45 pm		7:45-10:00 am
Age Group	5:45-7:30 pm	5:45-7:30 pm	5:45-7:30 pm	5:45-7:30 pm		8:00-9:30 am
Masters	Noon-1:00 pm		Noon-1:00 pm		Noon-1:00 pm	
E LAPS	3:30-4:45 pm	3:30-4:45 pm	3:30-4:45 pm	3:30-4:45 pm	4:00-5:15 pm	9:30-10:45 am
MS LAPS	5:00-6:30 pm	5:00-6:30 pm	5:00-6:30 pm	5:00-6:30 pm	4:45-6:15 pm	9:30-11:00 am