

Dear Sisters and Brothers of the
Great Lakes Annual Conference

When I think of you, I remember the song "We've Come This Far by Faith." I am keenly aware that for some of us, there were times, like with Jesus, we suffered wrong while doing right.

It was His faith that kept Him disciplined and focused on His Father.

As a Christian Family and individual Therapist, God has used me to be a voice to help individuals and families enhance their spiritual discipline and focus on Christ in difficult times.

There cannot be a resurrection without a death. This breakout session is about accepting the death of the past, which is leading to the power of *our resurrection* in the future.

All counseling sessions are teletherapy
(online counseling).

In addition, I am available to do seminars and lectures on various topics impacting family and church systems.

**Thriving Through Transition:
Preparing for a Stronger Future**

(Transition;
the CAUSE,
the EFFECT,
the BLESSING)

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A Christian Counseling Service endorsed by the GMC

Breakout Session Outline:
Theme: **Thriving Through Transition**

Introduction:
Amazing Grace
Prayer
Doxology

- I. Preparing for a Stronger Future
The seeds: (Evangelical **United** Brethren) & **Methodist**)

II. CAUSE

- Protocol
- Pluralism (two types)
-

III. EFFECT

1. Struggling Crosser:
 - A. Understanding Forgiveness _____
 - B. Forgive & Forget _____
 - C. Unrealistic Expectations of a Quick Fix _____
 - D. Holding Dear to the Bitterness Bear _____
 - E. The Fear Factor (Vulnerable) _____

2. Plural Difference
 - Two types of diversity
 - a. Socialization of theology
 - b. Theological approach to socialization
 - c. Perspective
 - d. Impact on the church vitalized through marriage

3. BLESSING

Celebrative Crosser (**come back**)

Strive 2 Thrive Crosser (The "C" Factor)

- A. **C**onfession: Name/blame
- B. **C**onsecration: You
- C. **C**ommunication: What you do
- D. "**C**ome This Far by Faith"
- E. "**C**ount Your Blessings!"

Blessed Assurance
Closing prayer

