Campaign Committee Members Frank Tilghman, Newbury Honorary Chair Dr. Steve Genereaux, Ryegate Lisa Hervey, Newbury Gail Auclair, Derby

Andy Barter, St. Johnsbury

Keisha Covey, East Corinth

Carole Freeman, East Corinth

Jenn Hall, McIndoe Falls, VT

Darren Sherburne, Bradford

J. Cherry Sullivan, Thetford

Building Healthier Communities

Our health. Nothing is more important. Many factors contribute to good health... genetics, the food we eat, how much we exercise, our environment, the type of work we do, and access to quality health and dental care. In rural communities, this access can be hard to come by.

In 2005, three at-risk clinics banded together and, with community support, became Little Rivers Health Care, a Federally Qualified Health Center. At the time, Wells River Clinic was a private practice operated by Dr. Harry Rowe, Bradford Health Services was operated by Cottage Hospital, and Valley Health Center in East Corinth was a community-operated rural health center.

What began as three independent clinics has grown into one regional health center that now includes our fourth site in Newbury. We provide high-quality, comprehensive family health care, including prenatal care with a team of 15 medical providers, four psychiatric nurse practitioners, and 10 mental health professionals.

We also offer integrated services at six schools, a residential treatment center, and diverse community outreach at senior living centers and farms. Soon, we will offer onsite dental care.

Today, Little Rivers is bursting at the seams. We've seen a 78 percent increase in patient visits over the past five years. Facilities built as far back as 1765 are ill-equipped to deliver 21st century health care. Our community's needs are growing. More patients are requiring treatment for chronic conditions. The lack of dental care is serious. Mental health issues are increasing and creating greater burdens on families, schools, and communities.

Our \$6.2 million campaign will address these challenges.

We approach this campaign as we have all other challenges – with confidence in our community's ability and enthusiasm to work together to achieve this vision. We invite you to join us in making good health a reality in our region, with your gift to the Little Rivers expansion campaign!