



# **FORT COLLINS SOCCER CLUB**

## **U5 League Modified Rules of the Game**

The first team listed on the schedule is home and wears dark, sits on the north or west side of the field and provides a #3 game ball. The second team listed on the schedule is away and wears light. Teams must be ready to play at their scheduled times.

**Duration** The game will consist of four (4) eight (8) minute quarters separated by a two (2) minute break in between periods. There will be a five (5) minute break at half time. The referees will keep official game time. There are no time outs, so the clock will run continuously. Games will start and end promptly.

**Players** Modified FIFA 11 v 11 Rules of the Game will be applied. There will be three players on the field per team at any given time. There will be no goalies. Players/Player lined up or placed in front of the goal is highly discouraged. Substitutions may occur at any time.

**The Playing Field** The fields locations and maps are provided in your coach's packets. They are marked with touch lines, end lines and a half way line. The fields are approximately 20 to 30 yards wide by 30 to 40 yards long.

**Start of Play** The team wearing dark will kick off at the beginning of the first and second quarters. The team wearing light will kick off at the beginning of the third and fourth quarters.

**Dead Ball** All dead ball kicks (kick-ins, free kicks) are indirect except for corner, penalty kicks and kick-offs. Opposing players should be three yards away from the ball on all throw-ins, free kicks and kick-offs.

**Throw-ins** The ball shall be thrown into play from the sidelines. Opposing players must be 3 yards away from the ball on all throw-ins.

**Goal Kicks** Goal kicks can be taken from any point on the end line or goal area.

**Offside** There is no offside in the U5 league.

**Slide Tackling** ***Slide tackling will not be allowed.*** Players should be taught to stay on their feet for their own safety and the safety of the other players.

**Equipment** Basic equipment for players will consist of: a jersey (navy/white reversible), shorts or sweats, shinguards, socks that cover the shinguards and athletic footwear. A water bottle and a #3 ball would be additional equipment.

**No jewelry, watches, rings, belts, necklaces, earrings or anything dangerous to players shall be permitted. The only exception would be for medical alert identification.**

**Officials** The officials will be calling the game ***very loosely***. The focus will be on trying to keep the ball in play as much as possible, while the players begin to get an idea of what soccer is all about in a fun and safe environment.

**Fun** The keyword here is ***FUN***. Soccer at this level should be a great time for all involved!