

Player Development League

Arsenal Colorado Orientation



Mary Casson

Director of Coaching: PDL and
Recreational Program- Boys and
Girls

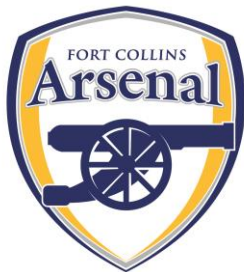


Who we are:

Our Start

Established in 1978

Over 45 years of soccer excellence and tradition.



Our Mission

We use the power of soccer to inspire, to develop, to achieve, and to build community.



Our People

We provide opportunities to the soccer players and families of Northern Colorado and Southern Wyoming who want to play and be involved in competitive and recreational programs



“Professional coaches measure success in rings. College coaches measure success in championships. High School coaches measure success to titles. Youth coaches measure success in smiles.”

Paul McAllister, Youth Coach

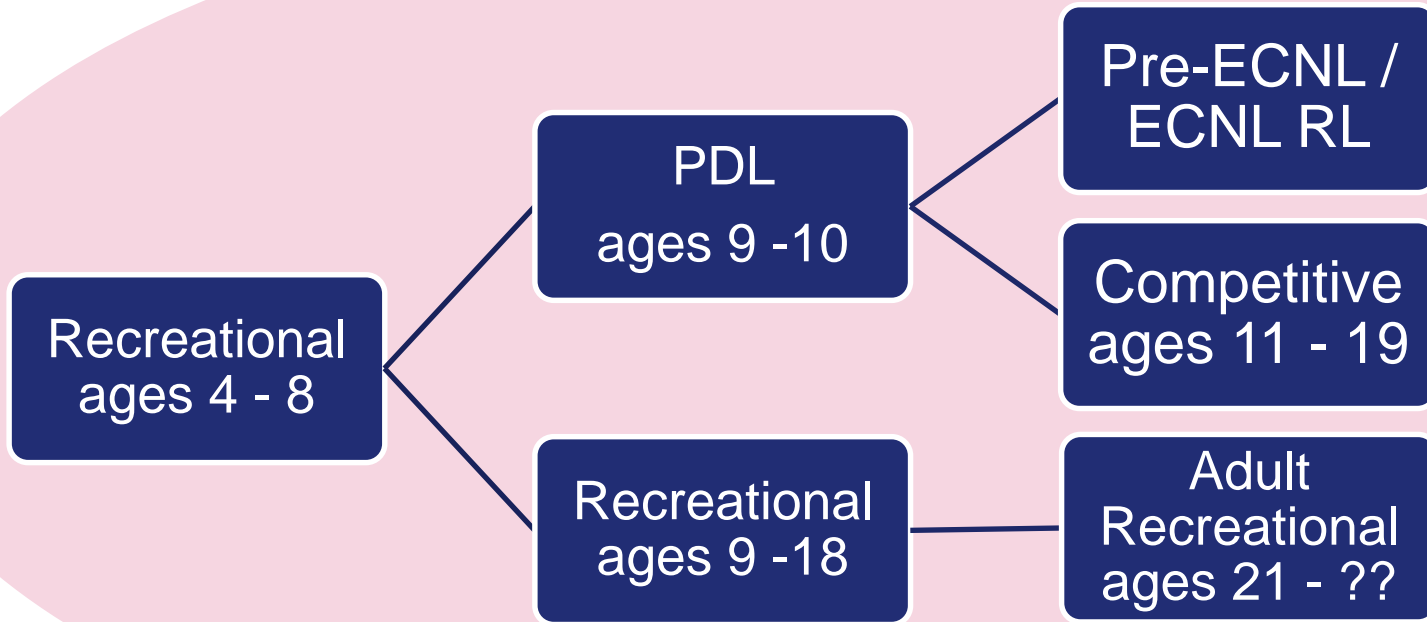


The background is a solid blue color. In the center, there is a faint, large graphic of a soccer ball. The top right corner features a geometric pattern of overlapping triangles in various shades of blue and dark blue. The text is centered and reads:

Welcome to the Player Development League (PDL)

U9 and U10

Development Pathway



Player Development League Philosophy

Introduction to:

a pathway of a competitive soccer mindset with the emphasis on having fun and falling in love with the game!

Designed to:

give players a more consistent level of play and coaching while still under the recreational umbrella of the club.

Providing:

a pathway for all with different commitment levels based on which league you choose for you player: PDL Foundations or PDL Select.



PDL
Foundations

For players that want a little more than the typical rec experience

No tryout and limited travel for competitions (Windsor, Greeley, Cheyenne etc)

Lead by a coach with experience in the game

Teams formed based on geographic location and school preference in mid-July with contact by coaches late-July



Year Long Commitment : 16 games

- 8 in the Fall / 8 in the Spring

Home games at complex, away games

may include Greeley, Cheyenne,

Loveland or Windsor

Fall:

Begins after Labor Day

Ends late October

Spring:

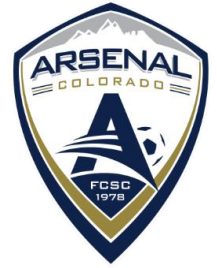
Begins last weekend of March

Ends late May

PDL Foundations Team Formation



- Teams will be formed after registration closes
- Formed mid-July with contact by coaches late-July
- Number of teams is based on player registration
- The teams are formed by geographic location and school preference



League Structure: Foundations

- U9 Boys Division
- U9 Girls Division
- U10 Boys Division
- U10 Girls Division

We typically inter-league
with teams from Cheyenne,
Laramie, Greeley, Loveland
or Windsor



PDL Select

For the players that want more soccer

Teams are formed at tryouts and are grouped together by like-ability

Lead by a coach with experience and licensing

Teams play in the CSA Front Range League (FRL) and will travel for games and tournaments

Distance of travel will be determined by the team you make



PDL Select

Year Long Commitment : 16 games at minimum

- 8 in the Fall / 8 in the Spring
- 8 games home (Complex) and 8 away

Fall:

Begins *late August OR after Labor day

Ends early November

Spring:

Begins mid-March (games over spring break)

Ends mid-May

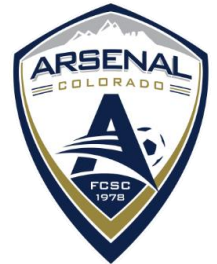
* All dates are subject to change – per CSA

League Structure: Select

Colorado Soccer Association (CSA) - Front Range League (FRL)

consists of the Denver area, Castle Rock/ Colorado Springs, Boulder, Fort Collins, etc. Depending on what team you make will determine how far you travel. The league breaks down into divisions:

- Premier
- Gold
- Silver
- Bronze



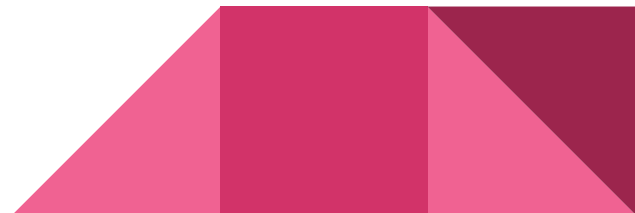
Tournament Play



- FOUNDATIONS teams have the opportunity to play in a tournament during each season (Fall/Spring), coach will talk to Director and we will find a good one to join!
- SELECT teams participate in a maximum of two tournaments per season (Fall/Spring)
- Costs for tournament entry is additional to player registration fees for both Foundation and Select teams

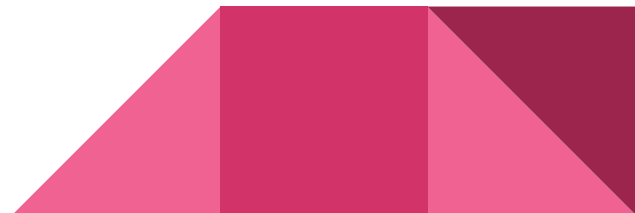
Our Program Includes

- Experienced Coaches
- Individual Team Development Plan and Season Plans
- Experienced and professional goalkeeper training
- Team training run by staff coaches and trainers
- Opportunity for multiple state-wide tournaments
- On-going Team Assessment and evaluations



Our Program Includes

- Programming for each team
 - Tech Nights
 - Director Sessions
 - Staff Training / Training up opportunities
- Programming that the players have access to
 - Drop Ins
 - Goalkeeper Specific Sessions
 - Summer/Winter Camps and Clinics



Tryout Process



You will get an email explaining what to do and you will indicate which league you would like to participate in.

Players that attend will be evaluated by the coaches and coaching staff to be placed in groups of like-ability for team formation.



These two training sessions are for each age group and are run by the Select coaches that will be coaching the teams the following season. This is the first time the coaches will get a look at all the players.

Coaches will contact players with Select team offers in a timely manner.

Registration

Part 1

AGT / Tryout Registration:

Online www.soccerfortcollins.org

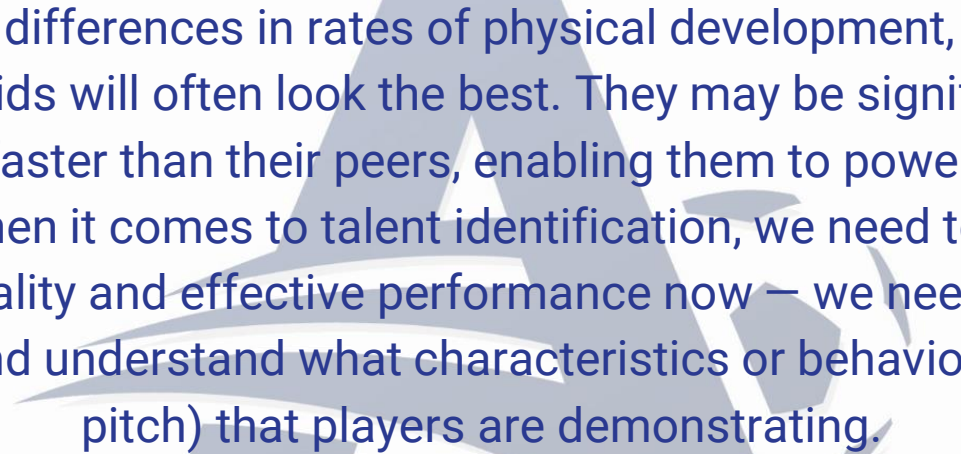
Cost: \$10 for training shirt – all players must register online in advance.

Shirts will be provided at first AGT session.

Age Group Trainings and Tryouts

- ⚽ Players play small-sided games
- ⚽ Players play in front of impartial evaluators
- ⚽ Players will be placed with players of like-ability on day 2
- ⚽ Goalkeeper evaluations will take place at the Tryout





Given the huge differences in rates of physical development, it's natural that the biggest kids will often look the best. They may be significantly taller, stronger, or faster than their peers, enabling them to power their way to success. But when it comes to talent identification, we need to consider more than just physicality and effective performance now — we need to have an eye on the future and understand what characteristics or behaviors (on or off the pitch) that players are demonstrating.

<https://playerdevelopmentproject.com/qa-7-tips-for-successfully-coaching-teenagers/>

Players will be evaluated on the 4 Pillars of Soccer

Technical

- Dribbling
- Passing
- Receiving
- Ball Striking
- Creativity

Tactical

- Decision-Making
- Spatial Awareness
- Game Awareness
- When to Dribble vs Pass vs Shoot
- Field Vision

Physical

- Athleticism
- Coordination
- Agility
- Speed
- Strength

Psychosocial

- Attitude
- Effort
- Coach-ability
- Team Idea

PLAYER DEVELOPMENT FRAMEWORK

(ZONE 3)

(ZONE 1)

Learning the fundamentals of the game in game like situations. Understanding the purpose & structure of the game, direction of play and basic rules.

Learning the basic understanding of attacking, defending and transition by playing together.

Learning the basic understanding of attacking, defending and transition by playing as a team (7v7).

Learning the fundamentals given his/her role, position and tasks in the team (9v9).

Learning the alignment of the roles, positions, and designated tasks in the team (11v11).

Development of the specific qualities of a player in their position to maximize their contribution to the result of the game

Development of the specific qualities of a player to be the best player in their position to win the game

Further development and mastering of the specific qualities of a player to create a winning team and the league

U6

4v4

U7-U8

U7-U8 "Playing with my friends."

U6 "The ball is playing with me...I am playing with the ball."

7v7

U9-U10

U9-U10 "Playing as a team"

9v9

U11-U12

U11-U12 "Playing my role and position for the team"

11v11

U13-U14

GR U13+ "Being the best player that I can be for my role and position in the team"

U15-U16

U-15 & U-16 EXECUTE THE KEY QUALITIES SUCCESSFULLY

U17-U18

U17-U18 EXECUTE THE KEY QUALITIES SUCCESSFULLY IN ORDER TO WIN THE GAME

U19-U20+

U-19 & U-20+ WIN THE GAME AND THE LEAGUE



The GOAL of evaluations is to:

Give Coaches the opportunity to fully evaluate the individual player

Group the individuals by like-ability

Players will achieve better development by playing with those on a similar level

The Coaching Staff

U9 B Academy

Nick Ewing

U9 G Academy

Cristi Thomas

U10 B Academy

John Watkins

U10 G Academy

Bryce Kaup

U9 B Gold

Elias Rommel

U9 G Gold

Danielle Scimeca

U10 B Gold

John Watkins

U10 G Gold

Elizabeth Crowe

U9 B Royal

Jorge Garza

U9 G Royal

TBD

U10 B Royal

Justin Stephens

U10 G Royal

Katey Schuster

U9 B Blue

TBD

U10 B Blue

Matt Karn

U10 G Blue

Ariel Piper

Dates to Know

Age Group Trainings

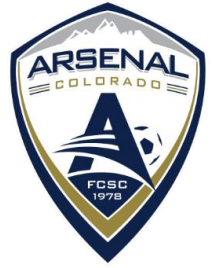
- ⚽ U9 April 29th and May 8th
 - ⚽ Boys: 4:30 - 5:45
 - ⚽ Girls: 6:00 - 7:15

- ⚽ U10 May 7th and May 11th
 - ⚽ Boys: 4:30 - 5:45
 - ⚽ Girls: 6:00 - 7:15

Tryouts

- ⚽ U9 May 15th
 - ⚽ Girls: 4:30 - 5:45
 - ⚽ Boys: 6:00 - 7:15

- ⚽ U10 May 20th
 - ⚽ Girls: 4:30 - 5:45
 - ⚽ Boys: 6:00 - 7:15



Select Teams Player Placement

- Coaches will meet for 'Player Placement Meeting' directly after the evaluations
- Coaches will contact player with offers by phone ASAP
- All Player Notifications will be made by June 1st
- Any player evaluated for a Select team who is not selected will have the opportunity to play on a Foundations team.

One family's delay in decision-making affects everyone, please be prepared to accept your invitation!

Registration

Part 2

Program registration:

Select : after teams are formed (players have accepted spots) a registration link will be sent for players to register.

Foundations : registration details for Foundations teams will be shared with players. Registration link will be sent to players and posted on home page of website.

Player Fees

Due to Club

- **2026/27 Registration Fees:** *(fees subject to change)*
 - U9 Foundations: \$385 per season
 - U9 Select: \$525 (Royal, Blue, White) per season
 - U9 Select: \$580 (Academy, Gold) per season
 - U10 Foundations: \$385 per season
 - U10 Select: \$525 (Royal, Blue, White) per season
 - U10 Select: \$580 (Academy, Gold) per season

- **Uniforms:** *(fees subject to change)*

\$80 Required uniform: navy jersey, white jersey, navy shorts, navy socks
(ordered through [soccer.com](https://www.soccer.com))

Player Fees

Due to the Team

- **Exact amount:** determined by the team coach and parents as part of the process of forming and approving the team's annual financial statement.
- **Team fees include:** costs for equipment, tournaments, social activities, and coaches expenses (mileage reimbursement, etc)