

Founder's Focus Health Quiz

Discover the Hidden Misalignment That's Quietly Capping Your Income, Freedom & Joy
(10 Questions - 90 Seconds to Complete)

Instructions

Rate how strongly you agree with each statement **RIGHT NOW** in your business and life. 1 = Strongly Disagree 10 = Strongly Agree
Be 100% honest - this is for YOU.

1. I stay laser-focused on my #1 revenue-producing activity every day without getting pulled into distractions.

1 2 3 4 5 6 7 8 9 10

2. I delegate/outsource anything that isn't my genius-zone work without guilt or micromanaging.

1 2 3 4 5 6 7 8 9 10

3. My biggest revenue goals feel heart-aligned and energizing (not just logical or stressful).

1 2 3 4 5 6 7 8 9 10

4. I finish most workdays with real energy left for my partner, family, or personal passions.

1 2 3 4 5 6 7 8 9 10

5. Doubling my income in the next 12 months feels inevitable, not exhausting or impossible.

1 2 3 4 5 6 7 8 9 10

6. My team (or future team) would call me decisive, calm, and empowering - never controlling.

1 2 3 4 5 6 7 8 9 10

7. I almost never feel like "everything depends on me" or carry quiet resentment about it.

1 2 3 4 5 6 7 8 9 10

8. My marriage/partnership is getting stronger (or staying strong) as my business grows.

1 2 3 4 5 6 7 8 9 10

9. I wake up most mornings genuinely excited about my business day ahead.

1 2 3 4 5 6 7 8 9 10

10. I deeply trust that the next level of revenue and freedom is already coming to me.

1 2 3 4 5 6 7 8 9 10

Add up your score * / 100

Your Founder's Focus Score - What It Really Means

85-100 Elite Founder Focus

You're already operating from heart-aligned focus. Most founders at this level are scaling fast and thoroughly enjoying the ride.

70-84 Strong, But One Hidden Block

You're 90% there. One sneaky misalignment is quietly keeping you from the effortless 2X most of our clients experience.

50-69 Classic Founder Trap

Head-driven hustle is costing you money, energy, and joy. Revenue plateaus and burnout live here. Good news: it's 100% fixable.

Below 50 Focus Misalignment Alert

Your current focus is actively repelling the income, freedom, and relationships you want. This is why everything feels harder than it should.

The Truth Most Coaches Won't Tell You

It's not your strategy, ads, or team that's limiting you.
It's a single focus misalignment between your head and your heart.

When we fix that one thing in our private clients (often in the first session), they:

- Double revenue without working more hours
- Finally delegate and accurately trust their team/vendors
- Watch their marriage/partnerships get better instead of worse
 - Fall back in love with their business

Want Your Personalized Focus Fix?

Book your free Founder's Focus Fix Session (45 minutes)
We'll pinpoint your exact misalignment and hand you the first shift that changes everything.

Book Now at heartsetllc.com/fix

HeartSet LLC | Shift Your Focus. Transform Your Empire.

Ramona Galey | info@ramonagaley.com | 410-561-6517 | heartsetllc.com

© Ramona Galey 2025