

# October Lunch Menu

Belltower Montessori Academy

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Smoked Sausage and Pasta with Corn	2 Indian Butter Chicken with Corn	3 Cook's Choice	4 Bean and Cheese Burritos with Mixed Veggies
	Apple Sauce & Crackers	Pretzels & Cheese	Pineapple Tidbits & Ritz	Banana Muffins
7 Turkey Quesadillas with Corn	8 Hot Ham and Cheese Melts with Cucumbers	9 Chicken Fettuccini Alfredo with Mixed Veggies	10 Teriyaki Meatballs with Rice and Broccoli	11 Spaghetti Marinara with Green Beans
Cucumber & Crackers	Bagel with Cream Cheese	Apple Cinnamon Muffins	String Cheese & Bananas	Apple Sauce & Crackers
14 Cook's Choice	15 Ham and Cheese Casserole with Broccoli	16 Creamy Chicken Pasta with Peas	17 Beef Sliders with Carrots	18 Grilled Cheese Sandwiches with Carrots
Craisins & Wheat Thins	Peaches & Graham Crackers	Pineapple Tidbits & Ritz	Pretzels & Cheese	Blueberry Muffins
21 Turkey and Broccoli Stir Fry	22 Ham and Cheese Sandwiches with Bell Peppers	23 BBQ Chicken with Potatoes and Corn	24 Sloppy Joes with Mixed Veggies	25 Baked Ziti with Peas
Bagel with Cream Cheese	Banana Muffins	Apple Sauce & Crackers	Craisins & Wheat Thins	Cucumbers & Cheese
28 Cubed Turkey and Cheese English Muffin Pizza with Carrots	29 Cook's Choice	30 Chicken Noodle Soup with Mixed Veggies	31 Beef Enchilada Cassarole with Spanish Rice and Corn	
Peaches & Graham Crackers	String Cheese & Ritz	Strawberry Muffins	Pineapple Tidbits & Ritz	

FRESH FRUIT IS SERVED EVERY DAY WITH LUNCH