

FOXJETS SWIM TEAM

PRACTICE SCHEDULE



FALL/WINTER 2026 - 2027						
SEPT. 14 - FEBRUARY 20 OR FINAL MEET FOR ISM, RED, BLUE, WHITE, AGE GROUP 1-3				SEPT. 8 - MARCH 7 OR FINAL MEET FOR JUNIOR 1-3, SENIOR 1 & 2, NATIONAL		
GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ISM SWIM TEAM ISM STUDENTS		4:15-5:00 PM ISM				
RED 7U	GROUP A or B 4:45-5:30 PM ISM		LIL JETS 4:45-5:15 PM ISM	GROUP A or B 4:45-5:30 PM ISM	GROUP A 5:30-6:30 PM EPCC	GROUP B 9:15-10:15 AM EPCC
	GROUP A 6:30-7:15 PM ISM	GROUP B 6:30-7:15 PM ISM	GROUP A 6:30-7:15 PM ISM	GROUP B 6:30-7:15 PM ISM		
WHITE 8-13		7:15-8:15 PM ISM	7:15-8:15 PM ISM	7:15-8:15 PM ISM		10:15-11:15 AM EPCC
BLUE 8U	5:30-6:30 PM ISM	5:30-6:30 PM ISM	5:30-6:30 PM ISM	5:30-6:30 PM ISM	5:30-6:30 PM EPCC	9:15-10:15 AM EPCC
AGE GROUP 3 9-13	6:00-7:00 PM OAK POINT		6:00-7:00 PM EPCC	6:00-7:00 PM OAK POINT		10:30-11:30 AM EPCC
AGE GROUP 2 9-13	6:00-7:10 PM EPCC		7:05-8:15 PM EPCC	6:00-7:10 PM EPCC	6:00-7:10 PM OAK POINT	9:15-10:30 AM EPCC
AGE GROUP 1 11-13	7:05-8:25 PM OAK POINT	6:05-7:20 PM EPCC		7:05-8:25 PM OAK POINT	6:30-7:15 PM EPCC	9:15-10:30 AM EPCC
JUNIOR 3 10U	5:35-7:10 PM EPCC	6:00-7:20 PM OAK POINT	6:05-7:20 PM EPCC		5:35-7:10 PM EPCC	8:45-10:05 AM OAK POINT
JUNIOR 2 11-14	6:20-8:20 PM EPCC		6:00-7:40 PM OAK POINT	6:05-7:45 PM EPCC	6:20-8:20 PM EPCC	10:10-11:50 AM OAK POINT
JUNIOR 1 11-14	6:05-8:05 PM EPCC	6:05-8:05 PM EPCC	6:05-8:05 PM EPCC	6:05-8:05 PM EPCC	6:05-8:05 PM EPCC	10:10-11:50 AM OAK POINT
	7:00-8:00 AM XCEL FIT		7:00-8:00 AM XCEL FIT			
SENIOR 2 14+	3:45-5:45 PM OAK POINT	3:45-5:45 PM OAK POINT	3:45-5:45 PM OAK POINT	3:45-5:45 PM OAK POINT		7:00-8:45 AM OAK POINT
SENIOR 1 14+	3:45-5:45 PM OAK POINT	3:45-5:45 PM OAK POINT	3:45-5:45 PM OAK POINT	3:45-5:45 PM OAK POINT	3:45-5:45 PM OAK POINT	7:00-8:45 AM OAK POINT
NATIONAL 14+	3:45-6:00 PM OAK POINT	6:05-7:05 AM OAK POINT	3:45-6:00 PM O	6:05-7:05 AM OAK POINT	3:45-6:00 PM OAK POINT	7:00-8:45 AM OAK POINT
		3:45-5:45 PM OAK POINT		3:45-5:45 PM OAK POINT		
	6:00-7:00 AM XCEL FIT				6:00-7:00 AM XCEL FIT	

