

# SUDBURY OSTEOPATHS

## COVID-19 (“CORONAVIRUS”) RISK ASSESSMENT

SITE: KINGFISHER LEISURE CENTRE

No.	Hazard Identified	Controls/Procedures	Further Action
1.	Initial consultation and case history	Normally completed face to face. Now completed remotely by telephone. Undertake a pre-screening to determine patient’s risk, including COVID-19 shielded group or anyone in their household and clinical reasoning for a face to face treatment.	During remote consultation ensure patient and household have no COVID-19 symptoms or positive test that would require isolation or been in contact with a positive case. No patient will be treated if this is the case until they have completed the appropriate isolation as per government advice.
2.	Patient consent	Normally completed face to face. Now by telephone advising patient of normal risks, but also additional COVID-19 risks. Including the requirement for close patient contact i.e. social distancing will be infringed during the manual treatment. Patient will be required to wear a face covering (must be type IIR or N95 or FFP2).	Email risk assessment and privacy policy prior to face to face treatment. Consent is assumed by them attending their appointment. If patient doesn’t have a suitable face covering this will be provided at a charge of £1.
3.	Patients awareness and concerns	Update website. Email patient with risk assessment and privacy policy prior to treatment if possible. Remind patient of clinic protocols. Positive language and advice of risk of COVID-19 via treatment (which is low risk for osteopathy, rehabilitation, physiotherapy or podiatry provided patient and practitioner act upon the relevant advise).	
4.	Treatment time	To reduce length of contact with patient consultation and case history will be taken prior to patient visit. Face to face appointment will be reduced to 20 minutes.	
5.	No. of people in the treatment room	Due to the current restrictions only the Osteopath and the patient can be in the clinic. Therefore if the patient needs to be chaperoned it will not be possible to treat them at this time	

6.	Public spaces of facility	Refer to Abbeycroft risk assessment	If patient requires Abbeycroft risk assessment advise them to contact Abbeycroft direct
7.	Touching door handles and objects of/in treatment room	Leave door open if possible. Clean handles and surfaces prior to and post treatment with antibacterial chemicals.	Leave 30 minutes between patients, unless they are from the same household and ventilate room to reduce potential contaminates.
8.	Protective covers including pillowcases and plinth covers	Use wipeable plastic pillow cases and replace plinth cover after every patient if used and wipe down all pillow cases and plinth before and after each treatment. If paper roll used dispose of after each treatment.	Cloth protective material to be placed in laundry bag after use. Paper material placed in double bin bag.
9.	Patient hygiene	Face covering must be worn and patient must use hand sanitiser before and after treatment (this will be available if they don't have their own).	Have face covering and hand sanitiser readily available for clients.
10.	Osteopath hygiene	Face covering must be worn of either type IIR or FFP2 or better (one can be used for a session of up to 4 hours). Hand sanitiser must be prior to patient, during treatment when object and patient are touched and after patient treatment. A disposable apron will be worn per patient. Clinic tops will be changed after each patient and scrub bottoms per session.	Visor will be used when appropriate. Post treatment Osteopath must wash hands and forearms up to elbow. Exposed jewellery must be covered. Cloth protective material to be placed in a laundry bag after use. Plastic and paper material placed in a double bin bag.
11.	Disposal of waste material	At the end of a session laundry bags must be put in a plastic bag and removed from site daily. At the end of a session plastic and paper waste must be removed from treatment room.	Laundry bags to be washed at 60 degrees before reuse.
12.	Treatment room hygiene	At the end of each session the treatment room must be sanitised by the floor being cleaned with an anti-viral spray.	
13.	Aerating treatment room	Between each patient the windows of the treatment room will be left open to improve circulation of clean fresh air.	
14.	Handling payment	Cash and cheque will no longer be accepted. Patient will need to pay via bank transfer or contactless system.	Sort out contactless payment system.
15.	Follow ups	Telephone patient after treatment and rebook following conversation if necessary.	

16.	Post treatment COVID-19 symptoms or positive test	If a patient or member of their household has symptoms or a positive test they need to advise the practitioner.	Symptoms should be advised to the practitioner immediately if identified within 14 days post treatment.
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Signature: Carolyn Cuddahoe Name: CAROLYN CUDDAHOE Date: 26/7/2020