



KINGFISHERS

NEWS SPLASH

Welcome to our September newsletter!

Your monthly round up of club news, updates and important dates – straight from the team to you!



WELCOME BACK A NOTE FROM OUR WELFARE OFFICER, LAURA...

<i>New lanes,</i>	<i>New goggles,</i>	<i>New rules,</i>
<i>New faces,</i>	<i>New caps,</i>	<i>New stress,</i>
<i>New dreams,</i>	<i>New records,</i>	<i>New coaches,</i>
<i>More races.</i>	<i>More laps.</i>	<i>More progress.</i>

<i>New goals,</i>	<i>New starts,</i>	<i>New drills,</i>
<i>New whistles,</i>	<i>New heats,</i>	<i>New focus,</i>
<i>New friends,</i>	<i>New PB's</i>	<i>New cheers,</i>
<i>More medals.</i>	<i>More speed.</i>	<i>More teamwork.</i>

As another great year of our swimming begins, beyond all the medals, the trophies, and wins, I look forward to seeing the goals you achieve, and the wonderful successes that you all will inevitably receive.

If you need anything, email me **welfare@kksc.co.uk**



Conor, Head Coach

Poolside Notes

August has been and gone and as sure as the rain, a new season has begun with more fun ahead of us.

For our Masters swimmers, the peak of the season is often the first weekend with the Devon Masters competition!

Some of our youngest swimmers travel to Dawlish, and at the end of the month we have the first round of the City of Plymouth Swimming League as well as the Exeter Sprint Meet.

Devon County Qualifying times for 2027 have been revealed, check out the noticeboard and remember to check against your age on 31st December 2027!

...to **Lucas Quiggin**, who has been selected to represent Devon at the National Inter County Championships.



IMPORTANT UPDATE

PAYMENTS NOW ON SWIM MANAGER

Just to update you with the latest Swim Manager news!

All outstanding balances have now been transferred to Swim Manager and members can check their invoices/balances on the app.

Payments can sometimes take a day or two to update so please allow time for that before querying, but hopefully will be super helpful having it all in one place.

You will have noticed you now receive an email for any fees on the 1st of the month - your standing orders are already setup so please leave these in place and no action is required from you.

Any other invoices received for meet entries or extra training sessions will need transferring as usual.

On Thursday 8th October - Jenny will be at the Swim Desk outside the changing rooms from 6.45pm - 8.00pm to go through any questions you may have on invoices and payments.

POSTCARDS FROM SUMMER

We asked our Swimmers to send us some of their Summer holiday highlights - there were many brilliant fun times to share, so here are just a few...



Team Managers Star



Our Team Managers will be voting for their star swimmer each month.

It's a special award that all of our brilliant volunteer Team Managers vote for for each month.

They will be looking for resilience, courage, kindness, great listeners, thoughtfulness, supportive swimmers - who really shine and showcase the spirit of the club when they support their team mates at a competition or during a training session

Keep an eye out for our first star of the month as we return to training in our next newsletter.

IMPORTANT

DATES COMPETITIONS

There is plenty to get excited about! Here is a full rundown of everything coming up, so that you can add them to the calendar.



Competition	Dates	Venue	Notes
Dawlish Summer Splash	12 Sept	Teignmouth	For beginners
COPSL Round 1	26 Sept	Plymouth Life Centre	
Exeter Sprint Meet	27 Sept	Plymouth Life Centre	
City of Plymouth Champs	3, 4, 11 Oct	Plymouth Life Centre	
South West Regional Masters	11 Oct	Millfield	Masters
Lyndsay Powell Memorial Meet	17, 18 Oct	Plymouth Life Centre	Invite only
Swimarathon	16 Oct	QUAYSIDE	
Club Champs	10 - 21 Nov (Final Saturday: 21 Nov)	QUAYSIDE	All club members
Presentation Evening	28 Nov	Malborough	Tickets on sale - Nov
Plymouth Xmas Splash	6, 12, 13 Dec	Plymouth Life Centre	
Devon Interclub Club Gala	9 Jan	Plymouth Life Centre	
Devon Relay Championships	10 Jan	Plymouth Life Centre	

Remember to check out the club records on the noticeboard!

If you have yet to compete in one of the competitions or gala events and are keen to have a go, then please chat to us about becoming a Club Compete member. Speak to your coaching team today or email kksccoach@gmail.com



MASTER BLASTER

Paul, Masters Rep

Medals, Records and PB Galore at Devon Masters

There were fireworks at the Life Centre for the season-opening Devon Masters with heaps of medals, 2 club records and an astonishing 9 personal best times.

On debut, Pete smashed his sub 40 Breaststroke target clocking 37.60 and was a whisker away from his first sub 30 for 50 Freestyle. I managed 4 Backstroke PBs, with the most pleasing being 30.95 on the 50. Jon impressed in the Freestyle after a well-judged taper and Ethan put in a fantastic Breaststroke display at his first Masters meet. Sarah shone in both the Freestyle and Breaststroke, whilst Conor attacked his 200m Freestyle admirably. The most impressive individual swimming came from Josh who not only lowered his own Fly club record with a sizzling 26.49 but also George Grace's historic Freestyle benchmark with 24.63.

Golds in both men's relay capped off what was surely unprecedented success for a KKSC Masters gala. We cannot rest on our laurels though – next up is Regionals at Millfield in October.

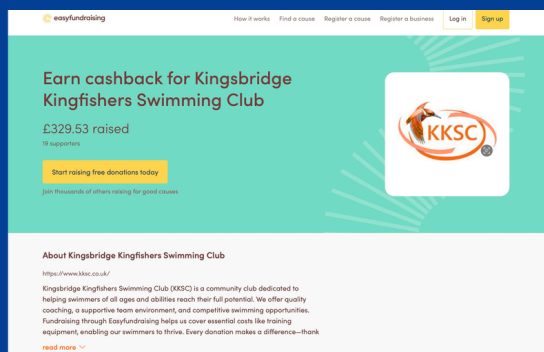
If you would like to join the Masters, please do get in touch.

SHOP FOR US!

Support our Club by shopping with your favourite brands and activate a free donation every time you shop – at no extra cost.

Simply visit <https://www.easyfundraising.org.uk/support-a-good-cause/>

and search for Kingsbridge Kingfishers Swimming Club to help us fundraise.



Huge thank you to our 2026 SPONSORS



*To support our club please get in touch
with Sophie, secretary@kksc.co.uk*

**Check out our
new website
www.kksc.co.uk**



See you Poolside

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