

You are Loved - Session 1 - Preparing the Way for Christ

Key Points

- God saved his people from slavery at the 1st Passover.
- For the Passover, the Israelites had to sacrifice a lamb, put its blood on their doorways, and eat the lamb with unleavened bread.
- In the desert, God fed his people with bread from heaven called manna.
- The Tabernacle was God's home with his people in the desert.
- Sacrifice is an action that shows how much we love God.



Moses, Plagues, Sacrifice, Unleavened bread,
Passover, Manna, Israel, Seder Meal

You are Loved – Session 2 – The Last Supper

Key Points

- Jesus instituted the Sacrament of the Eucharist at the *Last Supper*.
- When Jesus said to his Apostles, “Do this in memory of me,”
 - *he made them priests so they could celebrate the Mass and give us the Eucharist.*
- Jesus’ 1st miracle was changing water into wine at the Wedding Feast at Cana.
 - This points to the miracle of changing bread & wine into his Body & Blood at the Last Supper.
- *At Mass we are with Jesus at the last Supper & at the Cross.*
- Receiving Jesus in Holy Communion is 1 of the most important things we do as Catholics.



Mass, Instituted,
Memorial, Covenant,
Transubstantiation,
Real Presence,
Words of Consecration



You are Loved – Session 3 - The Death & Resurrection of Jesus



Sacrifice

CROSS / LAMB of GOD:

Saves us from our sins

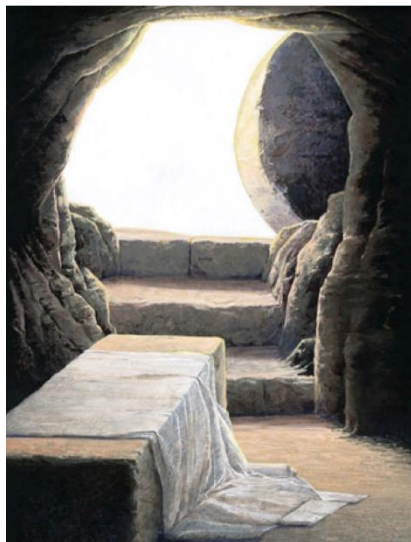
PASSOVER LAMB:

Saved Israelites from slavery in Egypt.



Key Points

- Jesus' Death & Resurrection is considered his *greatest act of love*.
- Salvation - forgiveness of our sins & the healing of our friendship w/God.
- Jesus rose from the dead **3** days after he died on the Cross.
- **40** days after his Resurrection, Jesus ascended into Heaven.
- **50** days after his Resurrection, Jesus sent the Holy Spirit.
 - This is the Feast of Pentecost and the birthday of the Church

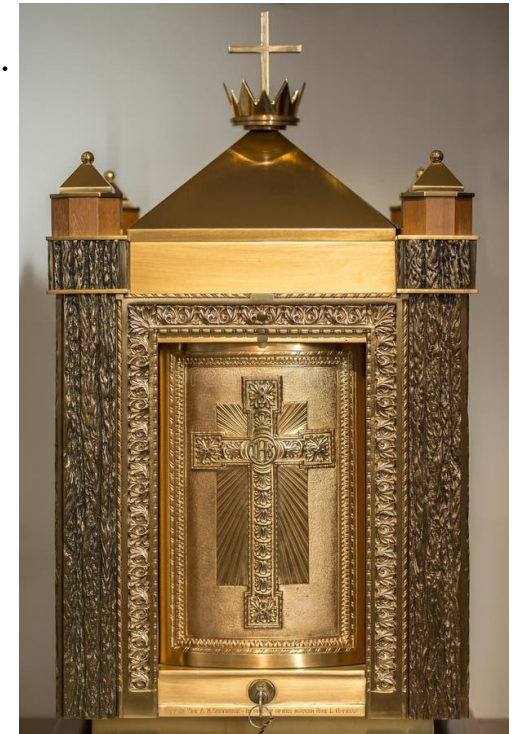


Crucified, Sabbath,
Salvation, Witness,
Resurrection,
Ascension, Pentecost,
Body of Christ,
Lamb of God,
Holy Spirit,
Sacred Chrism,
Sanctifying Grace,
Actual Grace

You are Loved – Session 4 - The Sacrament of the Eucharist

Key Points

- Jesus promised to give us his Flesh as true food & his Blood as true drink.
- In the Eucharist, the bread & wine really become the Body, Blood, Soul, & Divinity of Jesus.
 - We call this the Real Presence.
- Jesus is fully present Body, Blood, Soul, & Divinity in both species of the consecrated bread & wine.
- Jesus is present in the Tabernacle;
 - We genuflect toward the Tabernacle to show our love & respect.
- The Eucharist is the source & summit of the Christian life.



Miracle, Heaven, Bread of Life Discourse, Host, Tabernacle,
Genuflect, Venial Sins, Act of Spiritual Communion

You are Loved – Session 5 - Receiving Holy Communion

Key Points

- In the Eucharist, we share in the Body & Blood of Christ.
- We need to be in the state of grace to receive Communion.
- We fast from all food & drink for 1 hour before receiving Communion.
- Jesus is completely present in every drop of the precious Blood & every piece of the Host.
- We receive special graces when we receive the Eucharist:
 - we have a very special union with Christ & his Church,
 - our baptismal graces are increased and renewed,
 - our venial sins are forgiven, and
 - we grow in love of God and of others



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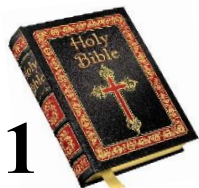
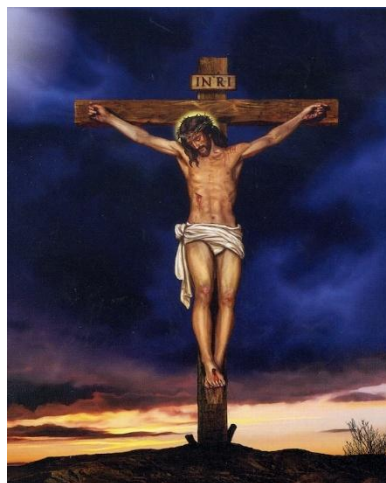


State of Grace, Mortal Sin, Reverence,
Eucharistic Fast, Consecrated, Monstrance,
Adoration of the Blessed Sacrament

You are Loved – Session 6 - The Liturgy of the Mass

Key Points

- Jesus gave us the Eucharist at the Last Supper, which was the 1st Mass.
- In the Mass, we are present at & participate in the Last Supper & the Crucifixion.
- The Mass is the 1-time, perfect sacrifice of Jesus on the Cross.
- The Liturgy of the Mass has 2 parts:
 - Liturgy of the Word
 - Liturgy of the Eucharist.
- We have the gift & the obligation to go to Mass every Sunday & on Holy Days of Obligation, unless there is a serious reason.



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Liturgy, Liturgy of the Mass, Liturgy of the Word,
Liturgy of the Eucharist, Lord's Day, Holy Days of Obligation

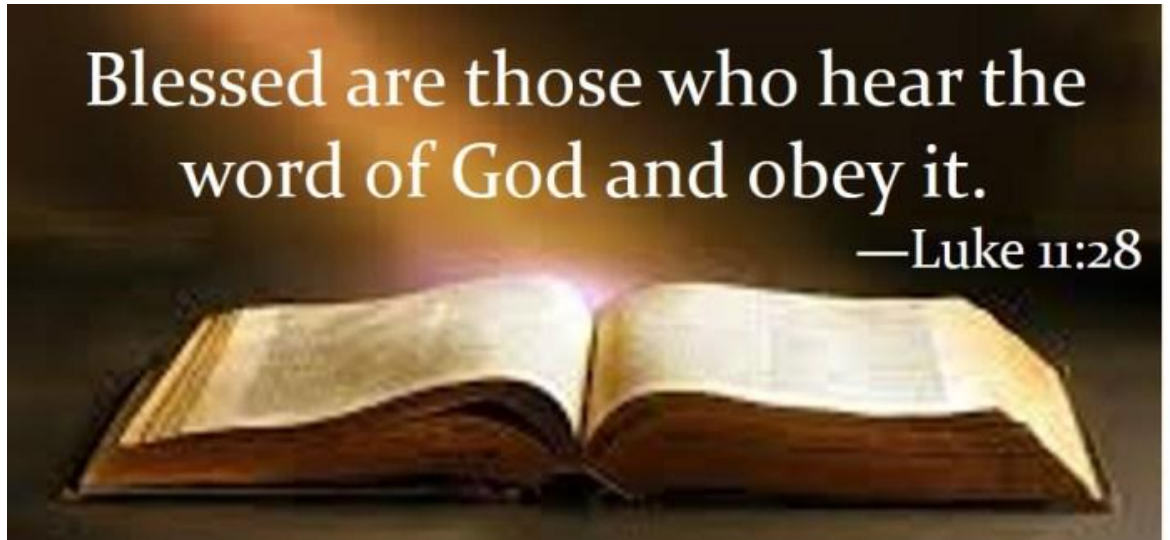
You are Loved – Session 7 - The Liturgy of the Word

Key Points

- The Introductory Rites help prepare us for the Liturgy of the Word.
- In the Penitential Act, we tell God that we are sorry for our sins & ask for his mercy.
- Jesus is present to us in the Word of God in Scripture.
- The 1st part of the Mass is called the Liturgy of the Word.
- The Liturgy of the Word has 4 readings that prepare us to receive Jesus in the Liturgy of the Eucharist.



Blessed are those who hear the
word of God and obey it.
—Luke 11:28



Introductory Rites: Entrance Antiphon, Sign of the Cross, Penitential Act, Gloria, Collect
Liturgy of the Word: 1st Reading, Responsorial Psalm, 2nd Reading, Responsorial Psalm,
2nd Reading, Epistles, Alleluia, Gospel, Homily, Creed / Profession of Faith,
Prayer of the Faithful

You are Loved – Session 8 - The Liturgy of the Eucharist

Key Points

- Jesus gave us the Eucharist at the last Supper, which was the 1st Mass.
- During the Liturgy of the Eucharist, the bread & wine really become the Body & Blood of Christ.
- The Epiclesis is the prayer asking the Holy Spirit to come down & change the bread & wine into the Body & Blood of Jesus.
- The Words of Consecration are the words Jesus spoke at the last Supper.
- When the priest says these words, the bread & wine become the Body & Blood of Jesus.
- It is really Jesus who offers the sacrifice of the Mass.



Presentation of the Gifts,

Preparation of the Altar: Prayer over the Offerings,

Eucharistic Prayer: Preface, Sanctus, Epiclesis, Institution Narrative, Words of Consecration, Mystery of Faith or Memorial Acclamation, Oblation, Chalice, Paten, Doxology, Great Amen,

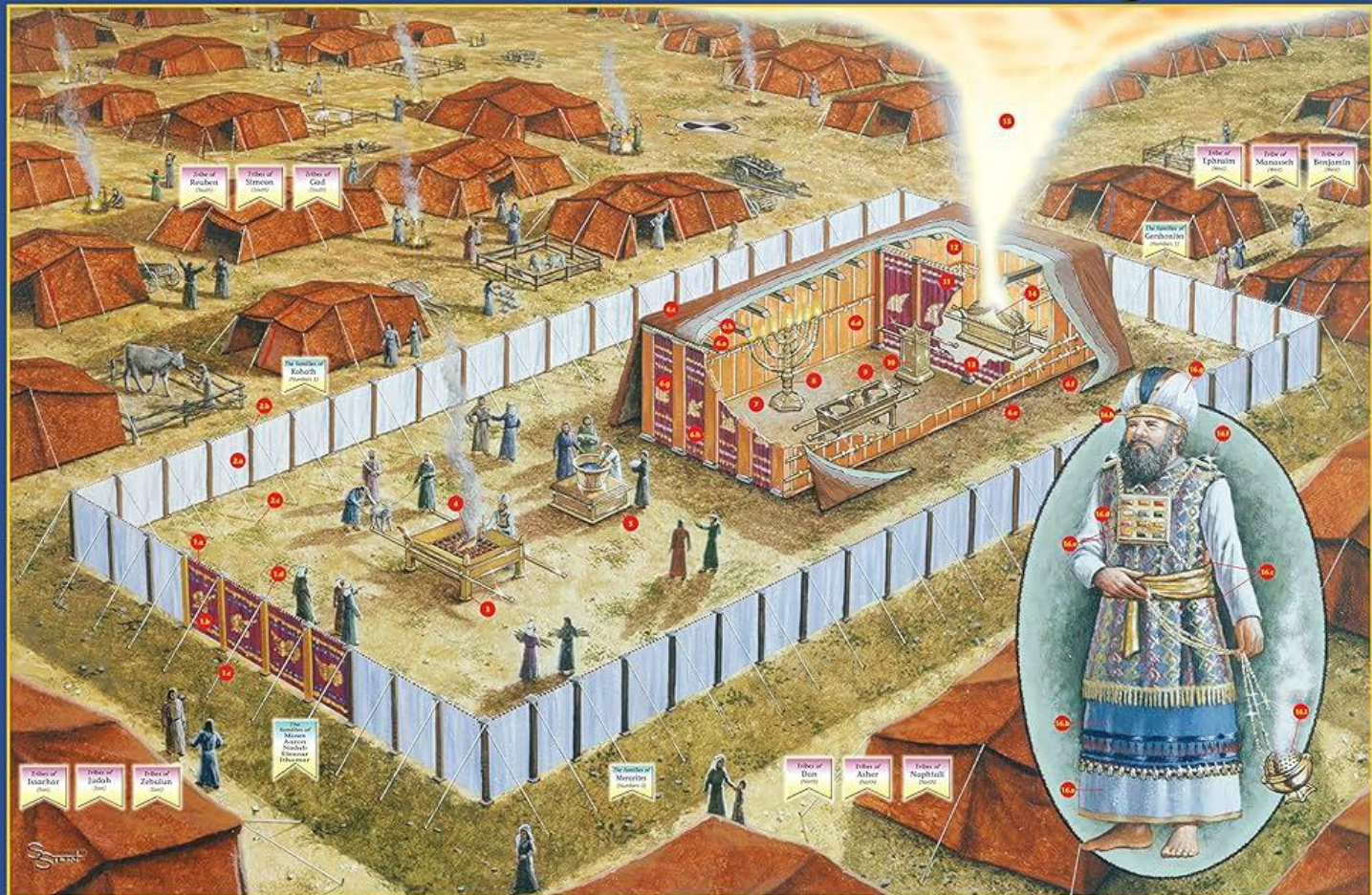
Communion Rite: Lamb of God, Holy Communion, Prayer after Communion,

Concluding Rite, In Persona Christi Capitis



The Tribe of Levi (Levites) are responsible for the Tabernacle

Tabernacle Cutaway



The 12 Sons of Jacob



1. Reuben



2. Simeon



3. Levi



4. Judah



5. Dan



6. Naphtali



7. Gad



8. Asher



9. Issachar



10. Zebulun



11. Joseph

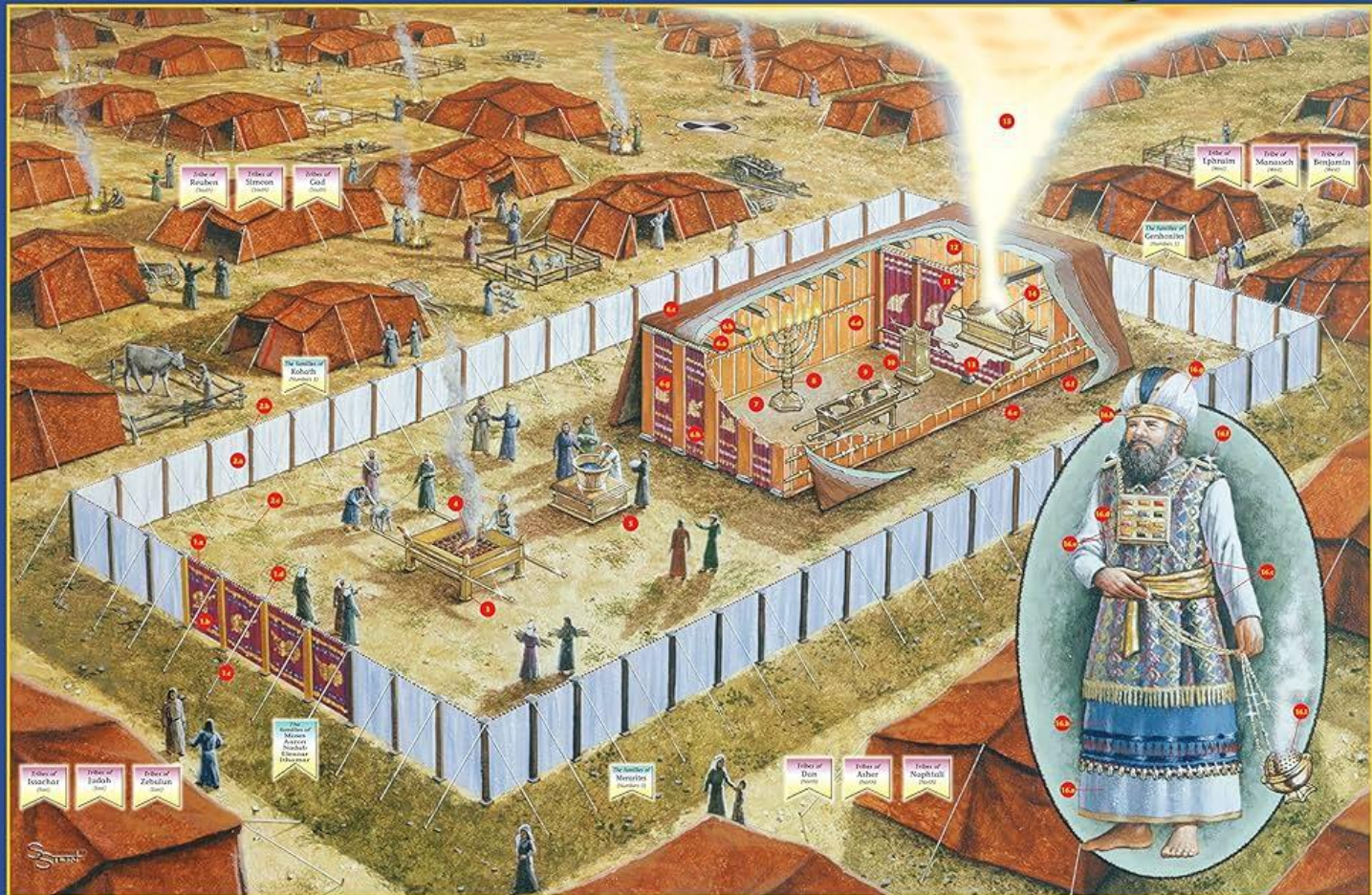


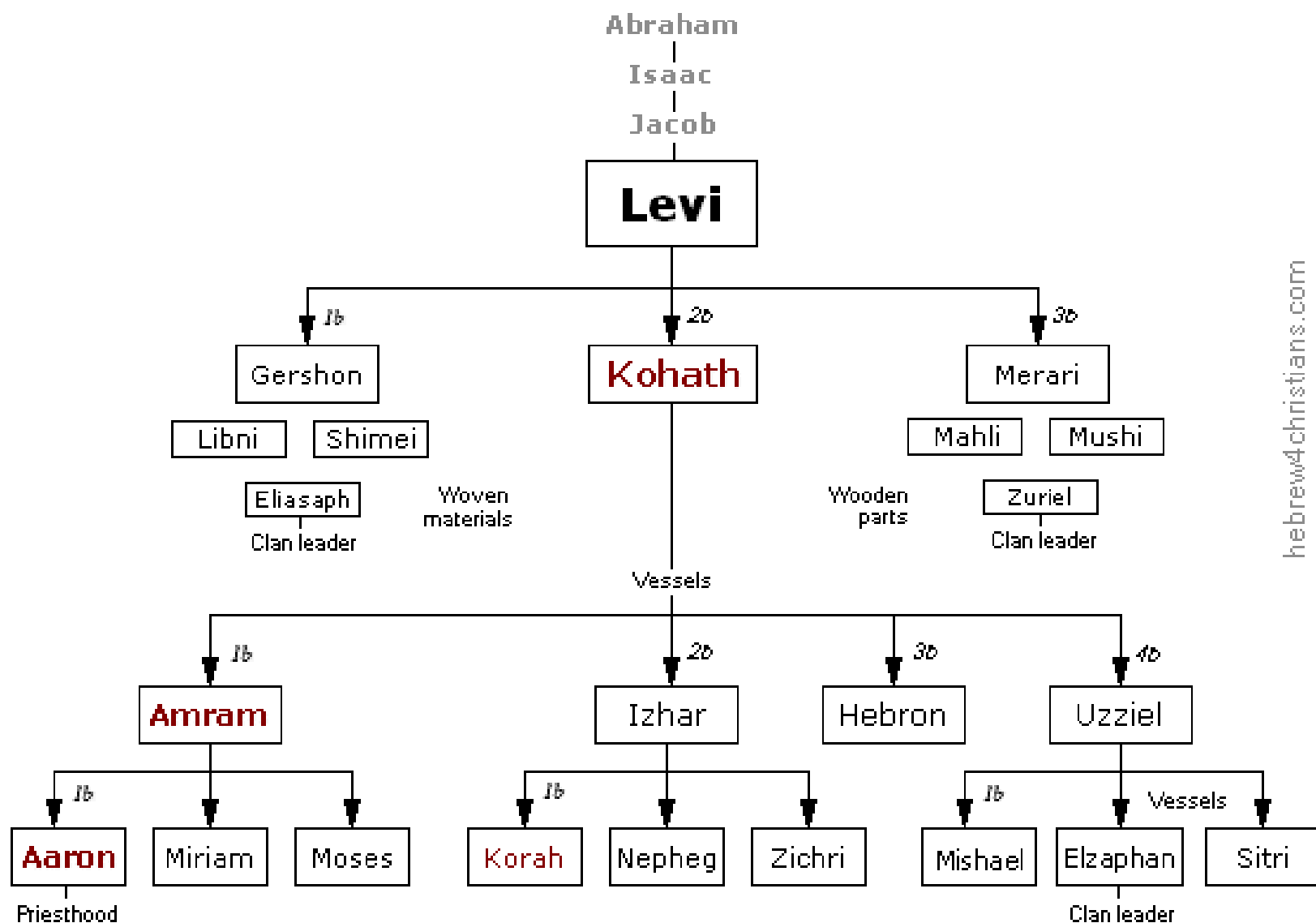
12. Benjamin

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Tabernacle Cutaway

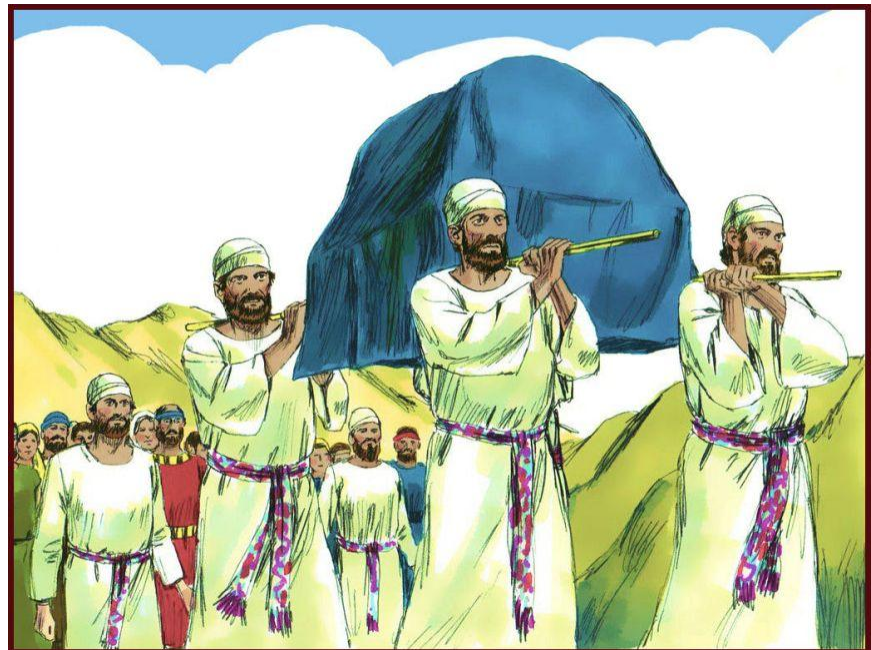
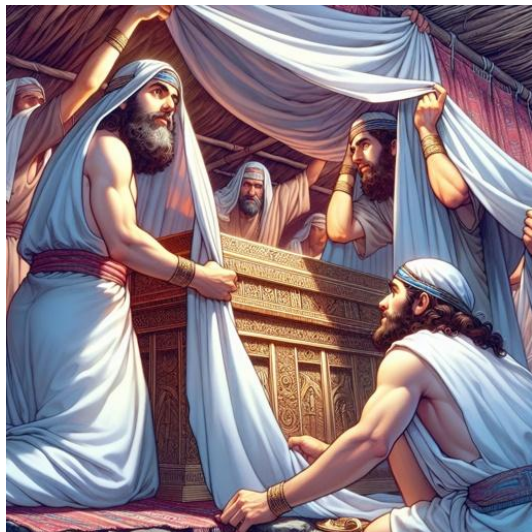




Transporting the Ark of the Covenant



Num 4:15 – And when Aaron and his sons have finished covering the sanctuary and all the furnishings of the sanctuary, as the camp sets out, after that the sons of Kohath shall carry these, but they must not touch the holy things, lest they die.



2 Sam 6:6-7



And when they came to the threshing floor of Nacon, Uzzah put out his hand to the ark of God and took hold of it, for the oxen stumbled. And the anger of the Lord was kindled against Uzzah; and God struck him there because he put forth his hand to the ark; and he died there beside the ark of God.

Spend some quiet time with God.

