

WHAT IS LIVING FAITH?

Living Faith is a series made for groups of young adults who want to go deeper in knowing, loving and serving God.

DISCUSSION 01

10 MIN

- A *How does the idea of sharing your faith make you feel?*
- B *How often do you contemplate eternity? Does it impact how you feel about sharing your faith?*

WHO IS THE DISCUSSION GUIDE FOR?

Everyone! Every guest, helper and organiser should have their own discussion guide.

DISCUSSION 02

20 MIN

- A *Inspire, invite and invest. Share stories about when you have failed and succeeded in one or more of these.*
- B *Close your eyes and think of two people you could intentionally invest in. Discuss with the group what your first steps will be.*

ACTIONS

Faith needs to be put into action. We recommend choosing two that can be done on your own and, as a group, choose one to do together. Feel free to write your own or circle the suggestions below.

Individual

This week I will:

- 1 _____
- 2 _____

Group

This week we will:

- 1 _____
- 2 _____

- 1 Inspire. Post about faith on social media, wear Catholic jewellery etc.
- 2 Invite. Whatever Catholic event is happening this month, I'll invite a friend.
- 3 Invest. Arrange to meet with the two people I'm investing in.
- 4 Write a first-month plan for how to invest in these two. *(And commit to a year's investment?)*
- 5 Read the mini-book "Making Missionary Disciples" by Curtis Martin.

- 1 Inspire. Have a community night *(bowling, movie etc.)* and invite along a mix of Catholic & non-Catholic friends.
- 2 Invite. Attend Sunday Mass together and each bring one or more people along. *(Then go for lunch afterwards!)*
- 3 Invest. Help our discussion leader to start a bible study or Catholic book club that we can invite our friends into.

Living Faith – Episode 5

Personal Apostolate

PART 1 – The Eternal Perspective

Apostle – someone who is sent.

Apostolate –

- What is the way that I am sent?
- The ministry I do that helps build the Kingdom.

Evangelization

- Why? Mt 28 – Jesus commands it
- We are supposed to be a fruit tree.
 - Roots – we receive the nutrition of our souls from God, from our faith
 - Fruits – we are supposed to pass it on.

Parable of the talents (1 talent = 15 years wages).

- Return the talent you are given undamaged = “you wicked and lazy servant”
 - Roots but no fruits. Prayer but no action.
- We are supposed to multiply. What are the fruits of our labor?

Eternal life is eternal (not just 80 years). We want to impact someone’s eternal destiny!
It is great fun! Watching them come alive in faith.

PART TWO – Sharing Your Faith.

Inspire – Live our Catholic faith authentically. Jesus is alive and active in our life.

Invite – Invite other people.

- Hearing “No” is not the end of the world.
- How dare you not tell me about this sooner.

Invest – Focus on 1 or 2 people. Invite them more deeply into the basics –

1. the life of connection with God
2. the Sacraments
3. Formation
4. Community
5. Passing on their faith

Don’t be manipulative.

Actually be a friend. Choose to love the other.

Do these 5 basics together. Co-mentors, not teacher & student.